

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 19TH TO SUN 25TH MAY



ASIAN LOUNGE &
FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

TUE 20TH TO SUN 25TH MAY
(MON 19TH MAY CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 19TH TO SUN 25TH MAY

(WED 21ST MAY CLOSED)

LIVE GUITARIST – FRI 23RD MAY



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 21ST MAY | MAURITIAN CREOLE NIGHT – 1
SUN 26TH MAY | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 21ST MAY



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 19TH TO SUN 25TH MAY

(WED 21ST MAY CLOSED)



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 19TH TO SUN 25TH MAY

(SAT 24TH MAY CLOSED)

JUST THAI AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 19TH TO SUN 25TH MAY

(FRI 23RD MAY CLOSED)



LIVE PERFORMANCE

LIVE GUITARIST

MON 19TH MAY 2025

19:00 | AT STARS RESTAURANT

FRI 23RD MAY 2025

19:00 | AT RUM SHED



LIVE BAND

TUE 20TH MAY 2025

19:00

AT STARS
RESTAURANT



LIVE SAXOPHONIST

WED 21ST MAY 2025

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL
WITH RESORT TEAM

WED 21ST MAY 2025

17:30

LIVE SEGA SHOW
18:00



LIVE PIANO

SAT 24TH MAY 2025

19:00

AT STARS
RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |
Full-Board (FB) | All-Inclusive (AI) are
entitled to a food credit of MUR 4,000 per
meal per person. Any consumptions
beyond that will be charged accordingly.
Credit is non-refundable and non-
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with
footwear are permitted (swimwear
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared
shirts (button down) or polo shirt and
footwear are allowed. Ladies to
respect the evening attire (smart
casual) (no see-through attire or
swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR
ROOM SERVICE
ORDER

For further assistance, contact the
Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER
- À LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER
BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION
ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 19TH TO SUNDAY 25TH MAY 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 HATHA YOGA	08:15 YOGA FOR SPINE HEALTH	08:15 MORNING STRETCHING
08:30 BODY BALANCE	08:30 POWER WALK	11:00 MOBILITY & FLEXIBILITY
09:30 AERIAL YOGA	09:30 AERIAL YOGA	14:30 MAT PILATES
11:00 PRANAYAMA	11:00 JOURNEY OF BREATH	15:00 BODY BALANCE
11:00 ARCHERY	11:00 AQUA GYM	
14:00 GUIDED RELAXATION	14:00 GUIDED MEDITATION	
14:30 MAT PILATES	14:30 MAT PILATES	
15:00 YOGA NIDRA	15:00 BEING MINDFUL	
THURSDAY	FRIDAY	SATURDAY
08:15 ASHTANGA YOGA	08:15 VINYASA YOGA	08:15 WARRIOR STABILITY
08:30 POWER WALK	08:30 BODY BALANCE	08:30 CORE WORKOUT
09:30 AERIAL YOGA	09:30 GUIDED MEDITATION	09:30 AERIAL YOGA
11:00 ARCHERY	11:00 MOBILITY & FLEXIBILITY	11:00 BEING MINDFUL
11:00 PRANAYAMA	11:00 PRANAYAMA	11:00 AQUA GYM
14:00 GUIDED MEDITATION	14:00 AERIAL YOGA	14:00 GUIDED MEDITATION
14:30 CIRCUIT TRAINING	14:30 MAT PILATES	14:30 MAT PILATES
15:00 BEING MINDFUL	15:00 YOGA NIDRA	15:00 YOGA NIDRA
SUNDAY	SHANTI SPA SPECIALS	
08:15 HATHA YOGA	19 TH MAY COUPLES CONNECT 150MINS - MUR 15,900	
09:30 GUIDED MEDITATION	20 TH MAY SHANTI FUSION MASSAGE 60MINS - MUR 6,600	
11:00 PRANAYAMA	23 RD MAY CHAKRA BALANCING 90MINS - MUR 6,600	
14:30 AERIAL YOGA	24 TH MAY MAT PILATES 60MINS - MUR 2,000	
15:00 BEING MINDFUL	25 TH MAY BALINESE MASSAGE 60MINS - MUR 4,500	

WELLNESS AT SHANTI SPA

MEETING POINT AT SHANTI SPA

CHARGEABLE ACTIVITIES

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00
For Villa garden care, please contact the Reception for your preferred times.

FOGGING EXERCISE:

10:00 - 11:30
12:30 - 16:00
08:00 - 11:30
16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124
Suites 128 - 142
Daily Beach Maintenance

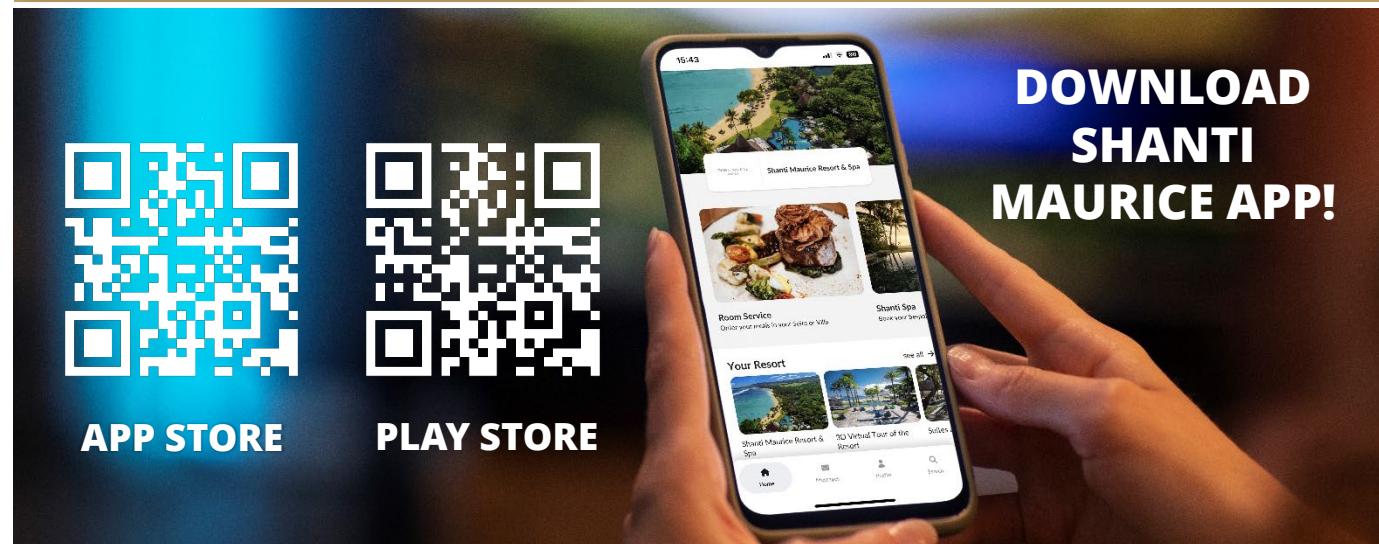
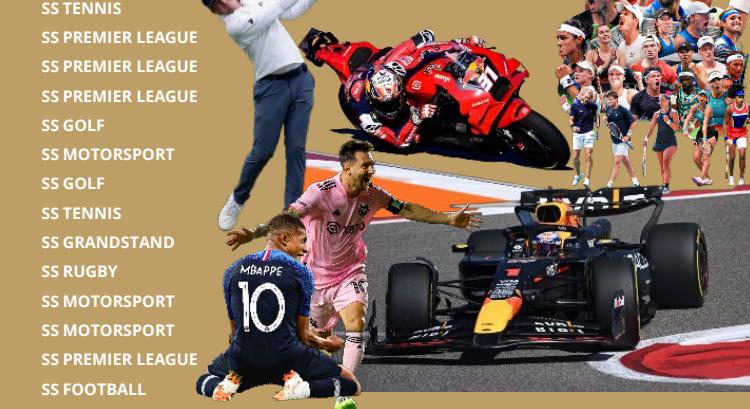
Daily

SHANTI BOUTIQUE

LIMITED TIME ONLY
20% OFF
Sale
ON BOHO BEACH & BELLE ETOILE
BRANDED GARMENTS



SPORTS CORNER & LIVE SPORT AT RED GINGER BAR	
MON	ATP500 - HAMBURG OPEN DAY 1 12:00
MON	PL 24/25 - BRIGHTON & HOVE ALBION VS LIVERPOOL 20:00
TUE	PL 24/25 - MANCHESTER CITY VS AFC BOURNEMOUTH 20:50
WED	UEL 24/25 - FINAL 20:55
THU	DP WORLD TOUR - SOUDAL OPEN DAY 1 13:00
FRI	FORMULA ONE - GRAND PRIX DE MONACO PRACTICE 1 15:25
SAT	ST 24/25 - TOURNAMENT OF CHAMPS DAY 3 13:00
SAT	ATP500 - HAMBURG OPEN FINAL 14:30
SAT	MOTO GP - BRITISH QUALIFYING 14:45
SAT	INVESTEC CHAMPS CUP FINAL - NORTHAMPTON VS BORDEAUX 15:40
SAT	FORMULA ONE - GRAND PRIX DE MONACO QUALIFYING 17:55
SUN	FORMULA ONE - GRAND PRIX DE MONACO RACE 16:55
SUN	PL 24/25 - LIVERPOOL VS CRYSTAL PALACE 18:50
SUN	PL 24/25 - MANCHESTER UNITED VS ASTON VILLA 18:50



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MAURICE APP!**