

**CULINARY EXPERIENCES**

**STARS RESTAURANT**

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30  
LUNCH "À LA CARTE" | 12:30 – 14:30  
DINNER "À LA CARTE" | 18:30 – 22:00

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB



**RUM SHED BAR & GRILL**

DINNER 18:30 – 22:00  
À LA CARTE

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB

(WED 05<sup>TH</sup> FEB CLOSED)

LIVE GUITARIST – FRI 07<sup>TH</sup> FEB



**LA KAZE MAMA**

DINNER 18:30 – 22:00  
BUFFET

WED 05<sup>TH</sup> FEB | MAURITIAN CREOLE NIGHT – 1  
SAT 08<sup>TH</sup> FEB | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 05<sup>TH</sup> FEB



**FEET IN THE SAND**

DINNER 18:30 – 22:00  
BEACH BBQ GRILL

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB

(WED 05<sup>TH</sup> FEB CLOSED)



**ASIAN LOUNGE & FINE SUSHI AT STARS**

LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB

(THU 06<sup>TH</sup> FEB CLOSED)

**ARABIC CUISINE AT STARS**

LUNCH "À LA CARTE" | 12:30 – 14:30  
DINNER "À LA CARTE" | 18:30 – 22:00

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB

(TUE 04<sup>TH</sup> FEB CLOSED)

**INDIAN DELIGHTS AT STARS**

LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB

**JUST THAI AT STARS**

LUNCH 12:30 – 14:30  
DINNER 18:30 – 22:00  
À LA CARTE

MON 03<sup>RD</sup> TO SUN 09<sup>TH</sup> FEB

(FRI 07<sup>TH</sup> FEB CLOSED)



**LIVE PERFORMANCE**



**LIVE GUITARIST**

MON 04<sup>TH</sup> FEB 2025  
19:00 | AT STARS RESTAURANT

FRI 07<sup>TH</sup> FEB 2025  
19:00 | AT RUM SHED



**LIVE BAND**

TUE 04<sup>TH</sup> FEB 2025  
19:00  
AT STARS  
RESTAURANT



**LIVE SAXOPHONIST**

WED 05<sup>TH</sup> FEB 2025  
18:00  
AT MANAGEMENT COCKTAIL  
19:00  
AT STARS RESTAURANT



**SUNSET COCKTAIL WITH RESORT TEAM**

WED 05<sup>TH</sup> FEB 2025  
18:00  
LIVE SEGA SHOW  
18:30



**LIVE PIANO**

SAT 08<sup>TH</sup> FEB 2025  
19:00  
AT STARS  
RESTAURANT



**HOW TO BOOK A TABLE?**

Contact the reception on extension 0  
Available upon reservation on a first-come first-serve basis

**FOOD CREDIT**

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

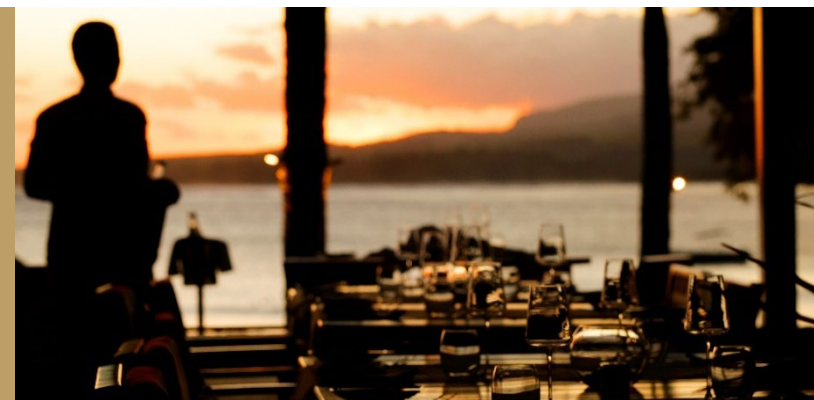
**DRESS CODE POLICY**

**BREAKFAST / LUNCH:**

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

**DINNER:**

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).



**AVAILABLE EVERYDAY**

**BREAKFAST AT ITS BEST**

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

**AFTERNOON TEA**

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

**SUNSET SPECIALS**

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR

# SHANTI TIMES FROM MONDAY 03<sup>RD</sup> TO SUNDAY 09<sup>TH</sup> FEBRUARY 2025

## WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR CORE	08:15 SUN SALUTATION	08:15 THERAPEUTIC YOGA
11:00 HIIT	11:00 HIIT	09:30 AERIAL YOGA
11:00 PRANAYAMA	11:00 PRANAYAMA	11:00 PRANAYAMA
11:45 MAT PILATES	11:45 MAT PILATES	11:00 FULL BODY FITNESS
12:45 CIRCUIT TRAINING	12:45 CIRCUIT TRAINING	12:45 CIRCUIT TRAINING
14:00 AERIAL YOGA	14:00 AERIAL YOGA	14:00 MAT PILATES
14:45 FULL BODY FITNESS	14:45 FULL BODY FITNESS	14:45 LEGS WORKOUT
15:00 YOGA NIDRA	15:00 YOGA NIDRA	15:00 YOGA NIDRA

THURSDAY	FRIDAY	SATURDAY
08:15 ASHTANGA YOGA	08:15 VINYASA YOGA	08:15 SUN SALUTATION
11:00 FULL BODY FITNESS	09:30 GUIDED MEDITATION	09:30 GUIDED MEDITATION
11:00 PRANAYAMA	11:00 FULL BODY FITNESS	11:00 HIIT
11:45 MAT PILATES	11:00 PRANAYAMA	11:00 BEING MINDFUL
12:45 CIRCUIT TRAINING	11:45 AERIAL YOGA	11:45 AERIAL YOGA
14:00 AERIAL YOGA	12:45 CIRCUIT TRAINING	14:00 MAT PILATES
14:45 LEGS WORKOUT	14:45 HIIT	14:45 FULL BODY FITNESS
15:00 YOGA NIDRA	15:00 BEING MINDFUL	15:00 YOGA NIDRA

SUNDAY	SHANTI SPA SPECIALS
08:15 MORNING STRETCHING	03 <sup>RD</sup> FEB BLISS 150MINS - MUR 15,900
11:00 FULL BODY FITNESS	04 <sup>TH</sup> FEB PARADISE MASSAGE 60MINS - MUR 4,500
15:00 HIIT	05 <sup>TH</sup> FEB CHAKRA BALANCING 90MINS - MUR 6,600
	06 <sup>TH</sup> FEB AERIAL YOGA 60MINS - MUR 3,000
	07 <sup>TH</sup> FEB BLISSFUL MARMA 60MINS - MUR 4,500

■ WELLNESS AT SHANTI SPA    
 ■ MEETING POINT AT SHANTI SPA    
 ■ CHARGEABLE ACTIVITIES



## SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	ATP500 - ABN AMRO OPEN DAY 1: NIGHT   20:30	SS TENNIS
MON	PL 24/25 - CHELSEA VS WEST HAM UNITED   21:50	SS PREMIER LEAGUE
WED	AFRICAN AMATEUR CHAMPIONSHIP DAY 1   13:00	SS GOLF
WED	CARABAO CUP 24/25 SF - NEWCASTLE UNITED VS ARSENAL   21:55	SS PREMIER LEAGUE
THU	DP WORLD TOUR 24/25 - QATAR MASTERS DAY 1   11:00	SS GOLF
FRI	FAC 24/25 - MANCHESTER UNITED VS LEICESTER CITY   21:50	SS PREMIER LEAGUE
SAT	FAC 24/25 - LEYTON ORIENT VS MANCHESTER CITY   14:50	SS PREMIER LEAGUE
SAT	FAC 24/25 - EVERTON VS AFC BOURNEMOUTH   16:50	SS PREMIER LEAGUE
SAT	FAC 24/25 - BIRMINGHAM CITY VS NEWCASTLE UNITED   19:35	SS PREMIER LEAGUE
SAT	FAC 24/25 - BRIGHTON & HOVE ALBION VS CHELSEA   21:50	SS PREMIER LEAGUE
SUN	FAC 24/25 - BLACKBURN ROVERS VS WOLVERHAMPTON WANDERERS   14:20	SS PREMIER LEAGUE
SUN	FAC 24/25 - PLYMOUTH ARGLE VS LIVERPOOL   16:50	SS PREMIER LEAGUE
SUN	FAC 24/25 - ASTON VILLA VS TOTTENHAM HOTSPUR   19:25	SS PREMIER LEAGUE



## PEN AIR CINEMA



MON	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BOSS BABY THE SENTINEL
TUE	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	GARFIELD SHOW THE SANDCASTLE
WED	19:15 - 20:30 (KIDS MOVIE IN KIDS CLUB)	DRAGONS
THU	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	PETER RABBIT THE DAY AFTER TOMORROW
FRI	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	PUP ACADEMY GLASS ONION
SAT	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	CAPTAIN UNDERPANTS SKYSCRAPER
SUN	19:15 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BATWHEELS HEART OF STONE

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

## SHANTI BOUTIQUE

LIMITED TIME ONLY  
**20% OFF**  
*Sale*  
ON BOHO BEACH & BELLE ETOILE  
BRANDED GARMENTS



## ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

**DAILY POOL CLEANING:**  
 08:00 - 10:00  
 10:00 - 12:30  
 13:00 - 16:00  
 For villa pool cleaning, please contact the Reception for your preferred times.

**WEEKLY MOWING & GARDEN CARE:**  
 08:00 - 10:00  
 10:00 - 11:30  
 12:30 - 16:00  
 10:00 - 11:30  
 12:30 - 16:00  
 For Villa garden care, please contact the Reception for your preferred times.

**FOGGING EXERCISE:**  
 16:00 - 17:00

Spa | Main Pool | Kids Club  
 Villa 201 - 207  
 Villa 208 - 218

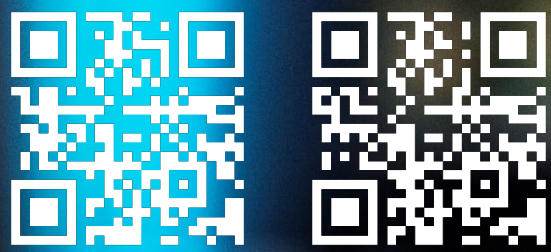
Surrounding Estate Garden  
 Villa 207 - 218

Villa 201 - 205

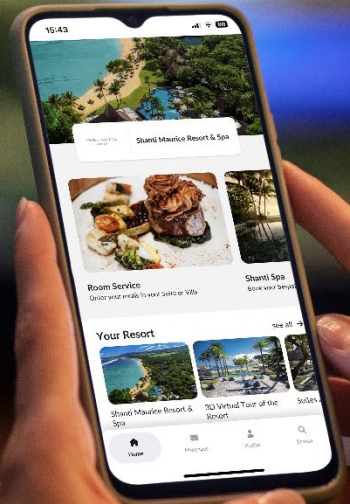
Suites 101 - 124  
 Suites 128 - 142  
 Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice



APP STORE     PLAY STORE



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