

MINDFUL SKETCHING IN THE GARDENS

The Art of Noticing

Step into the subtropical gardens and woodland of Tregenna and discover a slower, more thoughtful way to experience the landscape.

Led by West Cornwall artist and writer **Ingrid Brown**, this relaxed experience invites you to explore quiet corners, shifting light and rich planting, using simple sketching as a way to focus your attention and see the gardens with fresh eyes.

Whether you are new to drawing or already enjoy it, Ingrid's calm and encouraging approach creates a welcoming space for all abilities. Spend time immersed in nature, noticing textures, seasonal details and the subtle beauty that often goes unseen. You will leave with a small collection of sketches and a renewed appreciation for the landscape around you.

PRICING

Group session (3-6 people) - £20 per person. 1 - 1 sessions - £45 per person. Couple/Friends session (2 max) - £80.

DURATION

2 hours

SESSIONS

Tuesday mornings: 10am - 12pm

Thursday early evenings: 4pm - 6pm

All materials are provided.



Book your place