

BODY PURIFICATION (PANCHAKARM) PACKAGE

The traditional science of Ayurvedic Panchakarma offers the most natural and complete cleansing. The Ayurveda system of medicine believes an illness can be treated and prevented through a combination of Panchakarma therapy and nutrition. It is the ideal method of detoxifying and rejuvenating the body, mind and healing from within and also restores balance to the Doshas.

PUBLIC RATES IN INTERNATIONAL CURRENCIES
01st NOVEMBER 2024 UNTIL 31st OCTOBER 2025

NAME OF TREATMENT	MINUTES	14 NIGHTS	21 NIGHTS
Wellness consultation	30	2	3
Medicated Ghee drinking	45	3	5
Abhyanga	60	2	4
Choornaswedana	60	3	3
Udwartana	45	3	4
Pizhichil	60	2	3
Narangakizhi	60	3	5
Navarakizhi	60	3	3
Jhanu Vasti	45	1	1
Kashayadhara	90	1	1
Kati Vasti	45	1	2
Ksheeradhara (Medicated Milk Treatment)	90	1	1
Mukha Lepa	60	1	1
Shirodhara	60	1	1
Prista Vasti	45	1	1
Tarpana (eye nourishing therapy)	45	1	1
Gandusa/Kavala (oil pulling)	45		1
Greeva vasti	45		1
Jal Neti	45	1	1
Virechana	45	1	1
Snehavasti	45	2	2
Aqua Gym (45mins) Hot Yoga (45mins)	90	1	1
Nasyam	60	2	1
Personal Yoga Sessions	60	3	4
Breathing sessions and Yoga Nidra	60	4	6
Total minutes/hours per package		2,340mins	3,120mins
Total session		40	55
Price per person quoted in Public Rates in € (EURO)		€ 5,731	€ 7,772
Price per person quoted in Public Rates in £ (GBP British pound sterling)		£ 4,894	£ 6,637
Price per person quoted in Public Rates in \$ (USD US DOLLAR)		\$ 6,138	\$ 8,324
Price per person quoted in Public Rates in MUR (Mauritian Rupee)		MUR 286,550	MUR 388,600

Please contact our Spa team for a personalized consultation or further information.

Terms and Conditions:

- This package is valid from 01st November 2024 until 31st October 2025
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes
Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government