

CULINARY EXPERIENCES



LIVE PERFORMANCE



STARS RESTAURANT
DAILY
BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00
 MON 17TH TO SUN 23RD MAR



ASIAN LOUNGE & FINE SUSHI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE
 MON 17TH TO SUN 23RD MAR
 (WED 20TH MAR CLOSED)

LIVE GUITARIST
 MON 17TH MAR 2025
 19:00 | AT STARS RESTAURANT
 FRI 21ST MAR 2025
 19:00 | AT RUM SHED



RUM SHED BAR & GRILL
DINNER 18:30 – 22:00
À LA CARTE
 MON 17TH TO SUN 23RD MAR
 (WED 19TH MAR CLOSED)
 LIVE GUITARIST – FRI 21ST MAR



ARABIC CUISINE AT STARS
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00
 MON 17TH TO SUN 23RD MAR
 (TUE 18TH MAR CLOSED)

LIVE BAND
 TUE 18TH MAR 2025
 19:00
 AT STARS RESTAURANT



LA KAZE MAMA
DINNER 18:30 – 22:00
BUFFET
 WED 19TH MAR | MAURITIAN CREOLE NIGHT – 1
 SAT 22ND MAR | MAURITIAN CREOLE NIGHT – 2
 LIVE SEGA SHOW – WED 19TH MAR



INDIAN DELIGHTS AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE
 MON 17TH TO SUN 23RD MAR

LIVE SAXOPHONIST
 WED 19TH MAR 2025
 19:00
 AT STARS RESTAURANT



FEET IN THE SAND
DINNER 18:30 – 22:00
BEACH BBQ GRILL
 MON 17TH TO SUN 23RD MAR
 (WED 19TH MAR CLOSED)



JUST THAI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE
 MON 17TH TO WED 19TH MAR
 (CLOSED FROM THU 20TH MAR)

SUNSET COCKTAIL WITH RESORT TEAM
 WED 19TH FEB 2025
 18:00
 LIVE SEGA SHOW
 18:30



LIVE PIANO
 SAT 22ND MAR 2025
 19:00
 AT STARS RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

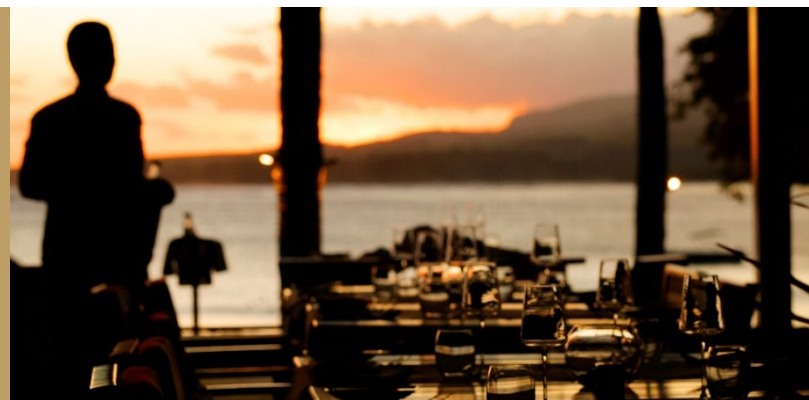
BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

Chic shorts allowed at Rum Shed.



AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | **EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)**

07:00 – 18:00 | **LONGSLEEPER ALL DAY BREAKFAST**

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | **FISH MARKET**

10:00 – 18:00 | **BEACH & POOL SERVICE**

24 HOURS | **IN-ROOM DINING (TRAY CHARGE APPLIES)**

AFTERNOON TEA

15:30 – 17:00 | **HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)**

SUNSET SPECIALS

16:30 – 17:00 | **RUM INITIATION AT RED GINGER BAR (CHARGEABLE)**

10:00 – 18:30 | **BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR**

SHANTI TIMES FROM MONDAY 17TH TO SUNDAY 23RD MARCH 2025

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 HATHA YOGA	08:15 SUN SALUTATION	08:15 ASHTANGA YOGA
09:30 AERIAL YOGA	09:30 AERIAL YOGA	09:30 AERIAL YOGA
11:00 PRANAYAMA	11:00 JOURNEY OF BREATH	11:00 PRANAYAMA
14:00 MAT PILATES	14:00 GUIDED MEDITATION	14:00 MAT PILATES
15:00 YOGA NIDRA	15:00 YOGA NIDRA	15:00 YOGA NIDRA

THURSDAY	FRIDAY	SATURDAY
08:15 YOGA FOR SPINE HEALTH	08:15 VINYASA YOGA	08:15 WARRIOR STABILITY
09:30 GUIDED MEDITATION	09:30 GUIDED MEDITATION	09:30 AERIAL YOGA
11:00 JOURNEY BREATH	11:00 PRANAYAMA	11:00 BEING MINDFUL
14:00 MAT PILATES	14:00 MAT PILATES	14:00 MAT PILATES
15:00 BEING MINDFUL	15:00 YOGA NIDRA	15:00 YOGA NIDRA

SUNDAY	SHANTI SPA SPECIALS
08:15 THERAPEUTIC YOGA	17 TH MAR BLISS 150MINS - MUR 15,900
11:00 PRANAYAMA	18 TH MAR VANILLA MASSAGE 60MINS - MUR 6,600
13:00 AERIAL YOGA	19 TH MAR CHAKRA BALANCING 90MINS - MUR 6,600
14:00 MAT PILATES	20 TH MAR AERIAL YOGA 60MINS - MUR 3,000
15:00 BEING MINDFUL	21 ST MAR BLISSFUL MARMA 60MINS - MUR 4,500

■ WELLNESS AT SHANTI SPA
 ■ MEETING POINT AT SHANTI SPA
 ■ CHARGEABLE ACTIVITIES



SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	VARSITY CUP 2025 - SU VS UCT 18:55	SS RUGBY
WED	ATP1000 - MIAMI OPEN DAY 1 17:00	SS TENNIS
THU	UNL 24/25 - P/O 1ST LEG - TURKIYE VS HUNGARY 18:50	SS PREMIER LEAGUE
THU	PGA TOUR - VALSPAR CHAMPIONSHIP DAY 1 20:00	SS GOLF
FRI	2026 FIFA WC QUALIFIERS UEFA - CYPRUS VS SAN MARINO 18:50	SS PREMIER LEAGUE
SAT	2026 FIFA WC QUALIFIERS UEFA - LIECHSTEIN VS NORTH MACADONIA 15:50	SS PREMIER LEAGUE
SAT	2026 FIFA WC QUALIFIERS UEFA - MOLDOVIA VS NORWAY 18:50	SS PREMIER LEAGUE
SUN	SUNSHINE TOUR - THE SERENGETI DAY 4 12:30	SS GOLF
SUN	WSL - WEST HAM UNITED VS TOTTENHAM HOTSPUR 13:55	SS FOOTBALL
SUN	WSL - MANCHESTER CITY VS CHELSEA 16:25	SS FOOTBALL
SUN	UNL 24/25 - SCOTLAND VS GREECE 18:50	SS PREMIER LEAGUE



PEN AIR CINEMA



MON	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BAD DINOSAURS DELICIOUS
TUE	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	PHANTOM PUPS SNIPER ULTIMATE KILL
WED	19:15 - 20:30 (KIDS MOVIE IN KIDS CLUB)	TARZAN AND JANE
THU	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	OGGY AD VITAM
FRI	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	DEE & FRIENDS IN OZ BACK IN ACTION
SAT	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	THE CUPHEAD SHOW 60 MINUTES
SUN	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	HORRID HENRY HOW IT ENDS

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

SHANTI BOUTIQUE

LIMITED TIME ONLY
20% OFF
Sale
ON BOHO BEACH & BELLE ETOILE
BRANDED GARMENTS



ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS
DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00
For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00
For Villa garden care, please contact the Reception for your preferred times.

08:00 - 11:30
12:30 - 16:00
08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124
Suites 128 - 142

Daily Beach Maintenance

Daily

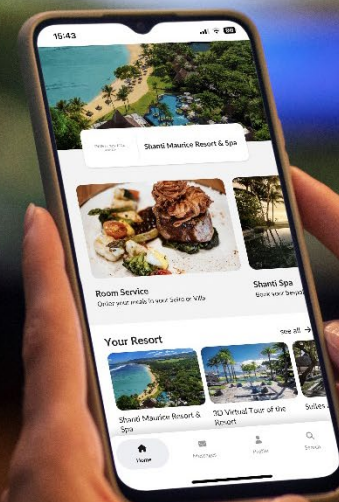
Changes due to weather possible with short term notice



APP STORE



PLAY STORE



DOWNLOAD
SHANTI
MAURICE APP!