

RESORT & SPA

FES Highlights TIVE



ි Sunday 22nd December 2024 දි

| 08:15 - 09:15 | Hatha Yoga at Shanti Spa |
|---------------|-------------------------------------------------|
| 09:30 - 10:30 | Initiation to Mat Pilates at Shanti Spa |
| | (Personal session)**** |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand* |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 13:00 - 16:00 | Christmas Pastries & Beverages at Red Ginger |
| 18:30 - 22:00 | Arabic Set Menu at Stars restaurant** |
| 18:30 - 22:00 | Seafood Set Menu & A La Carte at Rum Shed** |
| 18:30 - 22:00 | Mauritian Creole Night 2 at La Kaze Mama** |

19:00 - 20:30 Open Air Cinema with popcorn "Scrooge" with

Kids Club team***

Monday 23rd December 2024

| 09:30 - 10:30 | Aerial Yoga at Shanti Spa (Personal session)**** |
|---------------|--------------------------------------------------|
| 11:30 - 12:30 | Kids Zumba at Shanti Kids Club |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 13:00 - 16:00 | Christmas Pastries & Beverages at Red Ginger |
| 13:00 - 14:30 | Sushi Cooking Class at Asian Lounge* |
| 14:00 - 15:00 | Muffin Making with Kids Club team |
| 15:00 - 16:00 | Yoga Nidra at Shanti Spa |
| 18:30 - 22:00 | Thai Set Menu at Stars restaurant** |
| 18:30 - 22:00 | Rum & Bar Bites at Rum Shed* |
| 18:45 - 20:30 | Open Air Cinema with popcorn "Christmas on |
| | Mistletoe Farm" with Kids Club team*** |

^{*24}h booking required & supplement applies







💆 Tuesday 24th December 2024 🕙









09:30 - 10:30 Sun Salutation at Shanti Spa (Personal session)***

10:00 - 11:00 Letter to Santa at Shanti Kids Club

11:00 - 12:00 Christmas Tree Decoration at Shanti Kids Club

12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*

12:30 - 16:00 Ice Cream Cart at the Beach

13:00 - 16:00 Christmas Pastries & Beverages at Red Ginger

13:00 - 14:30 Mauritian Cooking Class at La Kaze Mama*

14:00 - 15:00 Christmas Carol Sing Along at Shanti Kids Club

17:30 - 18:30 Mulled Wine & Christmas Canapes at Courtyard

18:00 - 18:15 Garuda tree lighting ceremony at Reception along

with kids

18:15 - 18:30 Meeting Santa, Christmas Carol, Christmas Cake

Cutting & Christmas Reception at Courtyard with

Resort team

18:30 - 22:00 Christmas Eve Dinner at Stars restaurant

18:45 - 20:30 Open Air Cinema with popcorn "Frozen 2" with Kids

Club team**

| 29-30 - 10-30 | Ashtanga Yoga at Shanti Sna (Pe | ersonal session)*** |
|---------------|---------------------------------|---------------------|

| 09:30 - 10:30 | Ashtanga Yoga at Shanti Spa (Personal session)** |
|---------------|--------------------------------------------------|
| 10:00 - 11:00 | Yoga Fun with Shanti Kids Club team |

11:00 - 12:00 Pranayama/Yogic Breath at Shanti Spa

12:30 - 16:00 Ice Cream Cart at the Beach

11:30 - 12:30 Water Brigade at Shanti Kids Club

13:00 - 16:00 Christmas Pastries & Beverages at Red Ginger

15:00 - 16:00 Archery with Shanti Kids Club team

18:30 - 22:00 Mauritian Creole Night '1' with Live Sega Show at Lakaz

Mama restaurant**

18:45 - 20:30 Open Air Cinema with popcorn "Happy Holidays"

with Kids Club team**

^{*24}h booking required & supplement applies

^{**}MUR 4,000 per person, food credit applies

^{***}Depending on weather conditions

^{****}Supplement of MUR 2,200 (Single) & MUR 3,600 (Couple)

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Thursday 26th December 2024 5



Friday 27th December 2024 5

| | All I | |
|---------------|---------------|-----------------------------------------------------|
| 1 | 08:15 - 09:15 | Energetic Flow at Shanti Spa |
| | 09:30 - 10:30 | Pranayama at Shanti Spa (Personal session)**** |
| ŀ | 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand* |
| ĺ | 12:30 - 16:00 | Ice Cream Cart at the Beach |
| - Contraction | 11:30 - 12:30 | Pizza Making with Shanti Kids Club team* |
| 1 | 13:00 - 15:00 | Detox Beverages at Red Ginger Bar |
| | 13:00 - 14:30 | Thai Cooking Class at Asian Lounge* |
| | 16:00 - 17:00 | Traditional Games at Shanti Kids Club |
| | 18:30 - 22:00 | Sushi Set Menu at Stars restaurant** |
| | 18:45 - 20:30 | Open Air Cinema with popcorn "Christmas Chronicles" |
| | | with Kids Club team*** |

^{*24}h booking required & supplement applies

| 09:30 - 10:30 | Initiation to Mat Pilates at Shanti Spa |
|---------------|-----------------------------------------------------|
| | (Personal session)**** |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand* |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 14:00 - 15:00 | Royal Baker at Shanti Kids Club |
| 15:00 - 16:00 | Fishing Fun at Shanti Kids Club |
| 15:00 - 16:00 | Meditation at Shanti Spa |
| 17:00 - 18:00 | Cocktail Class (Shanti Mojito) at Red Ginger Bar* |
| 18:30 - 22:00 | Beef Set Menu & A La Carte at Rum Shed restaurant** |
| 18:45 - 20:30 | Open Air Cinema with popcorn "Scrooge" with |
| | Kids Club team*** |

^{*24}h booking required & supplement applies

Saturday 28th December 2024 5







| 08:15 - 09:15 | Morning Yoga Stretching at Shanti Spa |
|---------------|-------------------------------------------------------|
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand* |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 1130 - 12:30 | Festive Craft Workshop at Shanti Kids Club |
| 13.00 - 14:30 | Sushi Cooking Class at Asian Lounge* |
| 18:30 - 22:00 | Indian Set Menu at Stars restaurant** |
| 18:30 - 22:00 | Mauritian Creole Night '2' at Lakaz Mama restaurant** |
| 18:45 - 20:30 | Open Air Cinema with popcorn "The Grinch" with |
| | Kids Club team*** |

^{*24}h booking required & supplement applies

09:30 - 10:30 Aerial Yoga at Shanti Spa (Personal session)**** 12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*

11:00 - 12:00 Message In A Bottle at Shanti Kids Club

12:30 - 16:00 Ice Cream Cart at the Beach

15:00 - 16:00 Ginger bread man making & decoration at Shanti

Kids Club

15:00 - 16:00 Being Mindful at Shanti Spa

18:30 - 22:00 Arabic Set Menu at Stars restaurant**

18:30 - 22:00 Seafood Set Menu & A La Carte at Rum Shed**

18:45 - 20:30 Open Air Cinema with popcorn "Christmas Again"

with Kids Club team***

^{**}MUR 4,000 per person, food credit applies

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^{****}Supplement of MUR 2,200 (Single) & MUR 3,600 (Couple)

🦻 Monday 30th December 2024 🤄

08:15 - 09:15 Couples Yoga at Shanti Spa 09:30 - 10:30 Vinyasa Yoga at Shanti Spa (Personal session)**** 10:00 - 11:00 Scavenger Hunt at Shanti Kids Club 12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand 12:30 - 16:00 Ice Cream Cart at the Beach 13:00 - 14:30 Sushi Cooking Class at Asian Lounge* 16:00 - 17:00 New Year Wish Wand at Shanti Kids Club 18:30 - 22:00 Thai Set Menu at Stars restaurant** 18:30 - 20:00 Rum & Bar Bites at Rum Shed*

18:45 - 20:30 Open Air Cinema with popcorn "David and the Elves" with Kids Club team***

Tuesday 31st December 2024

| 08:15 - 09:15 | Morning Stretching at Shanti Spa |
|-----------------|---------------------------------------------------|
| 09:30 - 10:30 | Sun Salutation at Shanti Spa (Personal session)** |
| 10:00 - 11:00 | Sweet Hunt at Shanti Kids Club |
| 11:00 - 12:00 | Guided Meditation at Shanti Spa |
| 11:30 - 12:00 | Aqua Gym at Shanti Spa |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 14:00 - 15:00 | Mini Props Creation at Shanti Kids Club |
| 15:00 - 16:00 | Singing Bowl Meditation at Shanti Spa |
| 17:30 - 18:30 | New Year Cocktail Class at Red Ginger* |
| 19:00 - 20:00 | New Year's Eve Gala Reception at the Courtyard |
| | with Resort team |
| 20:00 - 22:00 | New Year's Eve Gala Buffet at Stars restaurant |
| 20:45 - 23:15 | Live band at Stars restaurant |
| 23:30 - 02:00 | Live DJ at Beach Lounge |
| 23:55 - 00:15 × | Countdown to 2025 with fireworks |

^{*24}h booking required & supplement applies

08:15 - 09:15 Ashtanga Yoga at Shanti Spa

⁹ Wednesday 01st January 2025 € ●



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|---------------|------------------------------------------------|
| 08:15 - 09:15 | Detox Yoga at Shanti Spa |
| 09:30 - 10:30 | Detox Yoga at Shanti Spa (Personal session)*** |
| 10:00 - 11:00 | Freeze Dance at Shanti Kids Club |
| 11:00 - 12:00 | Pranayama at Shanti Spa |
| 11:30 - 12:00 | Aqua Gym at Shanti Spa |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 13:00 - 15:00 | Detox Beverages at Red Ginger |
| 15:00 - 16:00 | Yoga Nidra at Shanti Spa |
| 18:30 - 22:00 | Mauritian Creole Night '1' at Lakaz Mama |
| | restaurant** |
| 18:45 - 20:30 | Open Air Cinema with popcorn "Vivo" with |
| | Kids Club team** |

^{*}MUR 4,000 per person, food credit applies





| 09:30 - 10:30 | Aerial Yoga at Shanti Spa (Personal session)**** |
|---------------|--------------------------------------------------|
| 10:00 - 12:00 | Water Balloon Fun & Frozen Mocktail at Shanti |
| | Kids Club |
| 11:00 - 12:00 | Pranayama at Shanti Spa |
| 11:30 - 12:00 | Archery at Rum Shed |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 13:00 - 14:30 | Thai Cooking Class at Stars restaurant* |
| 15:00 - 16:00 | Yoga Nidra at Shanti Spa |
| 17:00 - 18:00 | Cocktail Class (Shanti Mojito) at Red Ginger* |
| 18:45 - 20:30 | Open Air Cinema with popcorn "Sing 2" with |
| | Kids Club team*** |

^{*24}h booking required & supplement applies

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^{***}Depending on weather conditions

^{****}Supplement of MUR 2,200 (Single) & MUR 3,600 (Couple)

Friday 03rd January 2025

Saturday 04th January 2025

| 08:15 - 09:15 | Morning Stretching at Shanti Spa |
|---------------|-------------------------------------------------|
| 09:30 - 10:30 | Detox Yoga at Shanti Spa (Personal session)**** |
| 11:00 - 12:00 | Pranayama at Shanti Spa |
| 11:30 - 12:30 | Guided Meditation at Shanti Spa |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 13:00 - 14:30 | Mauritian Cooking Class at La Kaze Mama** |
| 14:00 - 15:00 | Wish List at Shanti Kids Club |
| 15:00 - 16:00 | Singing Bowl Meditation at Shanti Spa |
| 16:00 - 17:00 | Mocktail Creation with Shanti Kids Club team |
| 18:30 - 22:00 | Sushi Set Menu at Stars restaurant** |
| 18:45 - 20:30 | Open Air Cinema with popcorn "Wish Dragon" |
| | with Kids Club team*** |

| *24h booking required | & supplement applies |
|-----------------------|----------------------|
|-----------------------|----------------------|

^{**}MUR 4,000 per person, food credit applies

| 09:30 - 10:30 | Aerial Yoga at Shanti Spa (Personal session)**** |
|---------------|--------------------------------------------------|
| 11:00 - 12:00 | Pranayama at Shanti Spa |
| 11:30 - 12:30 | Guided Meditation at Shanti Spa |
| 12:30 - 14:30 | Seafood Lunch with Bubbles at Feet-In-The-Sand* |
| 12:30 - 16:00 | Ice Cream Cart at the Beach |
| 14:00 - 15:00 | Sorbet Rapee at Shanti Kids Club |
| 15:00 - 15:30 | Yoga Nidra at Shanti Spa |
| 18:30 - 22:00 | Indian Set Menu at Stars restaurant** |
| 18:45 - 20:30 | Open Air Cinema with popcorn "Sing" with |
| | |

^{*24}h booking required & supplement applies

Kids Club team***

Sunday 05th January 2025

09:30 - 10:30 Warrior Stability Yoga at Shanti Spa
(Personal session)****

12:30 - 14:30 Seafood Lunch with Bubbles at Feet-In-The-Sand*

12:30 - 16:00 Ice Cream Cart at the Beach

11:00 - 12:00 Kids Zumba at Shanti Kids Club

11:00 - 12:00 Pranayama at Shanti Spa

18:30 - 22:00 Arabic Set Menu at Stars restaurant**

18:30 - 22:00 Mauritian Creole Night '2' at Lakaz Mama restaurant**

18:45 - 20:30 Open Air Cinema with popcorn "Happy Holidays"

*24h booking required & supplement applies

**MUR 4,000 per person, food credit applies

***Depending on weather conditions

****Supplement of MUR 2,200 (Single) & MUR 3,600 (Couple)

with Kids Club team***

Shariti Kids Club

clivities
(CHARGES APPLICABLE)

Little Sushi Chef (Tuesdays & Thursdays)

Location: Asian Lounge
Duration: 1 hour
MUR 1,100 per kid

Swimming lesson for Kids at the Main Pool / Villa

Booking: 48hours in advance 30mins - MUR 2,200 per kid 45mins - MUR 2,800 per kid

ioninis - wor 2,000 per kit



Relaxing Foot Massage-15mins | MUR 900

Scalp Massage - 15mins | MUR 900

Junior Facial - 30mins | MUR 1,800

Oatmeal & Honey Body Scrub - 30mins | MUR 1,500

Yoga for Children - 45mins | MUR 2,500

Pretty Hands & Feet - 30mins | MUR 1,800

Relaxing Massage-60mins | MUR 3,500





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^{****}Supplement of MUR 2,200 (Single) & MUR 3,600 (Couple)

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SHANTI



DIVINE BEACH DINNER*

Savor an exquisite beachfront feast with your loved one on the beach or in your villa, where gourmet dishes meet ocean vistas for a divine dining experience.

> 18:30 - 22:00 EUR 590 for two persons (24 hours pre-booking required)



CANDLE-LIT DINNER*

Experience romance with a candle-lit dinner on the beach, blending soft lights, gentle waves, personalised service and mouthwatering dishes.

18:30 - 22:00 EUR 155 for two persons (24 hours pre-booking required)



FEET IN THE SAND*

Dine with your feet in the sand, enjoying a unique beachside restaurant experience with your loved ones enjoying sumptuous meals and serene ambiance.

> 18:30 - 22:00 Food credit applicable** (24 hours pre-booking required)



ROMANCE UNDER THE STARS*

Indulge in a romantic under-the-stars dining experience with your loved one, featuring a peaceful atmosphere and exquisite cuisine from our talented chefs.

18:30 - 22:00 EUR 290 for two persons (24 hours pre-booking required)

For bookings, please contact the Reception by dialing 'O'

Terms & conditions:

(*) Open on selected days of the week, please consult our Shanti Times As an outdoor venue, outlet can be closed in the event of foreseen bad weather forecast

(**) Food credit of MUR 4,000 per meal per person, is applicable for guests on Half-Board (HB) | Full-Board (FB) | All-Inclusive (Al). Any consumptions beyond that will be charged accordingly.

Food Gredit is non-refundable and non-transferable.

