

# SHANTI SPA

MAURICE



## AYURVEDIC REJUVENATION AND IMMUNITY BOOSTER PACKAGE

Ayurvedic Rejuvenation and Immunity Booster Package is designed with the aim of restoring the vitality of the body by eliminating toxins through traditional cleansing treatments and by enhancing the body immunity through the combination of Ayurvedic treatments, body type based diet and Yoga. In this programme we work on the proper activity pattern and food habits to lead a healthy life based on the principles of Ayurveda.

### PUBLIC RATES IN INTERNATIONAL CURRENCIES 01st NOVEMBER 2024 UNTIL 31st OCTOBER 2025

| NAME OF TREATMENT   | MINUTES | 7 NIGHTS    | 14 NIGHTS   | 21 NIGHTS   |
|---|---------|-------------|-------------|-------------|
| Wellness consultation   | 30      | 1           | 2           | 3           |
| Dosha Specific Ayurveda treatment   | 60      | 7           | 14          | 21          |
| Reiki energy healing  | 60      | 2           | 3           | 3           |
| Hatha Yoga  | 60      | 2           | 2           | 3           |
| Personalized Meditation   | 30      | 1           | 3           | 4           |
| Jala neti / Prayanama   | 30      | 1           | 1           | 2           |
| Mukha Lepa Ayurvedic Facial   | 60      | 1           | 1           | 1           |
| Foot Reflexology  | 45      |             | 1           | 2           |
| Abhyanga Ayurvedic massage  | 60      |             | 1           | 2           |
| Abhydhara – 4 Handed  | 90      |             | 1           | 2           |
| Indian Head massage   | 30      |             | 1           | 2           |
| Lifestyle recommendation  | 30      | 1           | 1           | 1           |
| Total minutes per package   |         | 840mins     | 1,635mins   | 2,430mins   |
| Price per person quoted in Public Rates in € (EURO)                         |         | € 2,123     | € 4,384     | € 6,413     |
| Price per person quoted in Public Rates in £ (GBP   British pound sterling) |         | £ 1,813     | £ 3,744     | £ 5,477     |
| Price per person quoted in Public Rates in \$ (USD   US DOLLAR)             |         | \$ 2,274    | \$ 4,695    | \$ 6,868    |
| Price per person quoted in Public Rates in MUR (Mauritian Rupee)            |         | MUR 106,150 | MUR 219,200 | MUR 320,650 |

Please contact our Spa team for a personalized consultation or further information.

#### Terms and Conditions:

- This package is valid from 01st November 2024 until 31st October 2025
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes  
Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government