

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY
BREAKFAST “BUFFET” | 07:00 – 10:30
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 25TH TO SUN 31ST AUG



ASIAN LOUNGE & FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00

À LA CARTE

TUE 26TH TO SUN 31ST AUG

(MON 25TH AUG CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 25TH TO SUN 31ST AUG

(WED 27TH AUG & SUN 31ST CLOSED)

LIVE GUITARIST – FRI 29TH AUG



ARABIC CUISINE AT STARS

LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 25TH TO SUN 31ST AUG

(TUE 19TH AUG CLOSED)



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 27TH AUG | MAURITIAN CREOLE NIGHT

LIVE SEGA SHOW – WED 27TH AUG



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 25TH TO SUN 31ST AUG



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 25TH TO SUN 31ST AUG

(WED 27TH AUG CLOSED)



JUST THAI AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 25TH TO SUN 31ST AUG

(FRI 29TH AUG CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 25TH AUG 2025

19:00 | AT STARS RESTAURANT

FRI 29TH AUG 2025

19:00 | AT RUM SHED



LIVE BAND

TUE 26TH AUG 2025

19:00

AT STARS RESTAURANT



LIVE SAXOPHONIST

WED 27TH AUG 2025

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 27TH AUG 2025

17:30

LIVE SEGA SHOW

18:00



LIVE PIANO

SAT 30TH AUG 2025

19:00

AT STARS RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR ROOM SERVICE ORDER

For further assistance, contact the Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER
- À LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION

ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 25TH TO SUNDAY 31ST AUGUST 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15 HATHA YOGA
08:30 POWER WALK
09:30 AERIAL YOGA
11:00 PRANAYAMA
11:00 ARCHERY
14:00 CIRCUIT TRAINING
14:00 PERSONALIZED YOGA
15:00 MOBILITY & FLEXIBILITY
15:00 YOGA NIDRA

TUESDAY

08:15 TRADITIONAL YOGA
08:30 BODY BALANCE
09:30 AERIAL YOGA
11:00 JOURNEY OF BREATH
11:00 FULL BODY WORKOUT
14:00 GUIDED MEDITATION
14:00 CIRCUIT TRAINING
15:00 ABS AND CORE WORKOUT
15:00 BEING MINDFUL

WEDNESDAY

08:15 YOGA FOR CORE STRENGTH
08:30 POWER WALK
09:30 AERIAL YOGA
11:00 PRANAYAMA
11:00 ABS AND CORE WORKOUT
14:00 CIRCUIT TRAINING
14:00 PERSONALISED YOGA
15:00 FULL BODY WORKOUT
15:00 YOGA NIDRA

THURSDAY

08:15 VINYASA YOGA
08:30 POWER WALK
09:30 AERIAL YOGA
11:00 BODY BALANCE
11:00 PRANAYAMA
14:00 GUIDED MEDITATION
14:00 MAT PILATES
15:00 CIRCUIT TRAINING
15:00 BEING MINDFUL

FRIDAY

08:15 MORNING STRETCHING
09:30 CIRCUIT TRAINING
11:00 ARCHERY
14:00 MAT PILATES
15:00 FULL BODY WORKOUT

SATURDAY

08:15 ASHTANGA
08:30 POWER WALK
09:30 AERIAL YOGA
11:00 FULL BODY WORKOUT
11:00 PRANAYAMA
14:00 PERSONALISED YOGA
14:00 MAT PILATES
15:00 YOGA NIDRA
15:00 BODY BALANCE

SUNDAY

08:15 ASHTANGA YOGA
09:30 AERIAL YOGA
11:00 PRANAYAMA
14:00 PERSONALISED YOGA
15:00 YOGA NIDRA

SHANTI SPA SPECIALS

25THAUG BLISS
150MINS - MUR 15,900
27TH AUG PARADISIE MASSAGE
60MINS – MUR 4500
28THAUG SHANTI FUSION
90MINS – MUR 6,600
30TH AUG ARIAL YOGA
60MINS – MUR 3000
31STAUG AFRICAN GODDESS FACIAL
90MINS – MUR 6800

WELLNESS AT SHANTI SPA

MEETING POINT AT SHANTI SPA
(ACTIVITIES ARE SUBJECT TO CHANGE DEPENDING ON WEATHER CONDITIONS)

CHARGEABLE ACTIVITIES

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30
12:30 - 16:00
08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 – 124
Suites 128 – 142
Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON US OPEN TENNIS DAY 2 | 16:55
MON PL 25/26 – NEWCASTLE UNITED VS LIVERPOOL | 20:50
THU DP WORLD TOUR – OMEGA EUROPEAN MASTERS DAY 1 | 13:30
FRI FORMULA ONE 2025 – NETHERLANDS GP PRACTICE 2 | 15:45
FRI CC 2025 – CHEETAHS VS GRIQUAS | 16:50
SAT PL 25/26 – CHELSEA VS FULHAM | 13:20
SAT EFL 25/26 – MIDDLEBROUGH VS SHEFFIELD UNITED | 13:25
SAT PL 25/26 – MANCHESTER UNITED VS BURNLEY | 15:50
SAT PL 25/26 – WOLVERHAMPTON WANDERERS VS EVERTON | 15:50
SAT PL 25/26 – LEEDS UNITED VS NEWCASTLE UNITED | 18:20
SUN PL 25/26 – BRIGHTON & HOVE ALBION VS MANCHESTER CITY | 14:50
SUN PL 25/26 – LIVERPOOL VS ARSENAL | 17:20
SUN PL 25/26 – ASTON VILLA VS CRYSTAL PALACE | 19:50

SS TENNIS
SS PREMIER LEAGUE
SS GOLF
SS MOTORSPORT
SS RUGBY
SS PREMIER LEAGUE
SS FOOTBALL
SS PREMIER LEAGUE
SS FOOTBALL
SS PREMIER LEAGUE
SS PREMIER LEAGUE
SS PREMIER LEAGUE
SS PREMIER LEAGUE
SS PREMIER LEAGUE
SS PREMIER LEAGUE



PEN AIR CINEMA



MON 18:45 – 20:30 (KIDS MOVIE)
20:30 – 22:00 (MAIN SCREENING)
TUE 18:45 – 20:30 (KIDS MOVIE)
20:30 – 22:00 (MAIN SCREENING)
WED 18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)
THU 18:45 – 20:30 (KIDS MOVIE)
20:30 – 22:00 (MAIN SCREENING)
FRI 18:45 – 20:30 (KIDS MOVIE)
20:30 – 22:00 (MAIN SCREENING)
SAT 18:45 – 20:30 (KIDS MOVIE)
20:30 – 22:00 (MAIN SCREENING)
SUN 18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)

THE MONKEY KING TAXI
RIVERDANCE AFTERLIFE OF THE PARTY
THE SEA BEAST
ABOMINABLE A DOG'S WAY HOME
WISH DRAGON THUNDER FORCE
SECRET MAGIC BATTLESHIP
ANIMAL CRACKERS



SHANTI BOUTIQUE

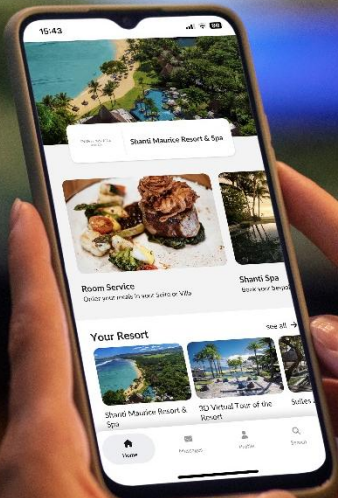
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