

CULINARY EXPERIENCES



STARS RESTAURANT
DAILY
BREAKFAST “BUFFET” | 07:00 – 10:30
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 28TH JULY TO SUN 03RD AUG



ASIAN LOUNGE & FINE SUSHI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

TUE 29TH JULY TO SUN 03RD AUG

(MON 28TH JULY CLOSED)



RUM SHED BAR & GRILL
DINNER 18:30 – 22:00
À LA CARTE

MON 28TH JULY TO SAT 02ND AUG

(WED 30TH JULY & SUN 03RD AUG CLOSED)

LIVE GUITARIST – FRI 06TH JUNE



ARABIC CUISINE AT STARS
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 28TH JULY TO SUN 03RD AUG

(TUE 29TH JULY CLOSED)



LA KAZE MAMA
DINNER 18:30 – 22:00
BUFFET
WED 30TH JULY | MAURITIAN CREOLE NIGHT – 1

LIVE SEGA SHOW – WED 30TH JULY



INDIAN DELIGHTS AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 28TH JULY TO SUN 03RD AUG



FEET IN THE SAND
DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 28TH JULY TO SUN 03RD AUG

(WED 30TH JULY CLOSED)



JUST THAI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 28TH JULY TO SUN 03RD AUG

(FRI 01ST AUG CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 28TH JULY 2025
19:00 | AT STARS RESTAURANT
FRI 01ST AUG 2025
19:00 | AT RUM SHED



LIVE BAND

TUE 29TH JULY 2025
19:00
AT STARS
RESTAURANT



LIVE SAXOPHONIST

WED 30TH JULY 2025
19:00
AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 30TH JULY 2025
17:30
LIVE SEGA SHOW
18:00



LIVE PIANO

SAT 02ND AUG 2025
19:00
AT STARS
RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR ROOM SERVICE ORDER

For further assistance, contact the Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE
24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION
ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 28TH JULY TO SUNDAY 03RD AUGUST 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15 HATHA YOGA

09:30 YOGA

11:00 PRANAYAMA

11:00 MOBILITY & FLEXIBILITY

14:00 GUIDED MEDITATION

15:00 YOGA NIDRA

TUESDAY

08:15 YOGA FOR SPINE HEALTH

09:30 AERIAL YOGA

11:00 JOURNEY OF BREATH

14:00 GUIDED MEDITATION

14:30 MAT PILATES

15:00 BEING MINDFUL

WEDNESDAY

08:15 MORNING STRETCHING

09:30 AERIAL YOGA

11:00 PRANAYAMA

14:00 MAT PILATES

15:00 YOGA NIDRA

THURSDAY

08:15 ASHTANGA YOGA

09:30 PERSONALISED YOGA

11:00 PRANAYAMA

14:00 GUIDED MEDITATION

15:00 BEING MINDFUL

FRIDAY

08:15 VINYASA YOGA

09:30 GUIDED MEDITATION

11:00 PRANAYAMA

14:00 PERSONALISED YOGA

15:00 YOGA NIDRA

SATURDAY

08:15 WARRIOR STABILITY

09:30 GUIDED MEDITATION

11:00 BEING MINDFUL

14:00 PERSONALISED YOGA

15:00 YOGA NIDRA

SUNDAY

08:15 BEING MINDFUL

09:30 PERSONALISED YOGA

11:00 PRANAYAMA

14:00 BREATHING MEDITATION

15:00 YOGA NIDRA

SHANTI SPA SPECIALS

28TH JULY BLISS
150MINS - MUR 15,900

29TH JULY VANILLA MASSAGE
60MINS – MUR 5,600

30TH JULY CHAKRA BALANCING
90MINS – MUR 6,600

01ST AUG PERSONALISED YOGA
60MINS – MUR 3,000

03RD AUG BALINESE MASSAGE
60MINS – MUR 4,500

MEETING POINT AT SHANTI SPA

CHARGEABLE ACTIVITIES



ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS
DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00
For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00
For Villa garden care, please contact the Reception for your preferred times.

FOGGING EXERCISE:
16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 – 124
Suites 128 – 142
Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	ATP1000 – NATIONAL BANK OPEN DAY 2 17:00	SS TENNIS
WED	WAC 2025 DAY 4 – FINAL EVENING 13:00	SS GRANDSTAND
WED	PGA TOUR – ON THE RANGE – WYNDHAM CHAMPIONSHIP 16:30	SS GOLF
THU	WOMEN'S OPEN GOLF 2025 DAY 1 13:00	SS GOLF
FRI	F1 2025 – HUNGARIAN GP PRACTICE 1 13:25	SS MOTORSPORT
FRI	CC 2025 – CHEETAHS VS PUMAS ROUND 2 18:55	SS RUGBY
SAT	F1 2025 – HUNGARIAN GP QUALIFYING 17:55	SS MOTORSPORT
SAT	PGA TOUR – WYNDHAM CHAMPIONSHIP DAY 3 19:00	SS GOLF
SUN	TOTTENHAM HOTSPUR VS NEWCASTLE UNITED 12:55	SS PREMIER LEAGUE
SUN	F1 2025 – HUNGARIAN GP RACE 16:55	SS MOTORSPORT
SUN	PL SS 2025 – AFC BOURNEMOUTH VS WEST HAM UNITED 19:55	SS PREMIER LEAGUE
SUN	PL SS 2025 – MANCHESTER UNITED VS EVERTON 22:55	SS PREMIER LEAGUE



PEN AIR CINEMA



MON	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	OVER THE MOON BRICK
TUE	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	THELMA THE UNICORN THE FATE OF THE FURIOUS
WED	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	SPELLBOUND
THU	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	TROLLS HOLIDAY THE OLD GUARD 2
FRI	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	CHICKEN RUN ALMOST FAMILY
SAT	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	SING MONSTER HUNTER
SUN	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	BACK TO THE OUTBACK



SHANTI BOUTIQUE

LIMITED TIME ONLY
20 OFF
Sale
ON BOHO BEACH
& BELLE ETOILE
BRANDED GARMENTS



APP STORE



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SHANTI
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