

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 02ND TO SUN 08TH JUNE



ASIAN LOUNGE &
FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

TUE 03RD TO SUN 08TH JUNE
(MON 02ND JUNE CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00

À LA CARTE

MON 02ND TO SUN 08TH JUNE

(WED 04TH JUNE CLOSED)

LIVE GUITARIST – FRI 06TH JUNE



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 04TH JUNE | MAURITIAN CREOLE NIGHT – 1

LIVE SEGA SHOW – WED 04TH JUNE



FEET IN THE SAND

DINNER 18:30 – 22:00

BEACH BBQ GRILL

MON 02ND TO SUN 08TH JUNE

(WED 04TH JUNE CLOSED)



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 02ND TO SUN 08TH JUNE

JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 02ND TO SUN 08TH JUNE

(FRI 06TH JUNE CLOSED)



LIVE PERFORMANCE

LIVE GUITARIST

MON 02ND JUNE 2025
19:00 | AT STARS RESTAURANT

FRI 06TH JUNE 2025
19:00 | AT RUM SHED



LIVE BAND

TUE 03RD JUNE 2025
19:00
AT STARS
RESTAURANT



LIVE SAXOPHONIST

WED 04TH JUNE 2025
19:00
AT STARS RESTAURANT



SUNSET COCKTAIL
WITH RESORT TEAM

WED 04TH JUNE 2025
17:30
LIVE SEGA SHOW
18:00



LIVE PIANO

SAT 07TH JUNE 2025
19:00
AT STARS
RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |
Full-Board (FB) | All-Inclusive (AI) are
entitled to a food credit of MUR 4,000 per
meal per person. Any consumptions
beyond that will be charged accordingly.
Credit is non-refundable and non-
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with
footwear are permitted (swimwear
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared
shirts (button down) or polo shirt and
footwear are allowed. Ladies to
respect the evening attire (smart
casual) (no see-through attire or
swimwear are allowed).

Chic shorts allowed at Rum Shed.



Enjoy effortless dining!

SCAN FOR YOUR
ROOM SERVICE
ORDER

For further assistance, contact the
Room Service team on EXT 7121

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER
- À LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER

BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION

ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 02ND TO SUNDAY 08TH JUNE 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR SPINE HEALTH	08:15 HATHA YOGA	08:15 MORNING STRETCHING
08:30 MORNING STRETCHING	08:30 POWER WALK	11:00 AQUA GYM
09:30 AERIAL YOGA	09:30 AERIAL YOGA	13:00 CIRCUIT TRAINING
11:00 PRANAYAMA	11:00 JOURNEY OF BREATH	14:00 MAT PILATES
11:00 MOBILITY & FLEXIBILITY	11:00 CORE WORKOUT	14:30 MAT PILATES
14:00 MAT PILATES	14:00 GUIDED MEDITATION	15:00 BODY BALANCE
15:00 BODY BALANCE	15:00 BEING MINDFUL	
THURSDAY	FRIDAY	SATURDAY
08:15 ASHTANGA YOGA	08:15 HATHA YOGA	08:15 WARRIOR STABILITY
08:30 POWER WALK	08:30 CORE WORKOUT	09:30 AERIAL YOGA
09:30 AERIAL YOGA	09:30 GUIDED MEDITATION	11:00 BEING MINDFUL
11:00 ARCHERY	11:00 AQUA GYM	14:00 GUIDED MEDITATION
11:00 PRANAYAMA	11:00 PRANAYAMA	15:00 YOGA NIDRA
14:00 CIRCUIT TRAINING	14:00 MAT PILATES	
15:00 BEING MINDFUL		
SUNDAY	SHANTI SPA SPECIALS	
08:15 MORNING STRETCHING	02 ND JUNE BLISS 150MINS - MUR 15,900	
11:00 ARCHERY	03 RD JUNE SHANTI FUSION MASSAGE 60MINS - MUR 6,600	
13:00 CORE WORKOUT	04 TH JUNE CHAKRA BALANCING 90MINS - MUR 6,600	
14:00 MAT PILATES	05 TH JUNE MAT PILATES 60MINS - MUR 2,000	
15:00 MOBILITY & FLEXIBILITY	07 TH JUNE BALINESE MASSAGE 60MINS - MUR 4,500	

WELLNESS AT SHANTI SPA

MEETING POINT AT SHANTI SPA

(ACTIVITIES ARE SUBJECT TO CHANGE DEPENDING ON WEATHER CONDITIONS)

CHARGEABLE ACTIVITIES



ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

FOGGING EXERCISE:

10:00 - 11:30
12:30 - 16:00
08:00 - 11:30

DAILY BEACH MAINTENANCE

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124
Suites 128 - 142
Daily Beach Maintenance

Daily

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR	
MON	ROLAND GARROS DAY 9 SINGLES 4TH ROUND 10:50
TUE	ROLAND GARROS DAY 10 MEN & WOMEN QF 10:50
TUE	WNL 2025 - SPAIN VS ENGLAND 18:55
WED	UNL FINALS 2025 SF 1 - GERMANY VS PORTUGAL 20:50
THU	ROLAND GARROS MIXED DOUBLES FINAL 11:50
THU	DP WORLD TOUR - KLM OPEN DAY 1 13:00
THU	PGA TOUR - RBC CANADIAN OPEN DAY 1 20:00
THU	UNL FINALS 2025 SF 2 - SPAIN VS FRANCE 20:50
FRI	FIFA WC QUALIFIERS 2025 - NORWAY VS ITALY 20:35
SAT	MOTO GP 2025 - ARAGON MOTO 3 QUALIFYING 12:45
SAT	FIFA WC QUALIFIERS - BOSNIA AND HERZEGOVINA VS SAN MARINO 14:50
SAT	MOTO GP 2025 - ARAGON MOTO GP SPRINT 16:55
SAT	FIFA WC QUALIFIERS - FINLAND VS NETHERLANDS 20:35
SUN	ROLAND GARROS - WOMEN'S DOUBLES FINAL 11:20
SUN	ROLAND GARROS - MEN'S FINAL 14:30
SUN	MOTO GP 2025 - ARAGON MOTO GP RACE 15:55
SUN	UNL FINALS 2025 - FINAL 20:50



OPEN AIR CINEMA



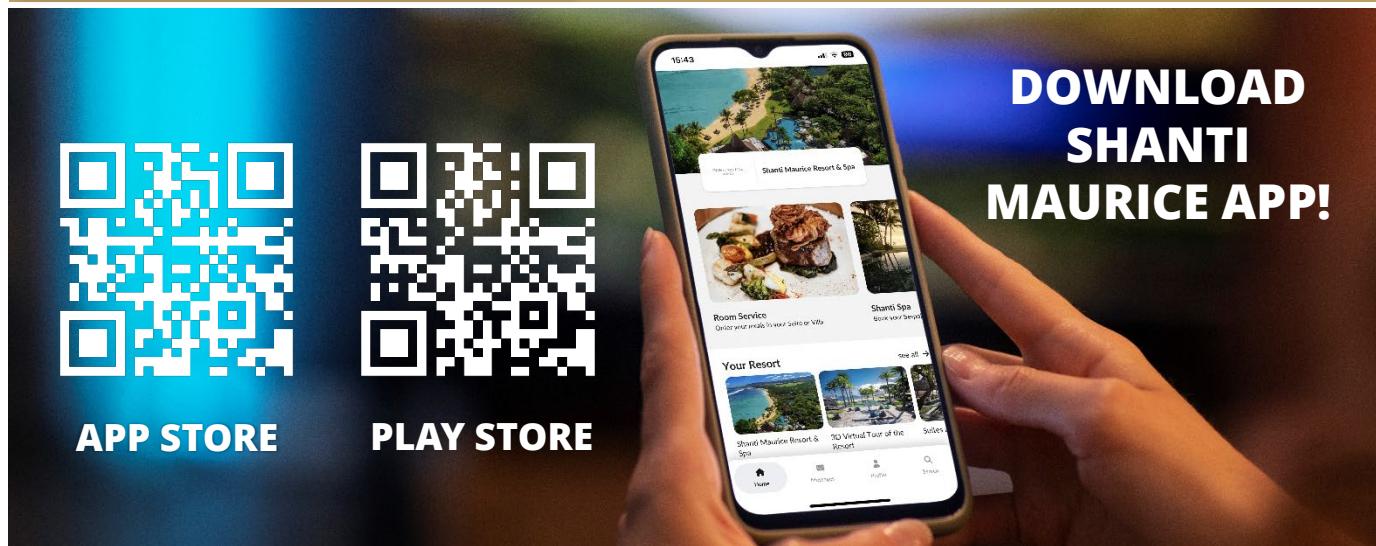
MON	18:45 - 20:30 (KIDS MOVIE)
TUE	20:30 - 22:00 (MAIN SCREENING)
WED	18:45 - 20:30 (KIDS MOVIE)
THU	20:30 - 22:00 (MAIN SCREENING)
FRI	18:45 - 20:30 (KIDS MOVIE)
SAT	20:30 - 22:00 (MAIN SCREENING)
SUN	18:45 - 20:30 (KIDS MOVIE)

CHICKEN LITTLE
HAVOC
TREASURE HUNT
LAST BULLET
THE WILD
SECRET LIFE OF PETS 2
ATLAS
LADY AND THE TRAMP II
THE OLD GUARD
TOY STORY 4
EXTRACTION 2
ONWARD
CENTRAL INTELLIGENCE



SHANTI BOUTIQUE

LIMITED TIME ONLY
20% OFF
Sale
ON BOHO BEACH & BELLE ETOILE
BRANDED GARMENTS



**DOWNLOAD
SHANTI
MAURICE APP!**