Sandwiches Served on toasted ciabatta with salted crisps and side salad	Add fries or soup for only £3
Ham & cheese toastie 577Kcal	8.5
Chicken and bacon, mayonnaise, beef tomato, lettuce 623 Kcal	9
Southern fried chicken/ falafel wrap (VE), sweet chilli sauce 435/409 Kcal	8.5
Tuna savoury, red onion, sweet corn, mayonnaise 544 Kcal	9
Fried halloumi, olives and tomatoes 702 Kcal	8

	Mains	Available from 12:00 till 21	L:00
The Abbey Cheeseburger/ Buttermilk Chicken burg Sourdough bun, onion rings, lettuce, red onion, tomato with tomato relish and fries 903/ 883 Kcal Lentil veggie burger (V)	ger 18 17	10oz Sirloin Steak (supplement £7) With Chunky chips, roasted tomato, and mushroom 794 Kcal Add sauce for £3 Peppercorn/ Blue cheese 146/ 115 kcal	£28
Sourdough bun, lettuce, red onion, tomato with tomato relish and fries 713 Kcal		Caesar Salad 456 Kcal 1 lettuce, garlic croutons, parmesan, anchovies and Caesar dressi	13.5 ing
Traditional Fish & Chips Served with mushy peas, tartare sauce, lemon wedge 931 kcal	18	Superfood Salad 378 Kcal Avocado, beetroot, olives, tomatoes, cucumber, onion, toasted pumpkin seeds, French dressing	13.5
Tikka Masala Curries: Chicken 692 ксаl Paneer 602 ксаl Veggie 588 ксаl Basmati rice, poppadum and garlic naan bread	18	Add: Chicken £5 291 Kcal Halloumi £5 346 Kcal Falafel bytes £5 (Ve GF) 255 Kcal Seabass fillet £8 288 Kcal	

Seabass fillet £8 288 Kcal				
Desserts	Sides	(V) Vegetarian (VG) Vegan (DF) Dairy Free (GF) Gluten		
Triple chocolate brownie (VE,V, GF 6 on request) Vanilla bean ice cream, dark chocolate sauce	Toasted garlic bread, mature cheddar (V) 5	Free		
628 kcal Lotus cheesecake 6.5	Herb Buttered Vegetables (V) 5 168 kcal	Menu is subject to availability.		
Caramel sauce, dark chocolate soil 613 kcal	Fries (<i>GF, VG</i>) 5 250 kcal	All prices include VAT at the current rate.		
Classic crème brulee 6 Shortbread biscuit, raspberries	Onion Rings 5	For those with special dietary requirements or allergies who ma wish to know about the ingredier		
433 kcal Lemon posset 7	Mac n Cheese Croquettes 6.5	used, please ask a member of the team.		
Yogurt whipped cream, strawberry, basil compote 414 kcal	Garden Salad (GF, VE) 5	A discretionary 10% service charge will be added to your bill.		
British cheeses (supplement £5) 13.5 Chutney, crackers, and grapes 678 kcal		-		