

SHANTI MAURICE

RESORT & SPA

SHANTI TIMES

MONDAY 25TH TO SUNDAY 31ST MAY 2026

HIGHLIGHTS OF THE WEEK



Sundowner Cocktail

MON 25TH & FRI 29TH MAY
17:00 – 18:30



Sunset Cocktail With Resort Team

WED 27TH MAY
17:30

LIVE SEGA SHOW
18:00



Signature Cocktail

Signature creations, crafted daily.

RED GINGER BAR
AS FROM 14:00

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 25TH TO SUN 31ST MAY



LA KAZE MAMA

DINNER 18:30 - 22:00

BUFFET

(MAURITIAN NIGHT ON
WED 27TH MAY)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 25TH TO SUN 31ST MAY

(WED 27TH MAY CLOSED)



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 25TH TO SUN 31ST MAY

(WED 27TH MAY CLOSED)

STARS' CULINARY SELECTION

GO LOCAL

*Our Chef's daily
Mauritian specialty.*

DINNER

ARABIC CUISINE

À LA CARTE
LUNCH & DINNER

CLOSED ON TUE
26TH MAY

SUSHI & ASIAN LOUNGE

À LA CARTE
LUNCH & DINNER

CLOSED ON MON
25TH MAY

INDIAN DELIGHTS

À LA CARTE
LUNCH & DINNER

OPEN

LIVE PERFORMANCE

LIVE GUITARIST

Mon 25th May | Stars Restaurant | 19:00
Fri 29th May | Rum Shed Restaurant | 19:00

LIVE BAND

Tues 26th May | Stars Restaurant | 19:00

LIVE SAXOPHONIST

Wed 27th May | Stars Restaurant | 19:00

LIVE INSTRUMENTAL PERFORMANCE

Sat 30th May | Stars Restaurant | 19:00

DUO BAND

Thur 28th May | Red Ginger Bar | 20:30
Sun 31st May | Red Ginger Bar | 20:30

HOW TO BOOK A TABLE?

Please contact Reception on extension 0. Upon reservations.

Meal Plan Inclusion

Guests on HB, FB, AI may enjoy a three-course dining experience in any of our three signature restaurants, each offering distinct atmosphere and flavours. Selected premium items may incur a supplement, as indicated on the menu.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

Chic shorts allowed at Rum Shed.

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | **EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)**

07:00 – 18:00 | **LONGSLEEPER ALL DAY BREAKFAST**

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | **FISH MARKET**

10:00 – 18:00 | **BEACH & POOL SERVICE**

24 HOURS | **IN-ROOM DINING (TRAY CHARGE APPLIES)**

AFTERNOON TEA

15:30 – 17:00 | **HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)**

SUNSET SPECIALS

16:30 – 17:00 | **RUM INITIATION AT RED GINGER BAR (CHARGEABLE)**

10:00 – 18:30 | **BEACH DRINKS SELECTION**

ALL-DAY LONG AT SANDS BEACH BAR







































SHANTI MAURICE

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MONDAY 25TH TO SUNDAY 31ST MAY 2026

WELLNESS & ACTIVITIES CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:15	HATHA YOGA 	YOGA FOR SPINE HEALTH 	SUN SALUTATION 	MORNING STRETCHING 	THERAPEUTIC YOGA 	HATHA YOGA 	MORNING STRETCHING 
08:30	POWER WALK 	-	-	POWER WALK 	POWER WALK 	-	-
09:30	PERSONAL TRAINING 	AERIAL YOGA 	AERIAL YOGA 	PERSONAL TRAINING 	MAT PILATES 	CIRCUIT TRAINING 	PERSONAL TRAINING 
11:00	PRANAYAMA 	PRANAYAMA 	BREATH FOR LIFE 	ARCHERY 	PRANAYAMA 	BODY BALANCE 	PRANAYAMA 
14:00	CIRCUIT TRAINING 	YOGA FOR HEALING 	YOGA FOR HEALING 	AERIAL YOGA  MAT PILATES 	PERSONAL TRAINING 	PERSONAL TRAINING 	CIRCUIT TRAINING 
15:00	MOBILITY & FLEXIBILITY 	SINGING BOWL MEDITATION 	ABS AND CORE 	MOBILITY AND FLEXIBILITY 	BODY BALANCE 	MOBILITY & FLEXIBILITY 	BODY BALANCE 



YOGA - MEETING POINT AT SHANTI SPA



ACTIVITIES - MEETING POINT AT SHANTI SPA



CHARGEABLE ACTIVITIES

Reservations are recommended to ensure your preferred schedule and experience.

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00	Spa Main Pool Kids Club
10:00 - 12:30	Villa 201 - 207
13:00 - 16:00	Villa 208 - 218

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00	Surrounding Estate Garden
10:00 - 11:30	Villa 207 - 218
12:30 - 16:00	
10:00 - 11:30	Villa 201 - 205
12:30 - 16:00	
10:00 - 11:30	Suites 101 - 124
12:30 - 16:00	Suites 128 - 142
08:00 - 11:30	Daily Beach Maintenance

FOGGING EXERCISE:

16:00 - 17:00	Daily
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Changes due to weather possible with short term notice

OPEN AIR CINEMA

MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	THE LORAX THE LOST WORLD
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	SAHARA THOSE WHO WISH ME DEAD
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	KUNG FU PANDA 2
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	THE SNEETCHES KANGAROO JACK
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	THE WILLOUGHBYS SUPER INTELLIGENCE
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	ARRIETTY THE SCHOOL FOR GOOD AND EVIL
SUN	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	MY FATHER'S DRAGON THE CRASH

SHANTI BOUTIQUE

20% OFF
On Cashmere

MOBILE APP

Download the Shanti App for further information and to place your orders.

