

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST “BUFFET” | 07:00 – 10:30  
LUNCH “À LA CARTE” | 12:30 – 14:30  
DINNER “À LA CARTE” | 18:30 – 22:00

MON 05<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY



ASIAN LOUNGE &  
FINE SUSHI AT STARS

LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00

À LA CARTE

TUE 06<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY

(MON 05<sup>TH</sup> MAY CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 05<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY

(WED 07<sup>TH</sup> MAY CLOSED)

LIVE GUITARIST – FRI 09<sup>TH</sup> MAY



ARABIC CUISINE AT STARS

LUNCH “À LA CARTE” | 12:30 – 14:30  
DINNER “À LA CARTE” | 18:30 – 22:00

MON 05<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY

(TUE 06<sup>TH</sup> MAY CLOSED)



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 07<sup>TH</sup> MAY | MAURITIAN CREOLE NIGHT – 1  
SUN 11<sup>TH</sup> MAY | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 07<sup>TH</sup> MAY



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 05<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY

(SAT 10<sup>TH</sup> MAY CLOSED)



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 05<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY

(WED 07<sup>TH</sup> MAY CLOSED)



JUST THAI AT STARS

LUNCH 12:30 – 14:30

DINNER 18:30 – 22:00

À LA CARTE

MON 05<sup>TH</sup> TO SUN 11<sup>TH</sup> MAY

(FRI 09<sup>TH</sup> MAY CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 05<sup>TH</sup> MAY 2025

19:00 | AT STARS RESTAURANT

FRI 09<sup>TH</sup> MAY 2025

19:00 | AT RUM SHED



LIVE BAND

TUE 06<sup>TH</sup> MAY 2025

19:00

AT STARS

RESTAURANT



LIVE SAXOPHONIST

WED 07<sup>TH</sup> MAY 2025

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL  
WITH RESORT TEAM

WED 07<sup>TH</sup> MAY 2025

17:30

LIVE SEGA SHOW

18:00



LIVE PIANO

SAT 10<sup>TH</sup> MAY 2025

19:00

AT STARS

RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0  
Available upon reservation on a first-come  
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |  
Full-Board (FB) | All-Inclusive (AI) are  
entitled to a food credit of MUR 4,000 per  
meal per person. Any consumptions  
beyond that will be charged accordingly.  
Credit is non-refundable and non-  
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with  
footwear are permitted (swimwear  
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared  
shirts (button down) or polo shirt and  
footwear are allowed. Ladies to  
respect the evening attire (smart  
casual) (no see-through attire or  
swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR  
ROOM SERVICE  
ORDER

For further assistance, contact the  
Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST  
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER  
- A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE  
24 HOURS | IN-ROOM DINING (TRAY CHARGE  
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR  
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER  
BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION  
ALL-DAY LONG AT SANDS BEACH BAR



**SHANTI TIMES FROM MONDAY 05<sup>TH</sup> TO SUNDAY 11<sup>TH</sup> MAY 2025**

## WELLNESS & ACTIVITIES WEEKLY CALENDAR

**MONDAY**

08:15 MORNING STRETCHING ☒

11:00 BODY BALANCE ☒

15:00 GUIDED RELAXATION ☒

**TUESDAY**

08:15 YOGA FOR SPINE HEALTH ☒

09:30 AERIAL YOGA ☐

11:00 JOURNEY OF BREATH ☒

14:00 GUIDED MEDITATION ☐

15:00 BEING MINDFUL ☒

**WEDNESDAY**

08:15 SUN SALUTATION ☒

09:30 STRETCHING ☐

11:00 PRANAYAMA ☒

14:00 BODY BALANCE ☐

15:00 SINGING BOWL MEDITATION ☒

**THURSDAY**

08:15 THERAPEUTIC YOGA ☒

09:30 GUIDED MEDITATION ☐

11:00 JOURNEY BREATH ☒

14:00 MAT PILATES ☐

15:00 BEING MINDFUL ☒

**FRIDAY**

08:15 VINYASA ☒

09:30 GUIDED MEDITATION ☐

11:00 PRANAYAMA ☒

14:00 MAT PILATES ☐

15:00 YOGA NIDRA ☒

**SATURDAY**

08:15 WARRIOR STABILITY ☒

09:30 AERIAL YOGA ☐

11:00 BEING MINDFUL ☒

14:00 MAT PILATES ☐

15:00 YOGA NIDRA ☒

**SUNDAY**

08:15 HATHA YOGA ☒

09:30 GUIDED MEDITATION ☐

11:00 PRANAYAMA ☒

14:00 MAT PILATES ☐

15:00 BEING MINDFUL ☒

**SHANTI SPA SPECIALS**

04<sup>TH</sup> MAY COUPLES CONNECT  
150MINS - MUR 15,900

06<sup>TH</sup> MAY SHANTI FUSION MASSAGE  
60MINS - MUR 6,600

07<sup>TH</sup> MAY CHAKRA BALANCING  
90MINS - MUR 6,600

08<sup>TH</sup> MAY MAT PILATES  
60MINS - MUR 2,000

08<sup>TH</sup> MAY BALINESE MASSAGE  
60MINS - MUR 4,500

WELLNESS AT SHANTI SPA	MEETING POINT AT SHANTI SPA	CHARGEABLE ACTIVITIES
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## ESTATE CARE

**FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS**  
**DAILY POOL CLEANING:**

08:00 - 10:00  
10:00 - 12:30  
13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

**WEEKLY MOWING & GARDEN CARE:**

08:00 - 10:00  
10:00 - 11:30  
12:30 - 16:00  
10:00 - 11:30  
12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30  
12:30 - 16:00  
08:00 - 11:30

## FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club  
Villa 201 - 207  
Villa 208 - 218

## Surrounding Estate Garden

### Villa 207 - 218

## Villa 201 - 205

Suites 101 – 124

## Suites 128 – 142

## Daily Beach Maintenance

Daily

## SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	WSL 24/25 BRIGHTON & HOVE ALBION VS ARSENAL   16:55
MON	PL 24/25 - CRYSTAL PALACE VS NOTTINGHAM FOREST   20:50
TUE	UCL 24/25 SF - INTER MILAN VS BARCELONA   20:55
WED	PGA TOUR ON THE RANGE   18:30
WED	UCL 24/25 SF - PARIS SAINT GERMAIN VS ARSENAL   20:55
THU	DP WORLD TOUR - TURKISH OPEN DAY 1   12:30
THU	UEL 24/25 SF - MANCHESTER UNITED VS ATHLETIC BILBAO   20:55
FRI	LPGA MIZUHO AMERICAS OPEN DAY 1   17:30
SAT	PL 24/25 - SOUTHAMPTON VS MANCHESTER CITY   15:50
SAT	PL 24/25 - AFC BOURNEMOUTH VS ASTON VILLA   18:20
SUN	RED BULL ROOKIES CUP FRANCE - RACE 2   10:45
SUN	PL 24/25 - NEWCASTLE UNITED VS CHELSEA   12:50
SUN	PL 24/25 - MANCHESTER UNITED VS WEST HAM UNITED   15:05
SUN	MOTO GP - FRANCE RACE   15:55
SUN	PL 24/25 - LIVERPOOL VS ARSENAL   17:20

SS FOOTBALL  
SS PREMIER LEAGUE  
SS PREMIER LEAGUE  
SS GOLF  
SS PREMIER LEAGUE  
SS GOLF  
SS PREMIER LEAGUE  
SS GOLF  
SS PREMIER LEAGUE  
SS PREMIER LEAGUE  
SS MOTORSPORT  
SS PREMIER LEAGUE  
SS PREMIER LEAGUE  
SS MOTORSPORT  
SS PREMIER LEAGUE



## PEN AIR CINEMA



MON	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	THE ARISTOCATS
TUE	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	THE FOX AND THE HOUND
WED	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	THE EMPEROR'S NEW GROOVE
THU	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	FANTASIA 2000
FRI	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	BAMBI
SAT	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	BIG HERO 6
SUN	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	OLIVER AND COMPANY



# SHANTI BOUTIQUE

**LIMITED TIME ONLY**

20 %  
OVER



**Sale**  
ON BOHO BEACH

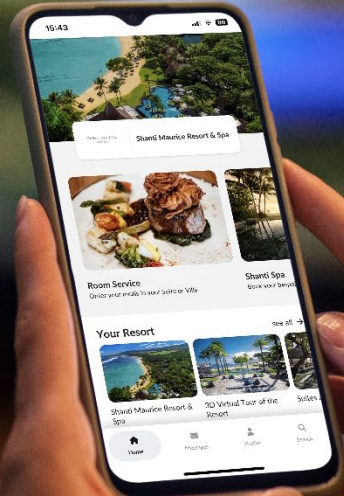
**ON BOHO BEACH  
& BELLE ETOILE  
BRANDED GARMENTS**



## APP STORE



# PLAY STORE



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