

Allergen and Nutrition Information

Allergen information

All food is freshly prepared in our kitchens and whilst we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies.

- ✓

Allergen
- ✓^B

Gluten Barley
- ✓^W

Gluten Wheat

These symbols indicates that an allergen is, or may be, contained in the ingredient.

MC

May Contain

This symbol indicates the allergen is present at the ingredient's manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient.

Mains

menu item	Serving Size (g)	Energy (kcal)	Total Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	Milk Products	Eggs	Fish	Molluscs	Crustaceans	Peanuts	Tree Nuts	Soya	Mustard	Sesame	Celery	Lupin	Gluten	Sulphur Dioxide
	Per 100g																					
Chick-fil-A® Chicken Sandwich	183	230	8.7	1.6	22	5.4	16	1.8	✓	✓				✓			✓	MC			✓ ^W	
Chick-fil-A® Deluxe Sandwich	247	193	8.5	2.4	16	4.4	13	1.5	✓	✓				✓			✓	MC			✓ ^W	
Spicy Chicken Sandwich	188	235	9.2	1.7	23	5.3	15	2.1	✓	✓				✓			✓	MC			✓ ^W	
Spicy Deluxe Sandwich	259	204	9.3	2.8	17	4.3	13	1.7	✓	✓				✓			✓	MC			✓ ^W	
Chick-fil-A® Nuggets - 8 count	113	224	10	2.1	9.6	0.8	24	2.7	✓	✓				✓			✓				✓ ^W	
Chick-fil-A® Nuggets - 12 count	170	224	10	2.1	9.6	0.8	24	2.7	✓	✓				✓			✓				✓ ^W	

Sauces

menu item	Serving Size (g)	Energy (kcal)	Total Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	Milk Products	Eggs	Fish	Molluscs	Crustaceans	Peanuts	Tree Nuts	Soya	Mustard	Sesame	Celery	Lupin	Gluten	Sulphur Dioxide
	Per 100g																					
Chick-fil-A® Sauce	28	502	46	3.5	21	20	0.9	1.6		✓							✓		MC	MC		
BBQ Sauce	28	150	0	0	36	33	1	1.7											✓	MC		
Sweet & Spicy Sriracha Sauce	28	157	0	0	38	35	0.8	3.3								✓			MC	MC		
Garden Herb Ranch Sauce	21	492	52	4.8	3.9	2.7	2	2	✓	✓							✓		MC	MC		
Ketchup	9.5	97	0	0	23	23	1.2	1.8											✓			
Mayo	9.5	663	72	5.8	3	0	1	1.2		✓							✓					
Vinegar	7	17	0	0	1	0	0	0.4													✓ ^B	

Sides

menu item	Serving Size (g)		Energy (kcal)	Total Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	Milk Products	Eggs	Fish	Molluscs	Crustaceans	Peanuts	Tree Nuts	Soya	Mustard	Sesame	Celery	Lupin	Gluten	Sulphur Dioxide
	regular	large	Per 100g																				
Waffle Potato Fries	96	125	331	19	3.1	36	0.6	4	.48														

Treats

menu item	Serving Size (g)	Energy (kcal)	Total Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	Milk Products	Eggs	Fish	Molluscs	Crustaceans	Peanuts	Tree Nuts	Soya	Mustard	Sesame	Celery	Lupin	Gluten	Sulphur Dioxide
	Per 100g																					
Cookies & Cream Milkshake	502	196	8.6	5.5	27	19	2.7	0.23	✓							✓					✓ ^W	✓
Chocolate Milkshake	493	182	7.6	5.3	26	19	2.5	0.2	✓													✓
Strawberry Milkshake	496	173	7.5	5.2	24	18	2.4	0.19	✓													✓
Vanilla Milkshake	472	177	7.9	5.5	24	17	2.5	0.2	✓													✓

Beverages

menu item	Serving Size (g)		Energy (kcal)	Total Fat (g)	Saturates (g)	Carbohydrate (g)	Sugars (g)	Protein (g)	Salt (g)	Milk Products	Eggs	Fish	Molluscs	Crustaceans	Peanuts	Tree Nuts	Soya	Mustard	Sesame	Celery	Lupin	Gluten	Sulphur Dioxide
	regular	large	Per 100g																				
Chick-fil-A® Lemonade	470	622	40	0	0	10	9.6	0	0														
Chick-fil-A® Diet Lemonade	470	619	8	0	0	2.1	1.6	0	0														
Freshly-Brewed Iced Tea (Unsweet)	403	547	0	0	0	0	0	0	0														
Freshly-Brewed Iced Tea (Sweet)	454	569	21	0	0	5.2	5.2	0	0														
Half-Half (Unsweet Tea/Lemonade)	456	598	26	0	0	6.6	6.2	0	0														
Half-Half (Sweet Tea/Lemonade)	466	622	36	0	0	9.1	8.8	0	0														
Half-Half (Unsweet Tea/Diet Lemonade)	452	591	6	0	0	1.4	1	0	0														
Half-Half (Sweet Tea/Diet Lemonade)	462	620	16	0	0	4.1	3.8	0	0														
Coca-Cola® Zero Sugar	309	366	0	0	0	0	0	0	0.02														
Coca-Cola® Classic	309	366	44	0	0	11	11	0	0														
Diet Coke	309	366	0	0	0	0	0	0	0														
Sprite Zero Sugar	309	366	0	0	0	0	0	0	0.03														
Fanta Orange	309	366	18	0	0	4.5	4.5	0	0.02														
Deep RiverRock® Still Bottled Water		479	0	0	0	0	0	0	0														
Deep RiverRock® Sparkling Bottled Water		500	0	0	0	0	0	0	0.02														