

SHANTI TIMES FROM MONDAY 23RD TO SUNDAY 29TH DECEMBER 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR CORE STRENGTH	08:15 MORNING STRETCHING	08:15 THERAPEUTIC YOGA
09:30 AERIAL YOGA	09:30 SUN SALUTATION	09:30 ASHTANGA YOGA
11:00 PRANAYAMA	11:00 JOURNEY OF BREATH	11:00 PRANAYAMA
14:00 HATHA YOGA	14:00 MAT PILATES	14:00 AERIAL YOGA
15:00 YOGA NIDRA	15:00 BEING MINDFUL	15:00 YOGA NIDRA

THURSDAY	FRIDAY	SATURDAY
08:15 ENERGETIC FLOW	08:15 VINYASA YOGA	08:15 MORNING STRETCHING
09:30 PRANAYAMA	09:30 MAT PILATES	11:00 MEDITATION
11:00 JOURNEY OF BREATH	11:30 JOURNEY OF BREATH	14:00 PRANAYAMA
14:00 UNWINDING FLOW	14:00 BEING MINDFUL	15:00 HATHA YOGA
15:00 YOGA NIDRA	15:00 SINGING BOWL MEDITATION	

SUNDAY	SHANTI SPA SPECIALS
08:15 THERAPEUTIC YOGA	23 RD DEC BLISS 150MINS - MUR 15,900
09:30 AERIAL YOGA	24 TH DEC SHANTI FUSION MASSAGE 60MINS - MUR 5,600
11:00 PRANAYAMA	25 TH DEC VANILLA MASSAGE 90MINS - MUR 6,600
14:00 HATHA YOGA	26 TH DEC SHANTIDHARA 90MINS - MUR 9,700
15:00 BEING MINDFUL	27 TH DEC PERSONALISED YOGA 60MINS - MUR 2,000

■ WELLNESS AT SHANTI SPA
 ■ AERIAL YOGA / ASHTANGA YOGA / BEING MINDFUL / HATHA YOGA / MAT PILATES / PRANAYAMA / SUN SALUTATION / UNWINDING FLOW AT SHANTI SPA (CHARGEABLE ACTIVITY)

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00
For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00
For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30
12:30 - 16:00
08:00 - 11:30

FOGGING EXERCISE:
16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Suites 101 - 124
Suites 128 - 142
Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

TUE	MACAU TENNIS MASTERS DAY 1 09:00	SS TENNIS
WED	MACAU TENNIS MASTERS DAY 2 09:00	SS TENNIS
THU	PL 24/25 - MANCHESTER CITY VS EVERTON 14:20	SS PREMIER LEAGUE
THU	PL 24/25 - CHELSEA VS FULHAM 16:50	SS PREMIER LEAGUE
THU	PL 24/25 - WOLVERHAMPTON VS MANCHESTER UNITED 19:20	SS PREMIER LEAGUE
THU	PL 24/25 - LIVERPOOL VS LEICESTER CITY 21:50	SS PREMIER LEAGUE
SUN	PL 24/25 - LEICESTER CITY VS MANCHESTER CITY 16:20	SS PREMIER LEAGUE
SUN	PL 24/25 - WEST HAM UNITED VS LIVERPOOL 19:05	SS PREMIER LEAGUE



SHANTI BOUTIQUE

LIMITED TIME ONLY
20% OFF
Sale
ON BOHO BEACH & BELLE ETOILE BRANDED GARMENTS

MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB) 20:30 - 22:00 (MAIN SCREENING)
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)
SUN	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)

PEN AIR CINEMA

CHRISTMAS ON MISTLETOE FARM BEST CHRISTMAS EVER FROZEN 2 A PARIS CHRISTMAS
HAPPY HOLIDAYS CHRISTMAS CHRONICLES A CASTLE FOR CHRISTMAS SCROOGE THE PRINCESS SWITCH SWITCHED AGAIN
THE GRINCH OPERATION CHRISTMAS DROP CHRISTMAS AGAIN ALMOST CHRISTMAS

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

Festive Highlights

MONDAY 23RD DECEMBER 2024

11:30 - 12:30 Kids Zumba at Shanti Kids Club
12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*
12:30 - 16:00 Ice Cream Cart at the Beach
13:00 - 14:30 Sushi Cooking Class at Asian Lounge*
13:00 - 16:00 Christmas Pastries & Beverages at Red Ginger
14:00 - 15:00 Muffin Making with Kids Club team
18:30 - 22:00 Rum & Bar Bites at Rum Shed*
**24h booking required & supplement applies*

TUESDAY 24TH DECEMBER 2024

10:00 - 11:00 Letter to Santa at Shanti Kids Club
11:00 - 12:00 Christmas Tree Decoration at Shanti Kids Club
12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*
12:30 - 16:00 Ice Cream Cart at the Beach
13:00 - 16:00 Christmas Pastries & Beverages at Red Ginger
13:00 - 14:30 Mauritian Cooking Class at La Kaze Mama*
14:00 - 15:00 Christmas Carol Sing Along at Shanti Kids Club
17:30 - 18:30 Mulled Wine & Christmas Canapes at Courtyard
18:00 - 18:15 Garuda Tree Lighting Ceremony at Reception along with Kids
18:15 - 18:30 Meeting Santa, Christmas Carol, Christmas Cake Cutting & Christmas Reception at Courtyard with Resort team
18:30 - 22:00 Christmas Eve Dinner at Stars restaurant
**24h booking required & supplement applies*

WEDNESDAY 25TH DECEMBER 2024

10:30 - 11:00 Yoga Fun at Shanti Kids Club
11:30 - 12:30 Water Brigade at Shanti Kids Club
12:30 - 16:00 Ice Cream Cart at the Beach
13:00 - 16:00 Christmas Pastries & Beverages at Red Ginger
14:00 - 15:00 Archery with Kids Club team

THURSDAY 26TH DECEMBER 2024

11:30 - 12:30 Pizza Making with Shanti Kids Club team
12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*
12:30 - 16:00 Ice Cream Cart at the Beach
13:00 - 15:00 Detox Beverages at Red Ginger Bar*
13:00 - 14:00 Thai Cooking Class at Asian Lounge*
14:00 - 15:00 Traditional Games at Shanti Kids Club
**24h booking required & supplement applies*

FRIDAY 27TH DECEMBER 2024

12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*
12:30 - 16:00 Ice Cream Cart at the Beach
14:00 - 15:00 Royal Baker at Shanti Kids Club
15:00 - 16:00 Fishing Fun at Shanti Kids Club
17:00 - 18:00 Cocktail Class (Shanti Mojito) at Red Ginger Bar*
**24h booking required & supplement applies*

SATURDAY 28TH DECEMBER 2024

11:30 - 12:30 Festive Craft Workshop at Shanti Kids Club
12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*
12:30 - 16:00 Ice Cream Cart at the Beach
13:00 - 14:30 Sushi Cooking Class at Asian Lounge*
15:00 - 16:00 Fishing Fun at Shanti Kids Club
17:00 - 18:00 Cocktail Class (Shanti Mojito) at Red Ginger Bar*
**24h booking required & supplement applies*

SUNDAY 29TH DECEMBER 2024

11:00 - 12:00 Message In A Bottle at Shanti Kids Club
12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*
12:30 - 16:00 Ice Cream Cart at the Beach
15:00 - 16:00 Ginger Bread Man Making & Decoration at Shanti Kids Club
17:00 - 18:00 Cocktail Class (Shanti Mojito) at Red Ginger Bar*
**24h booking required & supplement applies*

VIEW OUR FULL FESTIVE HIGHLIGHTS 2024/2025



CULINARY EXPERIENCES

STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 23RD TO SUN 29TH DEC

DINNER 18:30 – 22:00

BUFFET

TUE 24TH DEC | CHRISTMAS EVE BUFFET



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 23RD TO SUN 29TH DEC

FRI 27TH DEC | BEEF SET MENU

SUN 29TH DEC | SEAFOOD SET MENU

(TUE 24TH & WED 25TH DEC CLOSED)



LA KAZE MAMA

DINNER 18:30 – 22:00

BUFFET

WED 25TH DEC | MAURITIAN CREOLE NIGHT – 1

SAT 28TH DEC | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 25TH DEC



FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 23RD TO SUN 29TH DEC

(TUE 24TH DEC CLOSED)



ASIAN LOUNGE & FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 23RD TO SUN 29TH DEC

THU 26TH DEC | SUSHI SET MENU

(TUE 24TH DEC CLOSED)

ARABIC CUISINE AT STARS

LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 23RD TO SUN 29TH DEC

SUN 29TH DEC | ARABIC SET MENU

(TUE 24TH DEC CLOSED)

INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 23RD TO SUN 29TH DEC

WED 28TH DEC | INDIAN SET MENU

(TUE 24TH DEC CLOSED)

JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 23RD TO SUN 29TH DEC

MON 23TH DEC | THAI SET MENU

(TUE 24TH DEC CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 23RD DEC 2024

19:00 | AT STARS RESTAURANT

FRI 27TH DEC 2024

19:00 | AT RUM SHED



CHRISTMAS EVE COCKTAIL WITH RESORT TEAM

TUE 24TH DEC 2024 – 18:00

LIVE GUITARIST

CHRISTMAS CAROL BAND

LIVE SAXOPHONIST



LIVE SAXOPHONIST

WED 25TH DEC 2024

19:00

AT STARS RESTAURANT



LIVE SEGA SHOW

WED 25TH DEC 2024

19:00

AT LAKAZ MAMA



LIVE PIANO

SAT 28TH DEC 2024

19:00

AT STARS RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

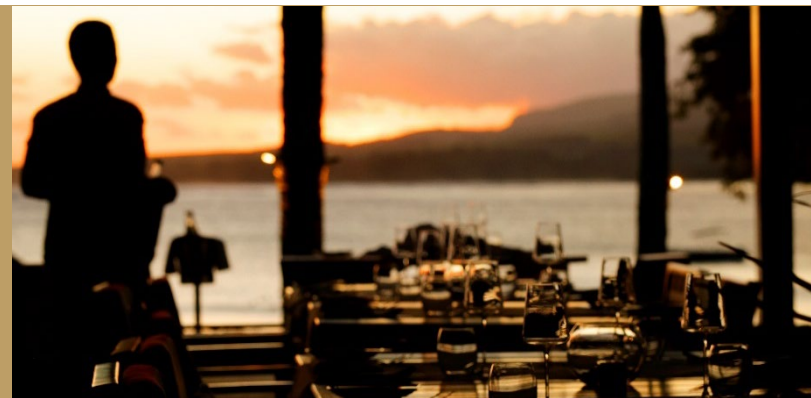
DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).



AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR