

SHANTI TIMES FROM MONDAY 16TH TO SUNDAY 22ND DECEMBER 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR ANXIETY ■	08:15 VINYASA YOGA ■	08:15 ASHTANGA YOGA ■
11:45 BEING MINDFUL ■	11:45 JOURNEY OF BREATH ■	11:45 PRANAYAMA ■
14:00 AERIAL YOGA ■	14:00 AERIAL YOGA ■	14:00 AERIAL YOGA ■
15:00 YOGA NIDRA ■	15:00 SINGING BOWL MEDITATION ■	15:00 BEING MINDFUL ■
THURSDAY	FRIDAY	SATURDAY
08:15 THERAPEUTIC YOGA ■	08:15 VINYASA ■	08:15 SUN SALUTATION ■
11:45 BEING MINDFUL ■	11:45 JOURNEY OF BREATH ■	11:45 PRANAYAMA ■
14:00 AERIAL YOGA ■	14:00 AERIAL YOGA ■	14:00 AERIAL YOGA ■
15:00 SINGING BOWL MEDITATION ■	15:00 YOGA NIDRA ■	15:00 YOGA NIDRA ■
SUNDAY	SHANTI SPA SPECIALS	
08:15 PRANAYAMA ■	16 TH DEC BLISS 150MINS - MUR 15,900	
11:00 BREATHING EXERCISE ■	17 TH DEC SHANTI FUSION MASSAGE 60MINS - MUR 5,600	
14:00 AERIAL YOGA ■	18 TH DEC VANILLA MASSAGE 90MINS - MUR 6,600	
15:00 BEING MINDFUL ■	20 TH DEC SHANTIDHARA 90MINS - MUR 9,700	
	22 ND DEC PERSONALISED YOGA 60MINS - MUR 2,000	

■ WELLNESS AT SHANTI SPA ■ AERIAL YOGA AT SHANTI SPA (CHARGEABLE ACTIVITY)

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00
For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00
For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30

12:30 - 16:00

08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124

Suites 128 - 142

Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON PL 24/25 - AFC BOURNEMOUTH VS WEST HAM UNITED | 21:50
WED NEXT GEN ATP FINALS - DAY 1 - MATCH 1 | 14:00
WED CARABAO CUP 24/25 - NEWCASTLE UNITED VS BRENTFORD | 21:40
THU SUNSHINE TOUR - AFRASIA BANK MAURITIUS OPEN DAY 1 | 12:30
THU UECL 24/25 - CHELSEA VS SHAMROCK | 21:55
THU CARABAO CUP 24/25 - TOTTENHAM VS MANCHESTER UNITED | 21:55
FRI SUNSHINE TOUR - AFRASIA BANK MAURITIUS OPEN DAY 2 | 11:30
FRI PNG CHAMPIONSHIP - PRO AM | 19:00
SAT SUNSHINE TOUR - AFRASIA BANK MAURITIUS OPEN DAY 3 | 13:00
SAT PL 24/25 - ASTON VILLA VS MANCHESTER CITY | 14:20
SAT PL 24/25 - WEST HAM UNITED VS BRIGHTON & HOVE ALBION | 16:50
SAT PL 24/25 - CRYSTAL PALACE VS ARSENAL | 19:20
SUN SUNSHINE TOUR - AFRASIA BANK MAURITIUS OPEN DAY 4 | 10:00
SUN PL 24/25 - MANCHESTER UNITED VS AFC BOURNEMOUTH | 15:50
SUN PL 24/25 - TOTTENHAM HOTSPUR VS LIVERPOOL | 18:20

SS PREMIER LEAGUE
SS TENNIS
SS PREMIER LEAGUE
SS GRANDSTAND
SS FOOTBALL
SS PREMIER LEAGUE
SS GRANDSTAND
SS GOLF
SS GRANDSTAND
SS PREMIER LEAGUE
SS PREMIER LEAGUE
SS PREMIER LEAGUE
SS GRANDSTAND
SS PREMIER LEAGUE
SS PREMIER LEAGUE



SHANTI BOUTIQUE



LIMITED TIME ONLY
20% OFF
Sale
ON BOHO BEACH & BELLE ETOILE
BRANDED GARMENTS

PEN AIR CINEMA

MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	GARFIELD MOVIE OUT LITTLE SECRET
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	ABOMINABLE TRANSFORMERS
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB) 18:45 - 20:30 (KIDS MOVIE)	FRED IN NAD SING
THU	20:30 - 22:00 (MAIN SCREENING)	DO YOU SEE WHAT I SEE TROLLS
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	ATLAS CHICKEN RUN
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BUMBLE BEE WISH DRAGON
SUN	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	KINGSMAN - THE SECRET SERVICE

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

Festive Highlights

SUNDAY 22ND DECEMBER 2024

08:15 - 09:15 Hatha Yoga at Shanti Spa
09:30 - 10:30 Initiation to Mat Pilates at Shanti Spa (Personal session)***
12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand
12:30 - 16:00 Ice Cream Cart at the Beach
13:00 - 16:00 Christmas Pastries & Beverages at Red Ginger
18:30 - 22:00 Arabic Set Menu at Stars restaurant*
18:30 - 22:00 Seafood Set Menu & A La Carte at Rum Shed*
18:30 - 22:00 Mauritian Creole Night 2 at La Kaze Mama*

*MUR 4,000 per person, food credit applies

**Depending on weather conditions

***Supplement of MUR 2,200 (Single) & MUR 3,600 (Couple)



VIEW OUR
FULL FESTIVE
HIGHLIGHTS
2024/2025

CULINARY EXPERIENCES

STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 16TH TO SUN 22ND DEC

LIVE GUITARIST – MON 16TH DEC

LIVE BAND – TUE 17TH DEC

LIVE SAXOPHONIST – WED 18TH DEC

LIVE PIANO – SAT 21ST DEC



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 16TH TO SUN 22ND DEC

SUN 22ND DEC | SEAFOOD SET MENU

(WED 18TH DEC CLOSED)

LIVE GUITARIST – FRI 20TH DEC



LA KAZE MAMA

DINNER 18:30 – 22:00
BUFFET

WED 18TH DEC | MAURITIAN CREOLE NIGHT – 1

SUN 22ND DEC | MAURITIAN CREOLE NIGHT – 2

LIVE SEGA SHOW – WED 18TH DEC



FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 16TH TO SUN 22ND DEC

(WED 18TH DEC CLOSED)



ASIAN LOUNGE & FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 16TH TO SAT 21ST DEC

(SUN 22ND DEC CLOSED)

ARABIC CUISINE AT STARS

LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 16TH TO SUN 22ND DEC

DINNER
 SUN 22ND DEC | ARABIC SET MENU

(TUE 17TH DEC CLOSED)

INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 16TH TO SUN 22ND DEC

JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 16TH TO SUN 22ND DEC

(FRI 20TH DEC CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 16TH DEC 2024
 19:00 | AT STARS RESTAURANT

FRI 20TH DEC 2024
 19:00 | AT RUM SHED



LIVE BAND

TUE 17TH DEC 2024

19:00

AT STARS
 RESTAURANT



LIVE SAXOPHONIST

WED 18TH DEC 2024

18:00

AT MANAGEMENT COCKTAIL

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 18TH DEC 2024

18:00

LIVE SEGA SHOW

18:30



LIVE PIANO

SAT 21ST DEC 2024

19:00

AT STARS
 RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).



AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR