

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST “BUFFET” | 07:00 – 10:30
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 12TH TO SUN 18TH MAY



ASIAN LOUNGE &
FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00

À LA CARTE

TUE 13TH TO SUN 18TH MAY

(MON 12TH MAY CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 12TH TO SUN 18TH MAY

(WED 14TH MAY CLOSED)

LIVE GUITARIST – FRI 16TH MAY



ARABIC CUISINE AT STARS

LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 12TH TO SUN 18TH MAY

(TUE 13TH MAY CLOSED)



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 14TH MAY | MAURITIAN CREOLE NIGHT – 1

SAT 17TH MAY | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 14TH MAY



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 12TH TO SAT 17TH MAY

(SUN 18TH MAY CLOSED)



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 12TH TO SUN 18TH MAY

(WED 14TH MAY CLOSED)



JUST THAI AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 12TH TO SUN 18TH MAY

(FRI 16TH MAY CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 12TH MAY 2025

19:00 | AT STARS RESTAURANT

FRI 16TH MAY 2025

19:00 | AT RUM SHED



LIVE BAND

TUE 13TH MAY 2025

19:00

AT STARS

RESTAURANT



LIVE SAXOPHONIST

WED 14TH MAY 2025

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL
WITH RESORT TEAM

WED 14TH MAY 2025

17:30

LIVE SEGA SHOW

18:00



LIVE PIANO

SAT 17TH MAY 2025

19:00

AT STARS

RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |
Full-Board (FB) | All-Inclusive (AI) are
entitled to a food credit of MUR 4,000 per
meal per person. Any consumptions
beyond that will be charged accordingly.
Credit is non-refundable and non-
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with
footwear are permitted (swimwear
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared
shirts (button down) or polo shirt and
footwear are allowed. Ladies to
respect the evening attire (smart
casual) (no see-through attire or
swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR
ROOM SERVICE
ORDER

For further assistance, contact the
Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER
- A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE
24 HOURS | IN-ROOM DINING (TRAY CHARGE
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER
BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION
ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 12TH TO SUNDAY 18TH MAY 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15 HATHA YOGA

08:15 TABATA WORKOUT

09:30 AERIAL YOGA

11:00 PRANAYAMA

11:00 ARCHERY

14:00 GUIDED RELAXATION

14:30 MAT PILATES

15:00 YOGA NIDRA

TUESDAY

08:15 YOGA FOR SPINE HEALTH

09:30 AERIAL YOGA

11:00 JOURNEY OF BREATH

14:00 GUIDED MEDITATION

15:00 BEING MINDFUL

WEDNESDAY

08:15 MORNING STRETCHING

11:00 AQUA GYM

14:00 MAT PILATES

15:00 BODY BALANCE

THURSDAY

08:15 MORNING STRETCHING

08:15 POWER WALK

09:30 AERIAL YOGA

11:00 ARCHERY

11:00 PRANAYAMA

14:30 CIRCUIT TRAINING

15:00 BEING MINDFUL

FRIDAY

08:15 VINYASA

08:15 TABATA WORKOUT

09:30 GUIDED MEDITATION

11:00 AQUA GYM

11:00 PRANAYAMA

14:00 MAT PILATES

15:00 YOGA NIDRA

SATURDAY

08:15 WARRIOR STABILITY

09:30 AERIAL YOGA

11:00 BEING MINDFUL

14:00 MAT PILATES

15:00 YOGA NIDRA

SUNDAY

08:15 HATHA YOGA

08:15 MOBILITY & FLEXIBILITY

09:30 GUIDED MEDITATION

11:00 PRANAYAMA

11:00 ARCHERY

14:30 MAT PILATES

15:00 BEING MINDFUL

SHANTI SPA SPECIALS

12TH MAY COUPLES CONNECT
150MINS - MUR 15,900

13TH MAY SHANTI FUSION MASSAGE
60MINS – MUR 6,600

14TH MAY CHAKRA BALANCING
90MINS – MUR 6,600

15TH MAY MAT PILATES
60MINS – MUR 2,000

16TH MAY BALINESE MASSAGE
60MINS – MUR 4,500

WELLNESS AT SHANTI SPA

MEETING POINT AT SHANTI SPA

CHARGEABLE ACTIVITIES

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00

10:00 - 12:30

13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00

10:00 - 11:30

12:30 - 16:00

10:00 - 11:30

12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30

12:30 - 16:00

08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club

Villa 201 - 207

Villa 208 - 218

Surrounding Estate Garden

Villa 207 - 218

Villa 201 - 205

Suites 101 – 124

Suites 128 – 142

Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

TUE	WTA1000 – ITALIAN OPEN QF 1 13:00	SS GRANDSTAND
THU	PGA CHAMPIONSHIP DAY 1 14:00	SS GOLF
FRI	SRP 2025 – HURRICANES VS HIGHLANDERS 09:00	SS RUGBY
FRI	FORMULA ONE – ITALY EMILIA ROMAGNA PRACTICE 1 15:25	SS MOTORSPORT
FRI	FORMULA ONE – ITALY EMILIA ROMAGNA PRACTICE 2 18:45	SS MOTORSPORT
FRI	PL 24/25 – CHELSEA VS MANCHESTER UNITED 20:50	SS PREMIER LEAGUE
SAT	SUPERBIKE 2025 – CZECH SSP RACE 1 14:30	SS MOTORSPORT
SAT	FORMULA ONE – ITALY SPRINT RACE 16:15	SS MOTORSPORT
SAT	WTA1000 2025 – ITALIAN OPEN FINAL 17:00	SS TENNIS
SAT	FORMULA ONE – EMILIA ROMAGNA QUALIFYING 17:55	SS MOTORSPORT
SUN	PL 24/25 – EVERTON VS SOUTHAMPTON 12:50	SS PREMIER LEAGUE
SUN	PL 24/25 – ASTON VILLA VS TOTTENHAM HOTSPUR 15:55	SS PREMIER LEAGUE
SUN	FORMULA ONE – ITALY EMILIA ROMAGNA 16:55	SS MOTORSPORT

PEN AIR CINEMA



MON	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	SCAREDY CATS IHOSTAGE
TUE	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	SAMURAI RABBIT GOOSEBUMPS
WED	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	RISE OF THE GUARDIANS
THU	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	CHICKEN RUN THE WOLF AND THE LION
FRI	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	MY LITTLE PONY FAMILY SWITCH
SAT	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	CLOUDY WITH A CHANCE OF MEATBALLS THE ROYAL TREATMENT
SUN	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	THE LOUD HOUSE MOVIE GO KARTS



SHANTI BOUTIQUE

LIMITED TIME ONLY

20 %
OFF

Sale

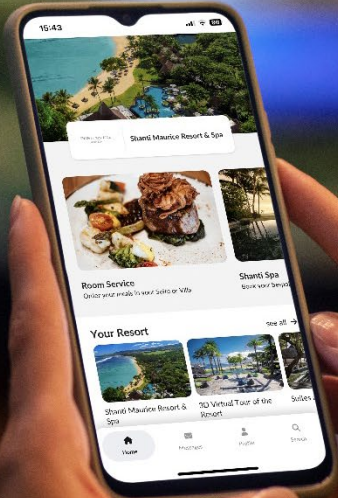
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