

**CULINARY EXPERIENCES**

**STARS RESTAURANT**

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30  
LUNCH "À LA CARTE" | 12:30 – 14:30  
DINNER "À LA CARTE" | 18:30 – 22:00

MON 24<sup>TH</sup> TO SUN 30<sup>TH</sup> MAR



**ASIAN LOUNGE & FINE SUSHI AT STARS**  
LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

MON 24<sup>TH</sup> TO SUN 30<sup>TH</sup> MAR

(THU 27<sup>TH</sup> MAR CLOSED)

**RUM SHED BAR & GRILL**

DINNER 18:30 – 22:00  
À LA CARTE

MON 24<sup>TH</sup> TO SUN 30<sup>TH</sup> MAR

(WED 26<sup>TH</sup> MAR CLOSED)

LIVE GUITARIST – FRI 28<sup>TH</sup> MAR



**ARABIC CUISINE AT STARS**  
LUNCH "À LA CARTE" | 12:30 – 14:30  
DINNER "À LA CARTE" | 18:30 – 22:00

MON 24<sup>TH</sup> TO SUN 30<sup>TH</sup> MAR

(TUE 25<sup>TH</sup> MAR CLOSED)

**INDIAN DELIGHTS AT STARS**

LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

MON 24<sup>TH</sup> TO SUN 30<sup>TH</sup> MAR



**LA KAZE MAMA**

DINNER 18:30 – 22:00  
BUFFET

WED 26<sup>TH</sup> MAR | MAURITIAN CREOLE NIGHT – 1  
SUN 30<sup>TH</sup> MAR | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 26<sup>TH</sup> MAR

**FEET IN THE SAND**

DINNER 18:30 – 22:00  
BEACH BBQ GRILL

MON 24<sup>TH</sup> TO SUN 30<sup>TH</sup> MAR

(WED 26<sup>TH</sup> MAR CLOSED)



**LIVE PERFORMANCE**



**LIVE GUITARIST**

MON 24<sup>TH</sup> MAR 2025  
19:00 | AT STARS RESTAURANT

FRI 28<sup>TH</sup> MAR 2025  
19:00 | AT RUM SHED



**LIVE BAND**

TUE 25<sup>TH</sup> MAR 2025  
19:00  
AT STARS  
RESTAURANT



**LIVE SAXOPHONIST**

WED 26<sup>TH</sup> MAR 2025  
19:00  
AT STARS RESTAURANT



**SUNSET COCKTAIL WITH RESORT TEAM**

WED 26<sup>TH</sup> MAR 2025  
18:00  
LIVE SEGA SHOW  
18:30



**LIVE PIANO**

SAT 29<sup>TH</sup> MAR 2025  
19:00  
AT STARS  
RESTAURANT



Enjoy effortless dining!

**SCAN FOR YOUR ROOM SERVICE ORDER**

For further assistance, contact the Room Service team on EXT 7121

**HOW TO BOOK A TABLE?**

Contact the reception on extension 0  
Available upon reservation on a first-come first-serve basis

**FOOD CREDIT**

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

**DRESS CODE POLICY**

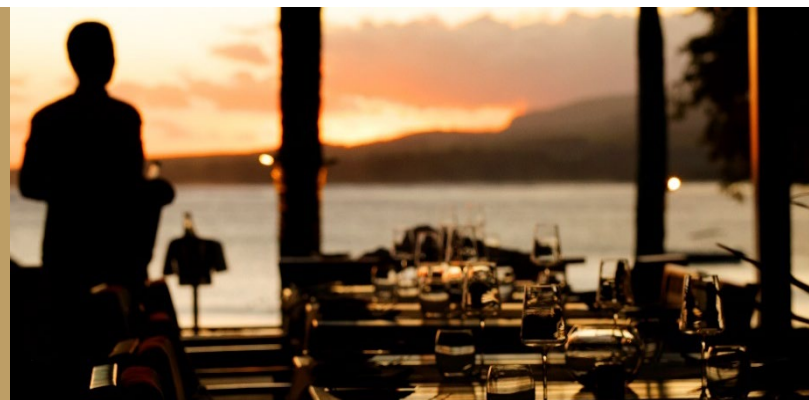
**BREAKFAST / LUNCH:**

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

**DINNER:**

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

Chic shorts allowed at Rum Shed.



**AVAILABLE EVERYDAY**

**BREAKFAST AT ITS BEST**

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

**AFTERNOON TEA**

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

**SUNSET SPECIALS**

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR



# SHANTI TIMES FROM MONDAY 24<sup>TH</sup> TO SUNDAY 30<sup>TH</sup> MARCH 2025

## WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 HATHA YOGA	08:15 WARRIOR STABILITY	08:15 VINYASA YOGA
11:00 PRANAYAMA	09:30 AERIAL YOGA	09:30 AERIAL YOGA
15:00 YOGA NIDRA	11:00 JOURNEY OF BREATH	11:00 PRANAYAMA
	14:00 GUIDED MEDITATION	14:00 MAT PILATES
	15:00 YOGA NIDRA	15:00 YOGA NIDRA
THURSDAY	FRIDAY	SATURDAY
08:15 YOGA FOR SPINE HEALTH	08:15 ASHTANGA YOGA	08:15 SUN SALUTATION
09:30 GUIDED MEDITATION	09:30 GUIDED MEDITATION	09:30 AERIAL YOGA
11:00 JOURNEY BREATH	11:00 PRANAYAMA	11:00 BEING MINDFUL
14:00 MAT PILATES	14:00 MAT PILATES	14:00 MAT PILATES
15:00 BEING MINDFUL	15:00 YOGA NIDRA	15:00 YOGA NIDRA
SUNDAY	SHANTI SPA SPECIALS	
08:15 HATHA YOGA	24 <sup>TH</sup> MAR BLISS 150MINS - MUR 15,900	
11:00 PRANAYAMA	25 <sup>TH</sup> MAR VANILLA MASSAGE 60MINS - MUR 6,600	
13:00 AERIAL YOGA	26 <sup>TH</sup> MAR CHAKRA BALANCING 90MINS - MUR 6,600	
14:00 MAT PILATES	27 <sup>TH</sup> MAR AERIAL YOGA 60MINS - MUR 3,000	
15:00 BEING MINDFUL	28 <sup>TH</sup> MAR BLISSFUL MARMA 60MINS - MUR 4,500	

■ WELLNESS AT SHANTI SPA    
 ■ MEETING POINT AT SHANTI SPA    
 ■ CHARGEABLE ACTIVITIES



## SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON ATP1000 - MIAMI OPEN DAY 6   17:00	SS TENNIS
MON FIFA WC QUALIFIERS 2025 - LITHUANIA VS FINLAND   18:50	SS PREMIER LEAGUE
WED ATP1000 - MIAMI OPEN QUARTER FINAL 1   21:00	SS TENNIS
FRI FNB VARSITY SHIELD ROUND 7   16:55	SS RUGBY
FRI MOTO GP - AMERICAS PRACTICE 1   17:40	SS MOTORSPORT
FRI EFL 24/25 - SHEFFIELD UNITED VS COVENTRY CITY   21:55	SS PREMIER LEAGUE
SAT SUNSHINE TOUR 24/25 - TOUR CHAMPIONSHIP DAY 3   13:00	SS GOLF
SAT FAC 24/25 QF - FULHAM VS CRYSTAL PALACE   14:05	SS PREMIER LEAGUE
SAT MOTO GP - AMERICAS QUALIFYING   19:40	SS MOTORSPORT
SUN FAC 24/25 QF - PRESTON NORTH END VS ASTON VILLA   14:20	SS PREMIER LEAGUE
SUN FAC 24/25 QF - AFC BOURNEMOUTH VS MANCHESTER CITY   17:20	SS PREMIER LEAGUE
SUN MOTO GP - AMERICAS RACE DAY   22:55	SS MOTORSPORT



## PEN AIR CINEMA



MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	EMOJI MOVIE UNDERWORLD BLOOD WARS
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BEE MOVIE THE ELECTRIC STATE
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	PLANKTON THE MOVIE
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	SECRET LIFE OF PETS THE SILENCE
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	PENGUINS THE MOVIE DEMON CITY
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	SECRET MAGIC CONTROL AGENCY SLUMBERLAND
SUN	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	MATHILDA MUSICAL FAMILY PACK

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

## SHANTI BOUTIQUE

LIMITED TIME ONLY  
**20% OFF**  
*Sale*  
ON BOHO BEACH & BELLE ETOILE  
BRANDED GARMENTS



## ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

### DAILY POOL CLEANING:

08:00 - 10:00  
10:00 - 12:30  
13:00 - 16:00  
For villa pool cleaning, please contact the Reception for your preferred times.

### WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00  
10:00 - 11:30  
12:30 - 16:00  
10:00 - 11:30  
12:30 - 16:00  
For Villa garden care, please contact the Reception for your preferred times.

### FOGGING EXERCISE:

08:00 - 11:30  
16:00 - 17:00

Spa | Main Pool | Kids Club  
Villa 201 - 207  
Villa 208 - 218

Surrounding Estate Garden  
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124

Suites 128 - 142

Daily Beach Maintenance

Daily

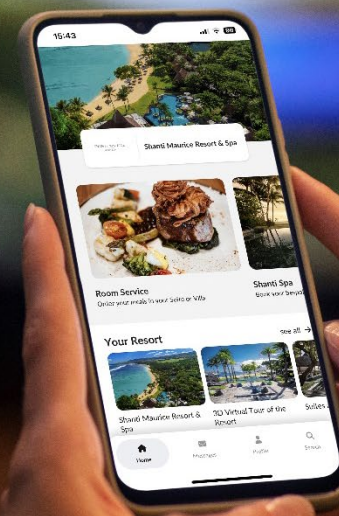
Changes due to weather possible with short term notice



APP STORE



PLAY STORE



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