

CULINARY EXPERIENCES

STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 21ST TO SUN 27TH OCT

LIVE GUITARIST – MON 21ST OCT
 LIVE BAND – TUE 22ND OCT
 LIVE SAXOPHONIST – WED 23RD OCT
 LIVE PIANO – SAT 26TH OCT

RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 21ST TO SAT 26TH OCT

(WED 23RD & SUN 27TH OCT CLOSED)

LIVE GUITARIST – FRI 25TH OCT

LA KAZE MAMA

DINNER 18:30 – 22:00
BUFFET

WED 23RD OCT | MAURITIAN CREOLE NIGHT - 1
 SUN 27TH OCT | MAURITIAN CREOLE NIGHT - 2

LIVE SEGA SHOW – WED 23RD OCT

FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 21ST TO SUN 27TH OCT

(WED 23RD OCT CLOSED)



ASIAN LOUNGE & FINE SUSHI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 21ST TO SAT 26TH OCT

(SUN 27TH OCT CLOSED)

ARABIC CUISINE AT STARS
BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 21ST TO SUN 27TH OCT

(TUE 22ND OCT CLOSED)

INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 21ST TO SUN 27TH OCT

JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 21ST TO SUN 27TH OCT

(WED 23RD OCT CLOSED)



SCAN THE QR CODE TO TRY SHANTI'S IRRESISTIBLE FRIED CHICKEN



LIVE PERFORMANCE



LIVE GUITARIST

MON 21ST OCT 2024
 19:00 | AT STARS RESTAURANT

FRI 25TH OCT 2024
 19:00 | AT RUM SHED



LIVE BAND

TUE 22ND OCT 2024
 19:00
 AT STARS RESTAURANT



LIVE SAXOPHONIST

WED 23RD OCT 2024
 17:30
 AT MANAGEMENT COCKTAIL
 19:00
 AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 23RD OCT 2024
 17:30
 LIVE SEGA SHOW
 18:00



LIVE PIANO

SAT 26TH OCT 2024
 19:00
 AT STARS RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 3,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 21ST TO SUNDAY 27TH OCTOBER 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 YOGA FOR ANXIETY	08:15 VINYASA YOGA	08:15 ASHTANGA YOGA
11:00 ARCHERY	11:00 AQUA GYM	11:00 BOXING INITIATION
11:00 BEING MINDFUL	11:00 JOURNEY OF BREATH	11:00 PRANAYAMA
15:00 HIIT	15:00 FULL BODY FITNESS	15:00 CIRCUIT TRAINING
15:00 YOGA STRETCHING	15:00 PRANAYAMA	15:00 YOGA NIDRA

THURSDAY	FRIDAY	SATURDAY
08:15 THERAPEUTIC YOGA	08:15 MORNING STRETCHING	08:15 SUN SALUTATION
11:00 PRANAYAMA	11:00 AQUA GYM	11:00 BOXING INITIATION
15:00 SINGING BOWL MEDITATION	11:00 PRANAYAMA	11:00 JOURNEY OF BREATH
	15:00 CIRCUIT TRAINING	15:00 HIIT
	15:00 BEING MINDFUL	15:00 YOGA STRETCHING

SUNDAY	SHANTI SPA SPECIALS
08:15 MORNING STRETCHING	21 ST OCT COUPLES CONNECT 150MINS - MUR 15,900
11:00 ARCHERY	24 TH OCT SHANTI FUSION MASSAGE 60MINS - MUR 5,600
15:00 SINGING BOWL MEDITATION	25 TH OCT CHAKRA BALANCING 90MINS - MUR 6,600
	26 TH OCT ABHYDHARA 90MINS - MUR 9,700
	27 TH OCT BOXING INITIATION 60MINS - MUR 2,000

WELLNESS AT SHANTI SPA (Green)

ARCHERY / AQUA GYM / BOXING INITIATION / CIRCUIT TRAINING / FULL BODY FITNESS / HIIT - MEETING POINT AT SHANTI SPA (Blue)

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

08:00 - 11:30
12:30 - 16:00

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124
Suites 128 - 142
Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	ATP WORLD TOUR 500 - ERSTE BANK OPEN DAY 1 14:00	SS TENNIS
MON	PL 24/25 - NOTTINGHAM FOREST VS CRYSTAL PALACE 20:50	SS PREMIER LEAGUE
TUE	UYL - ASTON VILLA VS BOLOGNA 13:55	SS FOOTBALL
TUE	UYL - REAL MADRID VS BORUSSIA DORTMUND 15:55	SS FOOTBALL
WED	UCL - RB LEIPZIG VS LIVERPOOL 20:55	SS PREMIER LEAGUE
THU	UECL - PARATHINAIKOS VS CHELSEA 18:40	SS PREMIER LEAGUE
THU	UEL - FENERBAHCE VS MANCHESTER UNITED 20:55	SS PREMIER LEAGUE
FRI	ATP WORLD TOUR 500 - ERSTE BANK QUARTER FINALS 14:00	SS TENNIS
SAT	PL 24/25 - MANCHESTER CITY VS SOUTHAMPTON 15:50	SS PREMIER LEAGUE
SAT	PL 24/25 - EVERTON VS FULHAM 18:20	SS PREMIER LEAGUE
SUN	MOTO GP: THAILAND RACE 09:55	SS MOTORSPORT
SUN	PL 24/25 - WEST HAM UNITED VS MANCHESTER UNITED 15:50	SS PREMIER LEAGUE
SUN	PL 24/25 - ARSENAL VS LIVERPOOL 18:20	SS PREMIER LEAGUE
SUN	FORMULA ONE: MEXICO RACE 21:55	SS MOTORSPORT



PEN AIR CINEMA



MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BAD GUYS DELIVER US FROM THE DEVIL
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	FERDINAND SKYSCRAPER
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	SCAREDY CATS
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	SING 2 MISS PEGRINES
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	ORION AND THE DARK ADAMS FAMILY VALUES
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	HOW TO TRAIN YOUR DRAGON 2 MONSTER HIGH 2
SUN	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	THE LOUD HOUSE MOVIE

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.



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