

SHANTI SPA

MAURICE

Spa & Pool

DRINKS

FRESH AND HEALTHY COCKTAILS

Awake	385
<i>Fresh orange juice, carrot juice, fresh mint & ginger</i>	
Fraîcheur	385
<i>Fresh pineapple juice, watermelon juice & basil</i>	
Tropical tango	410
<i>Watermelon, apple, mango, passion fruit, celery & cucumber</i>	

WELLNESS SMOOTHIES

Papaya & ginger smoothie	450
<i>Papaya, ginger, fresh lemon juice, mint & yogurt</i>	
Parsley green – glow smoothie	450
<i>Spinach, fresh flat leaf Parsley, rocket, banana, pear, papaya & coconut water</i>	
Blueberry and spinach smoothie	450
<i>Coconut milk, frozen blueberries, banana & spinach</i>	
Carrot, pear and ginger smoothie	450
<i>Carrots, pear, lemon & fresh ginger</i>	
Pumpkin pie smoothie	500
<i>Pumpkin, carnation, milk, yoghurt, vanilla ice cream & honey</i>	
Sweet spinach smoothie	450
<i>Spinach, pear, fresh grapes, avocado, fresh lime juice & yogurt</i>	
Winter sunshine smoothie	450
<i>Orange, beetroot, ginger, mango & yogurt</i>	

THE FAMOUS SHANTI ICED TEAS

Green iced tea	260
<i>Chilled green tea, pineapple juice & lemongrass</i>	
Lemon & passion fruit iced tea	260
<i>Black tea with fresh lime & passion fruit</i>	
Spicy iced tea	260
<i>Black tea infused with cardamom & cinnamon</i>	
Mineral water	180
<i>Sparkling / Still water (750ml)</i>	
Soft drinks	180
<i>Coca-Cola Fanta Sprite Diet Coke (330ml)</i>	
Fresh juices (250ml)	360
<i>Orange pineapple watermelon grapefruit apple melon</i>	
Beer selection	
<i>Blue Marlin, Mauritius</i>	380
<i>Phoenix, Mauritius</i>	380
<i>Flying Dodo, Mauritius (1000ml)</i>	900

SHANTI 'SIGNATURE COCKTAILS

Shanti Moments	630
<i>Triple Sec, melon liquor, lemon juice, cranberry Juice</i>	

"Sweet Harvest" The Shanti Sugar Cane Season Mojito-Caipirinha"	520
<i>Local rum, sugar cane syrup, lime juice, mint leaves, sugar cane stick</i>	

(Available July-December only)

The Shanti mojito	575
<i>Rum, passion fruit, curry leaves, Basil, fresh lime Sprite</i>	

VIRGIN MOJITO'S

Virgin granny smith mojito	260
<i>Green grapes, fresh apple, lime, mint & sugar topped up with soda water</i>	
Virgin basil & pineapple mojito	260
<i>Fresh basil, fresh pineapple, fresh lime, pineapple juice & soda</i>	
Virgin grenadine cooler mojito	260
<i>Passion fruit, mint leaves, pineapple juice & lime</i>	

CLASSIC COCKTAILS

Rosé wine spritzer	575
<i>Dry rosé wine & soda water</i>	
White wine spritzer	575
<i>Dry white wine & soda water</i>	
Aperol spritz	630
<i>Aperol, sparkling wine, soda & orange ring</i>	
Hugo	630
<i>Prosecco, mint leaves, lemon juice, elderflower syrup</i>	

CHAMPAGNE & WINE BY THE GLASS

Champagne	
<i>Champagne Phillizot Brut Chardonnay, France</i>	1,220
White wines	
<i>Boschendal Le Bouquet Sauvignon Blanc, 2021, SA, W. Cape</i>	525
<i>Groot Constantia Chardonnay 2020 SA, Cape Town</i>	870
Rosé wines	
<i>M. de Minuty Grenache, Cinsault 2021 France, Provence</i>	780
<i>Boschendal Blanc de Noir Merlot, Cabernet, Shiraz 2022 SA, Franschoek</i>	550
Red wines	
<i>Boschendal Lanoy Cabernet Sauvignon 2019 SA, Franschoek</i>	700
<i>The Chocolate Block, Syrah, Grenache Noir, Cinsault 2021 SA, Western Cape</i>	870

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti All-Inclusive (AI) are entitled to a food credit of MUR 3,000 per meal, per person. Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable. Menu availability depending on weekly opening times as per Shanti Times. All prices are in Mauritian Rupees (MUR) and include 15% VAT

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FOODS

STARTERS

White fish & coconut ceviche A	900
Tuna poke bowl	775
Salmon poke bowl	975
Buddha bowl V	625
Greek salad VA	750
Octopus salad S	950
Tropical salad with prawns N	1,250

SNACKS

Vegetable pakora, yoghurt sauce V	500
Prawn pakora, yoghurt sauce	800
Chicken tandoori momos	850
Vietnamese spring rolls, peanut butter sauce N	705
Matar and cheese roll	500

SUSHI

SASHIMI (4 slices per order)

Atlantic Salmon	1,300
Yellowfin Tuna	850
Red Grouper	1,100
*Unagi (Eel)	1,100

NIGIRI (2 pieces per order)

Atlantic Salmon	400
Yellowfin Tuna	250
Red Grouper	450
*Unagi (Eel)	450
*Kani Furai (Crab stick)	250
*Avocado V	250
*Cucumber V	250

CLASSIC ROLLS (8 pieces per roll)

Classic California Maki <i>Pasteurized crab, cucumber, avocado, tobiko, dried bonito, Japanese mayo</i> SF E	1,550
*Ebi Furai Maki <i>Panko prawn, cream cheese, cucumber, sesame seeds, tempura flakes, spicy mayo teriyaki sauce</i> SF SP G D E S	950
Rainbow Maki <i>Panko prawn, pickled radish, spicy mayo, salmon, tuna, white fish, avocado, bonito dressing</i> S	1,050
Salmon Maki <i>Rice with fresh Salmon and wasabi paste</i> S	850
Avo Maki <i>Rice with avocado</i> V	700
Kapa Maki V <i>Rice with cucumber</i> V	650

CHEF'S SPECIAL SUSHI (6 pieces per roll)

*Crispy Philadelphia Roll <i>Surimi crab, cucumber, cream cheese, passion fruit vinegrate</i> SF F G D	750
*Mexican Roll <i>Surimi crab, cucumber, pickled jalapeno, chili con carne, mozzarella, spring onion</i> SF G SP	950
Vegan Tuna Roll <i>Compress watermelon, cucumber, avocado with teriyaki & spicy sauce</i> V S	750
Ponzu Salmon Gunkan <i>3 pieces salmon roll with sushi rice, tobiko, spring onion & sesame ponzu Salmon</i> F S	900
Tartar bites <i>3 pieces crispy sushi rice, tuna, tobiko, spring onion & Asian spicy sauce</i> F E G SP	850

PLATTER SELECTION

Sendai selection (12 pieces per order) <i>4 pieces California rolls, ebi furai & vegan tuna</i>	1,625
Niigata selection (12 pieces per order) <i>Salmon, tuna, unagi nigari & salmon, red grouper sashimi</i>	2,325
Kumamoto special selection (12 pieces per order) <i>Tartar bites, ponzu salmon, California, ebi furai, vegan tuna roll with nigari seabream, unagi, salmon sashimi and tuna</i>	3,755

SANDWICHES

Chicken club sandwich <i>Chicken breast, turkey ham, fried egg, lettuce, tomato and mustard sauce, French fries on the side</i>	850
Shanti signature wrap V <i>Palm heart, avocado, tomato, sprouts, spring onions, coriander, cumin seeds, watercress and yogurt spread wrapped in a quinoa roti with mixed salad</i>	950
Tandoori chicken kathi roll <i>Tandoori chicken, spiced cabbage, peppers, onion and cheese wrapped in a fresh chickpeas flour chilla served with French fries and spicy Creole sauce</i>	800
Italian grilled chicken panini <i>Grilled chicken with tomato, Mozzarella cheese & basil pesto, onion rings, mixed salad served with French fries on the side</i>	950
Tomato and Mozzarella panini V <i>Tomato, Mozzarella cheese, basil pesto spread, onion rings, mixed salad, served with French fries on the side</i>	750

DESSERTS

Selection of classic ice-creams & sorbets (per scoop)	120
Sorbets: Mango Pineapple Lime Passion Fruit V	
Baked mango yogurt <i>Thai style, with lime sorbet and mango coulis</i>	425
Bavaois coco <i>Passion fruit sorbet and chocolate sauce</i>	600
Tamarind mousse <i>Sweet potato pudding, tamarind compote, pineapple chili sorbet</i>	475
Panacotta palmiste <i>Pineapple carpaccio, badiane and strawberry macarons</i>	650
Lemongrass crème brûlée <i>Classic French custard infused with lemongrass</i>	600

W WELLNESS CUISINE | **V** VEGETARIAN | **S** SPICY | **P** PORK | **A** ALCOHOL | **N** NUTS | ***C** COOKED

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