

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST “BUFFET” | 07:00 – 10:30  
LUNCH “À LA CARTE” | 12:30 – 14:30  
DINNER “À LA CARTE” | 18:30 – 22:00

MON 14<sup>TH</sup> TO SUN 20<sup>TH</sup> APR

DINNER “BUFFET” | 18:30 – 22:00

SUN 20<sup>TH</sup> APR | EASTER BUFFET



ASIAN LOUNGE &  
FINE SUSHI AT STARS  
LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

TUE 15<sup>TH</sup> TO SUN 20<sup>TH</sup> APR

(MON 14<sup>TH</sup> APR CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00  
À LA CARTE

MON 14<sup>TH</sup> TO SUN 20<sup>TH</sup> APR

(WED 16<sup>TH</sup> APR CLOSED)

LIVE GUITARIST – FRI 18<sup>TH</sup> APR



ARABIC CUISINE AT STARS  
LUNCH “À LA CARTE” | 12:30 – 14:30  
DINNER “À LA CARTE” | 18:30 – 22:00

MON 14<sup>TH</sup> TO SUN 20<sup>TH</sup> APR

(TUE 15<sup>TH</sup> APR CLOSED)



LA KAZE MAMA

DINNER 18:30 – 22:00  
BUFFET

WED 16<sup>TH</sup> APR | MAURITIAN CREOLE NIGHT – 1

SAT 19<sup>TH</sup> APR | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 16<sup>TH</sup> APR



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

MON 14<sup>TH</sup> TO SUN 20<sup>TH</sup> APR



FEET IN THE SAND

DINNER 18:30 – 22:00  
BEACH BBQ GRILL

MON 14<sup>TH</sup> TO SUN 20<sup>TH</sup> APR

(WED 16<sup>TH</sup> APR CLOSED)



Enjoy effortless dining!

SCAN FOR YOUR  
ROOM SERVICE  
ORDER

For further assistance, contact the  
Room Service team on EXT 7121



LIVE PERFORMANCE



LIVE GUITARIST

MON 14<sup>TH</sup> APR 2025

19:00 | AT STARS RESTAURANT

FRI 18<sup>TH</sup> APR 2025

19:00 | AT RUM SHED



LIVE BAND

TUE 15<sup>TH</sup> APR 2025

19:00

AT STARS  
RESTAURANT



LIVE SAXOPHONIST

WED 16<sup>TH</sup> APR 2025

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL  
WITH RESORT TEAM

WED 16<sup>TH</sup> APR 2025

17:30

LIVE SEGA SHOW

18:00



LIVE PIANO

SAT 19<sup>TH</sup> APR 2025

19:00

AT STARS  
RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0  
Available upon reservation on a first-come  
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |  
Full-Board (FB) | All-Inclusive (AI) are  
entitled to a food credit of MUR 4,000 per  
meal per person. Any consumptions  
beyond that will be charged accordingly.  
Credit is non-refundable and non-  
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with  
footwear are permitted (swimwear  
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared  
shirts (button down) or polo shirt and  
footwear are allowed. Ladies to  
respect the evening attire (smart  
casual) (no see-through attire or  
swimwear are allowed).

Chic shorts allowed at Rum Shed.



AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST  
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER  
- A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE  
24 HOURS | IN-ROOM DINING (TRAY CHARGE  
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR  
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER  
BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION  
ALL-DAY LONG AT SANDS BEACH BAR



SHANTI TIMES FROM MONDAY 14<sup>TH</sup> TO SUNDAY 20<sup>TH</sup> APRIL 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15 ASHTANGA YOGA

09:30 GUIDED MEDITATION

11:00 PRANAYAMA

14:00 AERIAL YOGA

15:00 SINGING BOWL MEDITATION

TUESDAY

08:15 YOGA FOR SPINE HEALTH

09:30 AERIAL YOGA

11:00 JOURNEY OF BREATH

14:00 GUIDED MEDITATION

15:00 BEING MINDFUL

WEDNESDAY

08:15 WARRIOR STABILITY

09:30 AERIAL YOGA

11:00 PRANAYAMA

14:00 MAT PILATES

15:00 SINGING BOWL MEDITATION

THURSDAY

08:15 SUN SALUTATION

09:30 GUIDED MEDITATION

11:00 JOURNEY BREATH

14:00 MAT PILATES

15:00 BEING MINDFUL

FRIDAY

08:15 HATHA YOGA

09:30 GUIDED MEDITATION

11:00 PRANAYAMA

14:00 MAT PILATES

15:00 YOGA NIDRA

SATURDAY

08:15 VINYASA YOGA

09:30 AERIAL YOGA

11:00 BEING MINDFUL

14:00 MAT PILATES

15:00 YOGA NIDRA

SUNDAY

08:15 THERAPEUTIC YOGA

11:00 PRANAYAMA

13:00 AERIAL YOGA

14:00 MAT PILATES

15:00 BEING MINDFUL

SHANTI SPA SPECIALS

14<sup>TH</sup> APR BLISS  
150MINS - MUR 15,900

15<sup>TH</sup> APR VANILLA MASSAGE  
60MINS – MUR 6,600

16<sup>TH</sup> APR CHAKRA BALANCING  
90MINS – MUR 6,600

17<sup>TH</sup> APR AERIAL YOGA  
60MINS – MUR 3,000

18<sup>TH</sup> APR BLISSFUL MARMA  
60MINS – MUR 4,500

WELLNESS AT SHANTI SPA

MEETING POINT AT SHANTI SPA

CHARGEABLE ACTIVITIES

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00

10:00 - 12:30

13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00

10:00 - 11:30

12:30 - 16:00

10:00 - 11:30

12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30

12:30 - 16:00

08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club

Villa 201 - 207

Villa 208 - 218

Surrounding Estate Garden

Villa 207 - 218

Villa 201 - 205

Suites 101 – 124

Suites 128 – 142

Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON PL 24/25 – AFC BOURNEMOUTH VS FULHAM | 20:50

TUE UCL 24/25 QF – DORTMUND VS BARCELONA | 20:55

WED PL 24/25 – NEWCASTLE UNITED VS CRYSTAL PALACE | 20:20

WED UCL 24/25 QF – REAL MADRID VS ARSENAL | 20:55

THU ATP500 – BARCELONA OPEN DAY 4 | 12:00

THU PGA TOUR RBC HERITAGE DAY 1 | 20:00

THU UCL 24/25 QF – MANCHESTER UNITED VS OLYMPIQUE LYONNAIS | 20:55

SAT PL 24/25 – EVERTON VS MANCHESTER CITY | 15:50

SAT PL 24/25 – ASTON VILLA VS NEWCASTLE UNITED | 18:20

SUN PL 24/25 – IPSWICH TOWN VS ARSENAL | 14:50

SUN PL 24/25 – LEICESTER CITY VS LIVERPOOL | 17:20

SUN FORMULA ONE: SAUDI ARABIA GRAND PRIX | 20:55

SS PREMIER LEAGUE

SS PREMIER LEAGUE

SS FOOTBALL

SS PREMIER LEAGUE

SS GRANDSTAND

SS GOLF

SS PREMIER LEAGUE

SS PREMIER LEAGUE

SS PREMIER LEAGUE

SS PREMIER LEAGUE

SS MOTORSPORT

PEN AIR CINEMA

MON 18:45 – 20:30 (KIDS MOVIE)  
20:30 – 22:00 (MAIN SCREENING)

TUE 18:45– 20:30 (KIDS MOVIE)  
20:30 – 22:00 (MAIN SCREENING)

WED 18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)

THU 18:45– 20:30 (KIDS MOVIE)  
20:30 – 22:00 (MAIN SCREENING)

FRI 18:45– 20:30 (KIDS MOVIE)  
20:30 – 22:00 (MAIN SCREENING)

SAT 18:45 – 20:30 (KIDS MOVIE)  
20:30 – 22:00 (MAIN SCREENING)

SUN 18:45 – 20:30 (KIDS MOVIE)  
20:30 – 22:00 (MAIN SCREENING)

BARBIE MERMAID POWER  
ALPHA

THE ANGRY BIRDS MOVIE  
JULES

DESPICABLE ME 3

THE EMOJI MOVIE  
BRIGHTBURN

SPELLBOUND  
DJANGO UNCHAINED

THE CASAGRANDES MOVIE  
VENOM: THE LAST DANCE

OPEN SEASON SCARED SILLY  
ENOUGH

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

SHANTI BOUTIQUE

LIMITED TIME ONLY

20 %  
OFF

Sale

ON BOHO BEACH  
& BELLE ETOILE  
BRANDED GARMENTS

Easter  
FUN ADVENTURES

SCAN TO VIEW THE EASTER PROGRAM