

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST “BUFFET” | 07:00 – 10:30
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 19TH TO SUN 25TH MAY



ASIAN LOUNGE &
FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00

À LA CARTE

TUE 20TH TO SUN 25TH MAY

(MON 19TH MAY CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 19TH TO SUN 25TH MAY

(WED 21ST MAY CLOSED)

LIVE GUITARIST – FRI 23RD MAY



ARABIC CUISINE AT STARS

LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 19TH TO SUN 25TH MAY

(TUE 20TH MAY CLOSED)



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 21ST MAY | MAURITIAN CREOLE NIGHT – 1
SUN 25TH MAY | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 21ST MAY



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 19TH TO SUN 25TH MAY

(SAT 24TH MAY CLOSED)



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 19TH TO SUN 25TH MAY

(WED 21ST MAY CLOSED)



JUST THAI AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 19TH TO SUN 25TH MAY

(FRI 23RD MAY CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 19TH MAY 2025

19:00 | AT STARS RESTAURANT

FRI 23RD MAY 2025

19:00 | AT RUM SHED



LIVE BAND

TUE 20TH MAY 2025

19:00

AT STARS

RESTAURANT



LIVE SAXOPHONIST

WED 21ST MAY 2025

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL
WITH RESORT TEAM

WED 21ST MAY 2025

17:30

LIVE SEGA SHOW

18:00



LIVE PIANO

SAT 24TH MAY 2025

19:00

AT STARS

RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |
Full-Board (FB) | All-Inclusive (AI) are
entitled to a food credit of MUR 4,000 per
meal per person. Any consumptions
beyond that will be charged accordingly.
Credit is non-refundable and non-
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with
footwear are permitted (swimwear
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared
shirts (button down) or polo shirt and
footwear are allowed. Ladies to
respect the evening attire (smart
casual) (no see-through attire or
swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR
ROOM SERVICE
ORDER

For further assistance, contact the
Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER
- A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE
24 HOURS | IN-ROOM DINING (TRAY CHARGE
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER
BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION
ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 19TH TO SUNDAY 25TH MAY 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15 HATHA YOGA

08:30 BODY BALANCE

09:30 AERIAL YOGA

11:00 PRANAYAMA

11:00 ARCHERY

14:00 GUIDED RELAXATION

14:30 MAT PILATES

15:00 YOGA NIDRA

TUESDAY

08:15 YOGA FOR SPINE HEALTH

08:30 POWER WALK

09:30 AERIAL YOGA

11:00 JOURNEY OF BREATH

11:00 AQUA GYM

14:00 GUIDED MEDITATION

14:30 MAT PILATES

15:00 BEING MINDFUL

WEDNESDAY

08:15 MORNING STRETCHING

11:00 MOBILITY & FLEXIBILITY

14:30 MAT PILATES

15:00 BODY BALANCE

THURSDAY

08:15 ASHTANGA YOGA

08:30 POWER WALK

09:30 AERIAL YOGA

11:00 ARCHERY

11:00 PRANAYAMA

14:00 GUIDED MEDITATION

14:30 CIRCUIT TRAINING

15:00 BEING MINDFUL

FRIDAY

08:15 VINYASA YOGA

08:30 BODY BALANCE

09:30 GUIDED MEDITATION

11:00 MOBILITY & FLEXIBILITY

11:00 PRANAYAMA

14:00 AERIAL YOGA

14:30 MAT PILATES

15:00 YOGA NIDRA

SATURDAY

08:15 WARRIOR STABILITY

08:30 CORE WORKOUT

09:30 AERIAL YOGA

11:00 BEING MINDFUL

11:00 AQUA GYM

14:00 GUIDED MEDITATION

14:30 MAT PILATES

15:00 YOGA NIDRA

SUNDAY

08:15 HATHA YOGA

09:30 GUIDED MEDITATION

11:00 PRANAYAMA

14:30 AERIAL YOGA

15:00 BEING MINDFUL

SHANTI SPA SPECIALS

19TH MAY COUPLES CONNECT
150MINS - MUR 15,900

20TH MAY SHANTI FUSION MASSAGE
60MINS - MUR 6,600

23RD MAY CHAKRA BALANCING
90MINS - MUR 6,600

24TH MAY MAT PILATES
60MINS - MUR 2,000

25TH MAY BALINESE MASSAGE
60MINS - MUR 4,500

WELLNESS AT SHANTI SPA

MEETING POINT AT SHANTI SPA

CHARGEABLE ACTIVITIES

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00

10:00 - 12:30

13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00

10:00 - 11:30

12:30 - 16:00

10:00 - 11:30

12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30

12:30 - 16:00

08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club

Villa 201 - 207

Villa 208 - 218

Surrounding Estate Garden

Villa 207 - 218

Villa 201 - 205

Suites 101 - 124

Suites 128 - 142

Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON ATP500 - HAMBURG OPEN DAY 1 | 12:00

MON PL 24/25 - BRIGHTON & HOVE ALBION VS LIVERPOOL | 20:00

TUE PL 24/25 - MANCHESTER CITY VS AFC BOURNEMOUTH | 20:50

WED UEL 24/25 - FINAL | 20:55

THU DP WORLD TOUR - SOUDAL OPEN DAY 1 | 13:00

FRI FORMULA ONE - GRAND PRIX DE MONACO PRACTICE 1 | 15:25

SAT ST 24/25 - TOURNAMENT OF CHAMPS DAY 3 | 13:00

SAT ATP500 - HAMBURG OPEN FINAL | 14:30

SAT MOTO GP - BRITISH QUALIFYING | 14:45

SAT INVESTEC CHAMPS CUP FINAL - NORTHAMPTON VS BORDEAUX | 15:40

SAT FORMULA ONE - GRAND PRIX DE MONACO QUALIFYING | 17:55

SUN FORMULA ONE - GRAND PRIX DE MONACO RACE | 16:55

SUN PL 24/25 - LIVERPOOL VS CRYSTAL PALACE | 18:50

SUN PL 24/25 - MANCHESTER UNITED VS ASTON VILLA | 18:50

SS TENNIS

SS PREMIER LEAGUE

SS PREMIER LEAGUE

SS PREMIER LEAGUE

SS GOLF

SS MOTORSPORT

SS GOLF

SS TENNIS

SS GRANDSTAND

SS RUGBY

SS MOTORSPORT

SS MOTORSPORT

SS PREMIER LEAGUE

SS FOOTBALL

PEN AIR CINEMA

MON 18:45 - 20:30 (KIDS MOVIE)
20:30 - 22:00 (MAIN SCREENING)

TUE 18:45 - 20:30 (KIDS MOVIE)
20:30 - 22:00 (MAIN SCREENING)

WED 18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)

THU 18:45 - 20:30 (KIDS MOVIE)
20:30 - 22:00 (MAIN SCREENING)

FRI 18:45 - 20:30 (KIDS MOVIE)
20:30 - 22:00 (MAIN SCREENING)

SAT 18:45 - 20:30 (KIDS MOVIE)
20:30 - 22:00 (MAIN SCREENING)

SUN 18:45 - 20:30 (KIDS MOVIE)
20:30 - 22:00 (MAIN SCREENING)

THE ANGRY BIRDS
EXTERRITORIAL

ENCANTO
HAVOC

SIMON

BOSS BABY
INSIDE MAN MOST WANTED

LILO & STITCH 2
BULLET TRAIN EXPLOSION

THE RESCUERS
LIFT

WISH
LAST BULLET

SHANTI BOUTIQUE

LIMITED TIME ONLY

20 OFF

Sale

ON BOHO BEACH & BELLE ETOILE
BRANDED GARMENTS

APP STORE

PLAY STORE

DOWNLOAD SHANTI MAURICE APP!