

Spa Days & Breaks

Treatment Selection

cottonmill

Spa Package Treatment Selection

60 Minutes

Face

ELEMIS Expert Touch Define Facial

ELEMIS Expert Touch Nourish Facial

Aromatherapy Associates The Ultimate Glow Facial

Aromatherapy Associates The Ultimate Rebalancing Facial

Massage & Well-being

Cottonmill Signature Massage

Upper Body Bliss

Full Body Scrub with Back, Neck & Shoulder Massage

ELEMIS Expert Deep Tissue Tension-Ease Massage

ELEMIS Touch Face and Back

Aromatherapy Associates Intensive Muscle Release

Pregnancy

ELEMIS Expert Peaceful Pregnancy Massage

Aromatherapy Associates Ultimate Pregnancy Massage



cottonmillspa.com

Sopwell House, Cottonmill Lane, St Albans, Hertfordshire AL1 2HQ