



## **WEIGHT MANAGEMENT**

Shanti Spa offers a life-changing destination weight loss program intended for guests determined to live happier and healthier lives. The program is a safe and effective way in which to lose those extra inches. For our guests, losing weight is not the goal - it's the result of learning how to enjoy a healthier lifestyle to bring home. A new way to live shaped through optimal fitness, yoga and treatments.

## PUBLIC RATES IN INTERNATIONAL CURRENCIES 01st NOVEMBER 2024 UNTIL 31st OCTOBER 2025

| NAME OF TREATMENT   | MINUTES | 7 NIGHTS   | 14 NIGHTS   |
|---|---------|------------|-------------|
| Wellness consultation   | 30      | 1          | 1           |
| Fitness Consultation  | 30      | 1          | 1           |
| Fitness Training  | 60      | 3          | 6           |
| Abhyanga Ayurvedic massage  | 60      | 1          | 2           |
| Shanti Fusion massage   | 90      |            | 1           |
| Lymphatic Drainage  | 60      | 1          | 2           |
| Udwarthana Body Scrub   | 45      | 2          | 2           |
| Cellulite Mud Wrap  | 60      | 1          | 2           |
| Deep Tissue massage   | 90      | 1          | 1           |
| Aromatherapy massage  | 90      |            | 1           |
| Yoga  | 60      | 4          | 5           |
| Aerial Yoga   | 30      | 1          | 2           |
| Lifestyle recommendation  | 30      | 1          | 1           |
| Total minutes per package   |         | 900mins    | 1,620mins   |
| Price per person quoted in Public Rates in € (EURO)                         |         | € 1,947    | € 3,663     |
| Price per person quoted in Public Rates in ₤ (GBP   British pound sterling) |         | € 1,663    | € 3,128     |
| Price per person quoted in Public Rates in \$ (USD   US DOLLAR)             |         | \$ 2,085   | \$ 3,923    |
| Price per person quoted in Public Rates in MUR (Mauritian Rupee)            |         | MUR 97,350 | MUR 183,150 |

## $\label{thm:please contact} Please \ contact \ our \ Spa \ team \ for \ a \ personalized \ consultation \ or \ further \ information.$

## Terms and Conditions:

- This package is valid from 01st November 2024 until 31st October 2025
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- $\boldsymbol{\cdot} \text{ Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government} \\$