

SHANTI TIMES FROM MONDAY 25TH NOVEMBER TO SUNDAY 01ST DECEMBER 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR ANXIETY	08:15 VINYASA YOGA	08:15 YOGA STRETCHING
11:00 AQUA GYM	11:00 HIIT	11:00 PRANAYAMA
11:00 BEING MINDFUL	11:00 JOURNEY OF BREATH	14:00 FULL BODY FITNESS
15:00 ZUMBA	15:00 BURNS & ABS	15:00 CIRCUIT TRAINING
15:00 YOGA NIDRA	15:00 PRANAYAMA	
THURSDAY	FRIDAY	SATURDAY
08:15 THERAPEUTIC YOGA	08:15 VINYASA	08:15 SUN SALUTATION
11:00 FULL BODY FITNESS	11:00 JOURNEY OF BREATH	11:00 PRANAYAMA
11:00 BEING MINDFUL	11:00 AQUA GYM	11:00 CIRCUIT TRAINING
14:00 AERIAL YOGA	14:00 AERIAL YOGA	14:00 AERIAL YOGA
15:00 SINGING BOWL MEDITATION	15:00 HIIT	15:00 YOGA NIDRA
15:00 ZUMBA	15:00 YOGA NIDRA	15:00 ZUMBA
SUNDAY	SHANTI SPA SPECIALS	
08:15 ASHTANGA	25 TH NOV COUPLES CONNECT 150MINS - MUR 15,900	
11:00 BEING MINDFUL	26 TH NOV SHANTI FUSION MASSAGE 60MINS - MUR 5,600	
14:00 AERIAL YOGA	27 TH NOV CHAKRA BALANCING 90MINS - MUR 6,600	
15:00 SINGING BOWL MEDITATION	29 TH NOV ABHYDHARA 90MINS - MUR 9,700	
	30 TH NOV PERSONALISED YOGA 60MINS - MUR 2,000	

■ WELLNESS AT SHANTI SPA
 ■ AERIAL YOGA & FULL BODY FITNESS AT SHANTI SPA (CHARGEABLE ACTIVITY)

■ AQUA GYM / BURNS & ABS / CIRCUIT TRAINING / HIIT / ZUMBA - MEETING POINT AT SHANTI SPA

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00	Spa Main Pool Kids Club
10:00 - 12:30	Villa 201 - 207
13:00 - 16:00	Villa 208 - 218

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00	Surrounding Estate Garden
10:00 - 11:30	Villa 207 - 218
12:30 - 16:00	
10:00 - 11:30	Villa 201 - 205
12:30 - 16:00	

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30	Suites 101 - 124
12:30 - 16:00	Suites 128 - 142
08:00 - 11:30	Daily Beach Maintenance

FOGGING EXERCISE:

16:00 - 17:00	Daily
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Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	PL 24/5 - NEWCASTLE UNITED VS WEST HAM UNITED 21:50	SS PREMIER LEAGUE
TUE	UYYL 24/25 - BAYERN MUNICH VS PARIS SAINT-GERMAIN 16:55	SS FOOTBALL
TUE	UCL 24/25 - SLOVAN BRATISLAVA VS AC MIALN 19:40	SS PREMIER LEAGUE
WED	UCL 24/25 - LIVERPOOL VS REAL MADRID 21:55	SS PREMIER LEAGUE
THU	ASIAN TOUR - INTERNATIONAL SERIES QATAR DAY 2 11:00	SS PREMIER LEAGUE
THU	UECL 24/25 - HEIDENHEIM VS CHELSEA 19:40	SS PREMIER LEAGUE
FRI	PL 24/25 - BRIGHTON & HOVE ALBION VS SOUTHAMPTON 21:50	SS PREMIER LEAGUE
SAT	PL 24/25 - CRYSTAL PALACE VS NEWCASTLE UNITED 16:50	SS PREMIER LEAGUE
SAT	URC 24/25 - ROUND 7 : HOLLYWOOD SHARKS VS DHL STOMERS 16:55	SS GRANDSTAND
SAT	PL 24/25 - WEST HAM UNITED VS ARSENAL 19:20	SS PREMIER LEAGUE
SUN	PL 24/25 - MANCHESTER UNITED VS EVERTON 15:20	SS PREMIER LEAGUE
SUN	FORMULA ONE: QATAR RACE 17:55	SS MOTORSPORT

PEN AIR CINEMA



MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	TROLLS ALITA - BATTLE ANGEL
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	TURBO HIDDEN FIGURES
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	PENGUINS THE MOVIE
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	MADAGASCAR ESCAPE 2 AFRICA ORDINARY ANGELS
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	THE WILLOUGHBYS BIG FAT LIAR
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	PONYO RESORT TO LOVE
SUN	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	NIMONA HELL BOY

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

SHANTI BOUTIQUE



LIMITED TIME ONLY
20% OFF
Sale
ON CASHMERE



SCAN TO VIEW OUR FESTIVE HIGHLIGHTS 2024 - 2025

CULINARY EXPERIENCES

STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 25TH NOV TO SUN 01ST DEC

LIVE GUITARIST – MON 25TH NOV

LIVE BAND – TUE 26TH NOV

LIVE SAXOPHONIST – WED 27TH NOV

LIVE PIANO – SAT 30TH NOV



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 25TH NOV TO SUN 01ST DEC

(WED 27TH NOV CLOSED)

LIVE GUITARIST – FRI 29TH NOV



ARABIC CUISINE AT STARS

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 25TH NOV TO SUN 01ST DEC

(TUE 26TH NOV CLOSED)



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 25TH NOV TO SUN 01ST DEC



JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 25TH NOV TO SUN 01ST DEC

(WED 27TH NOV CLOSED)



SCAN THE QR CODE TO TRY SHANTI'S IRRESISTIBLE FRIED CHICKEN



LIVE PERFORMANCE



LIVE GUITARIST

MON 25TH NOV 2024
 19:00 | AT STARS RESTAURANT

FRI 29TH NOV 2024
 19:00 | AT RUM SHED



LIVE BAND

TUE 26TH NOV 2024

19:00

AT STARS
 RESTAURANT



LIVE SAXOPHONIST

WED 27TH NOV 2024

17:30

AT MANAGEMENT COCKTAIL

19:00

AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 27TH NOV 2024

17:30

LIVE SEGA SHOW

18:00



LIVE PIANO

SAT 30TH NOV 2024

19:00

AT STARS
 RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR