

CULINARY EXPERIENCES

STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 09TH TO SUN 15TH SEP

LIVE GUITARIST – MON 09TH SEP
LIVE SAXOPHONIST – WED 11TH SEP
LIVE PIANO – SAT 14TH SEP



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 09TH TO SAT 14TH SEP

(WED 11TH & SUN 15TH SEP CLOSED)

LIVE GUITARIST – FRI 13TH SEP



ARABIC CUISINE AT STARS

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 09TH TO SUN 15TH SEP

(TUE 10TH SEP CLOSED)



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 09TH TO SUN 15TH SEP



JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 09TH TO SUN 15TH SEP

(WED 11TH SEP CLOSED)

FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 09TH TO SUN 15TH SEP

(WED 11TH SEP CLOSED)



LIVE PERFORMANCE



LIVE GUITARIST

MON 09TH SEP 2024
19:00 | AT STARS RESTAURANT

FRI 13TH SEP 2024
19:00 | AT RUM SHED



LIVE BAND

TUE 10TH SEP 2024
19:00
AT STARS
RESTAURANT



LIVE SAXOPHONIST

WED 11TH SEP 2024
17:00
AT MANAGEMENT COCKTAIL
19:00
AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 11TH SEP 2024
17:00
LIVE SEGA SHOW
17:30



LIVE PIANO

SAT 14TH SEP 2024
19:00
AT STARS
RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0 Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 3,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).



SCAN THE QR CODE TO TRY SHANTI'S IRRESISTIBLE FRIED CHICKEN



AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 09TH TO SUNDAY 15TH SEPTEMBER 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY	TUESDAY	WEDNESDAY
08:15 HATHA YOGA	08:15 WARRIOR STABILITY	08:15 HATHA YOGA
11:00 BOXING INITIATION	11:00 JOURNEY OF BREATH	11:00 ARCHERY
11:00 PRANAYAMA	11:00 AQUA GYM	11:00 PRANAYAMA
15:00 TABATA WORKOUT	15:00 YOGA STRETCHING	15:00 TABATA WORKOUT
15:00 YOGA NIDRA	15:00 CIRCUIT TRAINING	15:00 SINGING BOWL MEDITATION
THURSDAY	FRIDAY	SATURDAY
08:15 THERAPEUTIC YOGA	08:15 ENERGETIC YOGA	08:15 SUN SALUTATION
11:00 PRANAYAMA	11:00 PRANAYAMA	11:00 PRANAYAMA
	11:00 ARCHERY	
15:00 SINGING BOWL MEDITATION	15:00 SINGING BOWL MEDITATION	15:00 YOGA STRETCHING
	15:00 HIIT	
SUNDAY	SHANTI SPA SPECIALS	
08:15 MORNING STRETCHING	09 TH SEP BLISS 150MINS - MUR 15,900	
11:00 BOXING INITIATION	10 TH SEP PARADISE MASSAGE 60MINS - MUR 4,500	
11:00 GUIDED MEDITATION	12 TH SEP CHAKRA BALANCING 90MINS - MUR 6,600	
15:00 CIRCUIT TRAINING	13 TH SEP SHANTI FUSION 60MINS - MUR 5,600	
15:00 PRANAYAMA	15 TH SEP PERSONAL FITNESS TRAINING 60MINS - MUR 2,000	

WELLNESS AT SHANTI SPA (Green)

ARCHERY / AQUA GYM / BOXING INITIATION / CIRCUIT TRAINING / HIIT / TABATA WORKOUT / WARRIOR STABILITY - MEETING POINT AT SHANTI SPA (Blue)

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS DAILY POOL CLEANING:

08:00 - 10:00
10:00 - 12:30
13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00
10:00 - 11:30
12:30 - 16:00
10:00 - 11:30
12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

08:00 - 11:30
12:30 - 16:00
08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club
Villa 201 - 207
Villa 208 - 218

Surrounding Estate Garden
Villa 207 - 218

Villa 201 - 205

Suites 101 - 124
Suites 128 - 142
Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR


MON	UEFA NATIONS LEAGUE: FRANCE VS BELGIUM 20:35	SS PREMIER LEAGUE
TUE	PARALYMPIC WHEELCHAIR TENNIS: S15 (M/W) DBLS 15:25	SS TENNIS
TUE	US OPEN 2024: (W) DBLS FINAL 19:55	SS TENNIS
WED	DAVIS CUP 2024 - ITALY VS BRAZIL 15:00	SS TENNIS
THU	DP WORLD TOUR - AMGEN IRISH OPEN DAY 1 14:00	SS GOLF
FRI	FORMULA ONE QATAR AZERBAIJAN: PRACTICE 1 13:25	SS MOTORSPORT
SAT	PREMIER LEAGUE: SOUTHAMPTON VS MANCHESTER UNITED 13:20	SS PREMIER LEAGUE
SAT	PREMIER LEAGUE: LIVERPOOL VS NOTTINGHAM FOREST 15:50	SS PREMIER LEAGUE
SAT	PREMIER LEAGUE: ASTON VILLA VS EVERTON 18:20	SS PREMIER LEAGUE
SAT	PREMIER LEAGUE: BOURNEMOUTH VS CHELSEA 20:50	SS PREMIER LEAGUE
SUN	FORMULA ONE QATAR AZERBAIJAN: RACE 15:00	SS MOTORSPORT
SUN	PREMIER LEAGUE: TOTTENHAM VS ARSENAL 14:50	SS PREMIER LEAGUE
SUN	PREMIER LEAGUE: WOLVES VS NEWCASTLE UNITED 17:20	SS PREMIER LEAGUE

PEN AIR CINEMA




In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

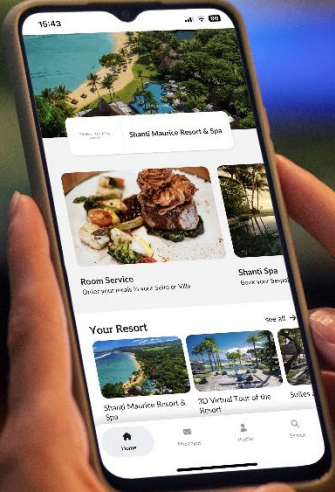
MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	MOWGLI'S STORY BATTLESHIP
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	MOANA TITANIC
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	THE SUPER BUDDIES
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	NARNIA THE DELIVERANCE
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BOLT 2 FAST 2 FURIOUS
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	DORY'S REEF AVATAR
SUN	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	FROZEN 2



APP STORE



PLAY STORE



DOWNLOAD SHANTI MAURICE APP!