

CULINARY EXPERIENCES



STARS RESTAURANT
DAILY
BREAKFAST “BUFFET” | 07:00 – 10:30
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 22ND TO SUN 28TH JUL

LIVE GUITARIST – MON 22ND JUL
LIVE SAXOPHONIST – WED 24TH JUL
LIVE PIANO – SAT 27TH JUL



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 22ND TO SUN 28TH JUL

(WED 24TH & SAT 27TH JUL CLOSED)

LIVE GUITARIST – FRI 26TH JUL



LA KAZE MAMA
DINNER 18:30 – 22:00
BUFFET

WED 24TH JUL | MAURITIAN CREOLE NIGHT – 1
SAT 27TH JUL | MAURITIAN CREOLE NIGHT - 2

LIVE SEGA SHOW – WED 24TH JUL



FEET IN THE SAND
DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 22ND TO SUN 28TH JUL

(WED 24TH JUL CLOSED)



ASIAN LOUNGE & FINE SUSHI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 22ND TO SUN 28TH JUL

(THU 25TH JUL CLOSED)



ARABIC CUISINE AT STARS
BREAKFAST “BUFFET” | 07:00 – 10:30
LUNCH “À LA CARTE” | 12:30 – 14:30
DINNER “À LA CARTE” | 18:30 – 22:00

MON 22ND TO SUN 28TH JUL

(TUE 23RD JUL CLOSED)



INDIAN DELIGHTS AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 22ND TO SUN 28TH JUL



JUST THAI AT STARS
LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 22ND TO SUN 28TH JUL

(WED 24TH JUL CLOSED)



SCAN THE QR CODE TO TRY SHANTI'S IRRESISTIBLE FRIED CHICKEN



LIVE PERFORMANCE



LIVE GUITARIST

MON 22ND JULY 2024
19:00 | AT STARS RESTAURANT

FRI 26TH JULY 2024
19:00 | AT RUM SHED



LIVE BAND

TUE 23RD JULY 2024
19:00

AT STARS
RESTAURANT



LIVE SAXOPHONIST

WED 24TH JULY 2024
17:00

AT MANAGEMENT COCKTAIL
19:00

AT STARS RESTAURANT



SUNSET COCKTAIL WITH RESORT TEAM

WED 24TH JULY 2024
17:00

LIVE SEGA SHOW
17:30



LIVE PIANO

SAT 27TH JULY 2024
19:00

AT STARS
RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) | Full-Board (FB) | All-Inclusive (AI) are entitled to a food credit of MUR 3,000 per meal per person. Any consumptions beyond that will be charged accordingly. Credit is non-refundable and non-transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:
Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:
Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST
04:00 – 07:00 | **EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)**

07:00 – 18:00 | **LONGSLEEPER ALL DAY BREAKFAST**

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | **FISH MARKET**

10:00 – 18:00 | **BEACH & POOL SERVICE**
24 HOURS | **IN-ROOM DINING (TRAY CHARGE APPLIES)**

AFTERNOON TEA
15:30 – 17:00 | **HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)**

SUNSET SPECIALS
16:30 – 17:00 | **RUM INITIATION AT RED GINGER BAR (CHARGEABLE)**
10:00 – 18:30 | **BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR**

SHANTI TIMES FROM MONDAY 22ND TO SUNDAY 28TH JULY 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15

YOGA FOR CORE STRENGTH

11:00

PRANAYAMA

11:00

BOXING INITIATION

15:00

YOGA NIDRA

15:00

TABATA WORKOUT

TUESDAY

08:15

VINYASA YOGA

11:00

JOURNEY OF BREATH

11:00

AQUA GYM

15:00

BEING MINDFUL

15:00

CIRCUIT TRAINING

WEDNESDAY

08:15

MORNING STRETCHING

11:00

ARCHERY

15:00

SINGING BOWL MEDITATION

THURSDAY

08:15

THERAPEUTIC YOGA

11:00

JOURNEY OF BREATH

11:00

AQUA GYM

15:00

YOGA NIDRA

15:00

POWER WALK

FRIDAY

08:15

VINYASA YOGA

11:00

PRANAYAMA

11:00

ARCHERY

15:00

BEING MINDFUL

15:00

HIIT

SATURDAY

08:15

ASHTANGA YOGA

11:00

TABATA WORKOUT

11:00

PRANAYAMA

15:00

YOGA NIDRA

15:00

CIRCUIT TRAINING

SUNDAY

08:15

ENERGETIC YOGA

11:00

PRANAYAMA

15:00

YOGA NIDRA

SHANTI SPA SPECIALS

22ND JUL

BLISS

150MINS - MUR 15,900

23RD JUL

PARADISE MASSAGE

60MINS – MUR 4,500

25TH JUL

CHAKRA BALANCING

90MINS – MUR 6,600

26TH JUL

AERIAL YOGA

60MINS – MUR 3,000

27TH JUL

PERSONAL FITNESS TRAINING

60MINS – MUR 2,000

WELLNESS AT SHANTI SPA

ARCHERY / AQUA GYM / BOXING INITIATION / CIRCUIT TRAINING / HIIT / POWER WALK / TABATA WORKOUT - MEETING POINT AT SHANTI SPA

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00

10:00 - 12:30

13:00 - 16:00

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00

10:00 - 11:30

12:30 - 16:00

10:00 - 11:30

12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30

12:30 - 16:00

08:00 - 11:30

FOGGING EXERCISE:

16:00 - 17:00

Spa | Main Pool | Kids Club

Villa 201 - 207

Villa 208 - 218

Surrounding Estate Garden

Villa 207 - 218

Villa 201 - 205

Suites 101 – 124

Suites 128 – 142

Daily Beach Maintenance

Daily

Changes due to weather possible with short term notice

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	WTA250: PRAGUE OPEN DAY 12:00	SS TENNIS
WED	PARIS 2024: FOOTBALL MEN: ARGENTINA V/S MOROCCO 14:50	SS PREMIER LEAGUE
WED	PARIS 2024: FOOTBALL MEN: GUINEA V/S NEW ZEALAND 16:55	SS PREMIER LEAGUE
WED	PARIS 2024: FOOTBALL MEN: JAPAN V/S PARAGUAY 18:55	SS PREMIER LEAGUE
THU	PARIS 2024: RUGBY MEN: FRANCE V/S USA 08:50	SS PREMIER LEAGUE
THU	PARIS 2024: HANDBALL WOMEN: SPAIN V/S BRAZIL 13:50	SS PREMIER LEAGUE
THU	THE SENIOR OPEN DAY 1 15:30	SS GOLF
FRI	FORMULA ONE: BELGIUM GP – PRACTICE 1 15:25	SS MOTORSPORT
FRI	WTA250: UNICREDIT LASI OPEN FINAL 18:00	SS TENNIS
FRI	PARIS 2024: OPENING CEREMONY 19:25	SS PREMIER LEAGUE
SAT	PARIS 2024: TENNIS: MEN & WOMEN SINGLES 13:55	SS TENNIS
SAT	FORMULA ONE: BELGIUM GP – QUALIFYING 18:00	SS MOTORSPORT
SUN	FORMULA ONE: BELGIUM GP – RACE 16:55	SS MOTORSPORT

PEN AIR CINEMA

MON

19:00 – 20:30 (KIDS MOVIE)

20:30 – 22:00 (MAIN SCREENING)

TUE

19:00 – 20:30 (KIDS MOVIE)

20:30 – 22:00 (MAIN SCREENING)

WED

19:00 – 20:30 (KIDS MOVIE IN KIDS CLUB)

THU

19:00 – 20:30 (KIDS MOVIE)

20:30 – 22:00 (MAIN SCREENING)

FRI

19:00 – 20:30 (KIDS MOVIE)

20:30 – 22:00 (MAIN SCREENING)

SAT

19:00 – 20:30 (KIDS MOVIE IN KIDS CLUB)

SUN

19:00 – 20:30 (KIDS MOVIE)

20:30 – 22:00 (MAIN SCREENING)

STRANGE MAGIC

CARRIE

THE LION KING

BEVERLY HILLS COP - AXELF

THE ARISTOCATS

RON'S GONE WRONG

FINDING OHANA

FROZEN

KLEKS ACADEMY

UP

TOY STORY 3

BLAME THE GAME

In case of bad weather conditions, kids' movies will move to Kids Club and main screening will be cancelled.

APP STORE

PLAY STORE

DOWNLOAD SHANTI MAURICE APP!