

MILKSHAKES

GO BANANAS 4.75

Fresh bananas with vanilla and clotted cream ice cream, garnished with banana syrup, whipped cream & banana chips.

BELGIAN CHOCOLATE 4.75

Belgian chocolate ice cream milkshake, garnished with chocolate syrup, whipped cream and brownie chunks.

STRAWBERRY SWIRL 4.75

Strawberry ice cream milkshake garnished with strawberry syrup, whipped cream and fresh strawberries

HOT CHOCOLATES

ORIGINAL HOT CHOCOLATE 4.25

A classic Tregenna hot chocolate, as it comes.

KING OF THE CASTLE 4.95

Our original hot chocolate, topped with chocolate brownie pieces, chocolate sauce and cream.

JESTERS HAT 4.95

Marshmallows, chocolate sauce and cream.

QUEEN BEE 4.95

Our original hot chocolate, topped with honeycomb, caramel sauce and cream.

TEA & COFFEE

Espresso / Double Espresso 3.25 / 3.50

Americano 3.50

Cappuccino 3.75

Latte 3.75

Flat White 3.50

Mocha 3.75

Classic Tea / Herbal Teas 2.85 / 2.95



SERVED 12PM - 4PM | MON - SAT

LUNCH MENU

Allergy & Intolerance Information: Some of our food and drink may contain allergens. Please ask a member of staff for more details and they will be happy to assist you.

Prices in £ Sterling.

DF - DAIRY FREE | DFO - DAIRY FREE ON REQUEST | VE = VEGAN | VEO = VEGAN ON REQUEST
GF - GLUTEN FREE | GFO - GLUTEN FREE ON REQUEST | V = VEGETARIAN

TO START

MIXED OLIVES

VE GF DF 4.50

Cornish olive company

SOUP OF THE DAY

V VEO GFO 9.00

Fresh warm bread

BUFFALO CAULIFLOWER WINGS

V GF DF 9.00

Sticky honey, garlic, creamed coconut, spring onion, sriracha dip

SALT & PEPPER SQUID

GF DF 12.00

Smashed avocado, sun-blushed tomatoes, coconut cream

PORK BELLY SKEWERS

GF DF 10.00

Sticky BBQ glaze, toasted sesame seeds, spring onions, chilli, 5 spice, sweet potato crisps

MAINS

BATTERED FISH & CHIPS

GF DF 20.00

Chunky chips, peas, tartare sauce

VEGAN FISH & CHIPS

GF VE 20.00

Battered banana blossom, chunky chips, peas, tartare sauce

CRISPY CHICKEN SCHNITZEL

20.00

Asian slaw, lemon garlic thyme hassle back potatoes, garlic mayo

CREAMY PESTO GNOCCHI

V VEO 19.00

Wild mushroom, spinach, toasted pine nuts, crispy sage

KOREAN CRISPY CHICKEN

20.00

Asian slaw, gochujang sauce, charred lime, spring onion, sesame, salad leaves

TREGENNA SALAD

20.00

Minted new potatoes, Asian slaw, Moroccan couscous, dressed salad, lemon cracked black pepper dressing, with choice of topping;

Tandoori Chicken / Spiced Vegan Halloumi & Watermelon ^{VE} / Salt & Pepper Squid ^{GF}

BURGERS

SPICED HALLOUMI BURGER

V VEO GFO 19.00

Vegan halloumi, pickled slaw, vegan bun, fries

MONTEREY JACK CHEESE BURGER

DFO GFO 19.00

Honey glazed smoked bacon, burger sauce, fries

SOUTHERN FRIED CHICKEN BURGER

GFO 19.00

Pickled slaw, bbq sauce, gouda cheese, fries

SANDWICHES

Ciabatta, granary or white bread, served with house salad

HONEY MUSTARD HAM

V VEO GFO 9.00

Wholegrain mustard mayo

CORNISH FISH FINGERS

GFR 9.00

Tartare sauce, watercress

CHEESE & TOMATO

DFO GFO 9.00

Monterey Jack cheese, red onion chutney

WARM CHICKEN & BACON CLUB

GFO 9.00

Baby gem, tomato, mayonnaise

ROASTED PEPPER & HUMMUS

GFO 9.00

Sun-blushed tomato

DESSERTS

STICKY TOFFEE PUDDING

GF 9.00

Toffee sauce, Cornish clotted cream

ICE CREAM & SORBET SELECTION

1 Scoop - 2.95 | 2 - 4.50 | 3 - 7.50

Please ask your server for our flavours.

CHOCOLATE DELICE

9.00

Miso caramel, vanilla ice cream

VEGAN CHOCOLATE BROWNIE

9.00

Vegan caramel ice cream

SUMMER ETON MESS

GF 9.00

Summer berries, meringue, cream

LEMON MERINGUE TART

GF 9.00

Served with lemon curd

CORNISH CHEESE SELECTION

12.00

Crackers, chutney, celery, grapes