

CULINARY EXPERIENCES

STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 02ND TO SUN 08TH DEC

LIVE GUITARIST – MON 02ND DEC

LIVE BAND – TUE 03RD DEC

LIVE SAXOPHONIST – WED 04TH DEC

LIVE PIANO – SAT 07TH DEC

RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 02ND TO SUN 08TH DEC

(WED 04TH DEC CLOSED)

LIVE GUITARIST – FRI 06TH DEC

LA KAZE MAMA

DINNER 18:30 – 22:00
BUFFET

WED 04TH DEC | MAURITIAN CREOLE NIGHT - 1

SUN 08TH DEC | MAURITIAN CREOLE NIGHT - 2

LIVE SEGA SHOW – WED 04TH DEC

FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 02ND TO SUN 08TH DEC

(WED 04TH DEC CLOSED)



SCAN THE QR CODE TO TRY SHANTI'S IRRESISTIBLE FRIED CHICKEN



LIVE PERFORMANCE



LIVE GUITARIST

MON 02ND DEC 2024
 19:00 | AT STARS RESTAURANT

FRI 06TH DEC 2024
 19:00 | AT RUM SHED



LIVE BAND

TUE 03RD DEC 2024
 19:00
 AT STARS
 RESTAURANT



LIVE SAXOPHONIST

WED 04TH DEC 2024
 17:30
 AT MANAGEMENT COCKTAIL
 19:00
 AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 04TH DEC 2024
 17:30
 LIVE SEGA SHOW
 18:00



LIVE PIANO

SAT 07TH DEC 2024
 19:00
 AT STARS
 RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 4,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 02ND TO SUNDAY 08TH DECEMBER 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR ANXIETY	08:15 VINYASA YOGA	08:15 ASHTANGA YOGA
11:00 AQUA GYM	11:00 HIIT	11:00 PRANAYAMA
11:00 BEING MINDFUL	11:00 JOURNEY OF BREATH	14:00 AERIAL YOGA
15:00 ZUMBA	15:00 BURNS & ABS	15:00 BEING MINDFUL
15:00 YOGA NIDRA	15:00 PRANAYAMA	

THURSDAY	FRIDAY	SATURDAY
08:15 THERAPEUTIC YOGA	08:15 VINYASA	08:15 SUN SALUTATION
11:00 FULL BODY FITNESS	11:00 JOURNEY OF BREATH	11:00 PRANAYAMA
11:00 BEING MINDFUL	11:00 AQUA GYM	11:00 CIRCUIT TRAINING
14:00 AERIAL YOGA	14:00 AERIAL YOGA	14:00 AERIAL YOGA
15:00 SINGING BOWL MEDITATION	15:00 HIIT	15:00 YOGA NIDRA
15:00 ZUMBA	15:00 YOGA NIDRA	15:00 BURNS & ABS

SUNDAY	SHANTI SPA SPECIALS
08:15 VINYASA YOGA	02 ND DEC COUPLES CONNECT 150MINS - MUR 15,900
11:00 YOGA STRETCHING	03 RD DEC SHANTI FUSION MASSAGE 60MINS - MUR 5,600
14:00 FULL BODY FITNESS	05 TH DEC CHAKRA BALANCING 90MINS - MUR 6,600
15:00 ZUMBA	07 TH DEC ABHYDHARA 90MINS - MUR 9,700
	07 TH DEC PERSONALISED YOGA 60MINS - MUR 2,000

■ WELLNESS AT SHANTI SPA
 ■ AERIAL YOGA & FULL BODY FITNESS AT SHANTI SPA (CHARGEABLE ACTIVITY)

■ AQUA GYM / BURNS & ABS / CIRCUIT TRAINING / HIIT / ZUMBA - MEETING POINT AT SHANTI SPA

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS
DAILY POOL CLEANING:

08:00 - 10:00
 10:00 - 12:30
 13:00 - 16:00
 For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
 10:00 - 11:30
 12:30 - 16:00
 10:00 - 11:30
 12:30 - 16:00
 For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30
 12:30 - 16:00
 08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club
 Villa 201 - 207
 Villa 208 - 218

Surrounding Estate Garden
 Villa 207 - 218

Villa 201 - 205

Suites 101 - 124
 Suites 128 - 142

Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	FIH PRO LEAGUE: WOMEN - BELGIUM VS ENGLAND 13:30	SS GRANDSTAND
TUE	PL 24/25 - IPSWICH TOWN VS CRYSTAL PALACE 21:20	SS PREMIER LEAGUE
WED	ASIAN TOUR - PIF SAUDI INTERNATIONAL DAY 1 10:30	SS GOLF
WED	PL 24/25 - MANCHESTER CITY VS NOTTINGHAM FOREST 21:20	SS FOOTBALL
THU	PL 24/25 - AFC BOURNEMOUTH VS TOTTENHAM HOTSPUR 22:05	SS PREMIER LEAGUE
FRI	FORMULA ONE - ETIHAD AIRWAYS ABU DHABI PRACTICE 2 14:45	SS MOTORSPORT
FRI	PGA TOUR - HERO WORLD CHALLENGE DAY 2 20:30	SS GOLF
SAT	PL 24/25 - EVERTON VS LIVERPOOL 14:20	SS PREMIER LEAGUE
SAT	PL 24/25 - CRYSTAL PALACE VS MANCHESTER CITY 16:50	SS PREMIER LEAGUE
SAT	PL 24/25 - MANCHESTER UNITED VS NOTTINGHAM FOREST 19:20	SS PREMIER LEAGUE
SUN	PL 24/25 - FULHAM VS ARSENAL 15:50	SS PREMIER LEAGUE
SUN	FORMULA ONE - ETIHAD AIRWAYS ABU DHABI RACE 16:55	SS MOTORSPORT
SUN	PL 24/25 - TOTTENHAM HOTSPUR VS CHELSEA 18:20	SS PREMIER LEAGUE



PEN AIR CINEMA



MON	TUE	WED	THU	FRI	SAT	SUN
18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB) 18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)
THE CASAGRANDES MOVIES TAROT	THE FAIRLY OLD PARENTS SLUMBERLAND	ARLO THE ALLIGATOR PENGUINS THE MOVIE TRUE SPIRIT	SPELLBOUND FINDING OHANA	KUNG FU PANDA 3 THE HUNT	ANIMAL CRACKERS THE CAGE	

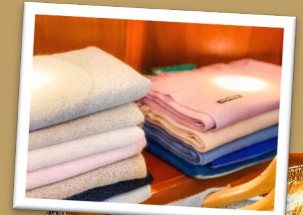
In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

SHANTI BOUTIQUE

LIMITED TIME ONLY

20%
OFF

Sale
ON CASHMERE



SCAN TO VIEW OUR FESTIVE HIGHLIGHTS 2024 - 2025