

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 08TH TO SUN 14TH JUL

LIVE GUITARIST – MON 08TH JUL

LIVE PIANO – SAT 13TH JUL



ASIAN LOUNGE &
FINE SUSHI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 08TH TO SAT 13TH JUL

(SUN 14TH JUL CLOSED)

ARABIC CUISINE AT STARS

BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 08TH TO SUN 14TH JUL

(TUE 09TH JUL CLOSED)



INDIAN DELIGHTS AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 08TH TO SUN 14TH JUL

(THU 11TH JUL CLOSED)



JUST THAI AT STARS

LUNCH 12:30 – 14:30
DINNER 18:30 – 22:00
À LA CARTE

MON 08TH TO SUN 14TH JUL

(WED 10TH JUL CLOSED)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 08TH TO SUN 14TH JUL

(SAT 13TH JUL CLOSED)

LIVE SAXOPHONIST – WED 10TH JUL

LIVE GUITARIST – FRI 12TH JUL



LA KAZE MAMA

DINNER 18:30 – 22:00
BUFFET

WED 10TH JUL | MAURITIAN CREOLE NIGHT – 1

SAT 13TH JUL | MAURITIAN CREOLE NIGHT - 2

LIVE SEGA SHOW – WED 10TH JUL



FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 08TH TO SUN 14TH JUL

(WED 10TH JUL CLOSED)



SCAN THE QR CODE TO TRY SHANTI'S
IRRESISTIBLE FRIED CHICKEN



LIVE PERFORMANCE



LIVE GUITARIST

MON 08TH JULY 2024

19:00 | AT STARS RESTAURANT

FRI 12TH JULY 2024

19:00 | AT RUM SHED



LIVE BAND

TUE 09TH JULY 2024

19:00

AT STARS

RESTAURANT



SUNSET COCKTAIL
WITH RESORT TEAM

WED 10TH JULY 2024

17:00

LIVE SEGA SHOW

17:30



LIVE SAXOPHONIST

WED 10TH JULY 2024

17:00

AT MANAGEMENT COCKTAIL

19:00

AT RUM SHED



LIVE PIANO

SAT 13TH JULY 2024

19:00

AT STARS

RESTAURANT



HOW TO BOOK A TABLE?

Contact the reception on extension 0
Available upon reservation on a first-come
first-serve basis

FOOD CREDIT

Guests on the meal plan Half-Board (HB) |
Full-Board (FB) | All-Inclusive (AI) are
entitled to a food credit of MUR 3,000 per
meal per person. Any consumptions
beyond that will be charged accordingly.
Credit is non-refundable and non-
transferable.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with
footwear are permitted (swimwear
should be covered at all times).

DINNER:

Gentlemen: long trousers, collared
shirts (button down) or polo shirt and
footwear are allowed. Ladies to
respect the evening attire (smart
casual) (no see-through attire or
swimwear are allowed).

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST
(RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER
- A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE
24 HOURS | IN-ROOM DINING (TRAY CHARGE
APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR
& POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER
BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION
ALL-DAY LONG AT SANDS BEACH BAR

SHANTI TIMES FROM MONDAY 08TH TO SUNDAY 14TH JULY 2024

WELLNESS & ACTIVITIES WEEKLY CALENDAR

MONDAY

08:15

YOGA FOR CORE

11:00

PRANAYAMA

11:30

BOXING INITIATION

15:00

YOGA NIDRA

15:00

TABATA WORKOUT

TUESDAY

08:15

VINYASA YOGA

11:00

JOURNEY OF BREATH

11:30

AQUA GYM

15:00

BEING MINDFUL

15:00

CIRCUIT TRAINING

WEDNESDAY

08:15

MORNING STRETCHING

11:00

YOGA NIDRA

11:00

ARCHERY

15:00

SINGING BOWL MEDITATION

15:00

CIRCUIT TRAINING

THURSDAY

08:15

THERAPEUTIC YOGA

11:00

JOURNEY OF BREATH

15:00

YOGA NIDRA

FRIDAY

08:15

VINYASA YOGA

11:00

PRANAYAMA

11:30

AQUA GYM

15:00

BEING MINDFUL

15:00

BOXING INITIATION

SATURDAY

08:15

ASHTANGA YOGA

11:00

TABATA WORKOUT

11:00

PRANAYAMA

15:00

YOGA NIDRA

15:00

CIRCUIT TRAINING

SUNDAY

08:15

MORNING STRETCHING

11:00

AQUA GYM

15:00

SINGING BOWL MEDITATION

SHANTI SPA SPECIALS

08TH JUL

BLISS

150MINS - MUR 15,900

09TH JUL

PARADISE MASSAGE

60MINS – MUR 4,500

10TH JUL

CHAKRA BALANCING

90MINS – MUR 6,600

12TH JUL

AERIAL YOGA

60MINS – MUR 3,000

14TH JUL

PERSONAL FITNESS TRAINING

60MINS – MUR 2,000



WELLNESS AT SHANTI SPA

ARCHERY / AQUA GYM / BOXING INITIATION / CIRCUIT TRAINING / TABATA WORKOUT – MEETING POINT AT SHANTI SPA

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS
DAILY POOL CLEANING:

08:00 - 10:00	Spa Main Pool Kids Club
10:00 - 12:30	Villa 201 - 207
13:00 - 16:00	Villa 208 - 218

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00	Surrounding Estate Garden
10:00 - 11:30	Villa 207 - 218
12:30 - 16:00	
10:00 - 11:30	Villa 201 - 205
12:30 - 16:00	

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30	Suites 101 – 124
12:30 - 16:00	Suites 128 – 142
08:00 - 11:30	Daily Beach Maintenance

FOGGING EXERCISE:

16:00 - 17:00	Daily
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Changes due to weather possible with short term notice

SEMI-FINALS

TUESDAY
09TH JULY 2024
23:00

SPAIN
V/S
FRANCE

WEDNESDAY
10TH JULY 2024
23:00

NETHERLANDS
V/S
ENGLAND

FINAL

SUNDAY
14TH JULY 2024
23:00

SPAIN OR FRANCE
V/S
NETHERLANDS OR ENGLAND

SPORTS CORNER & LIVE SPORT AT RED GINGER BAR

MON	WIMBLEDON DAY 08: SINGLES 4TH ROUND 13:50	SS TENNIS
TUE	WIMBLEDON DAY 09: QUARTER FINALS 13:50	SS TENNIS
WED	DP WORLD TOUR – GENESIS SCOTTISH OPEN DAY 1 11:30	SS GOLF
FRI	WIMBLEDON DAY 12: MEN'S SEMI-FINALS 16:20	SS TENNIS
SAT	WIMBLEDON WOMEN'S FINAL 16:45	SS TENNIS
SUN	DP WORLD TOUR – GENESIS SCOTTISH OPEN DAY 4 : 17:30	SS GOLF



PEN AIR CINEMA

MON	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	OLIVER AND COMPANY PACIFIC RIM UPRISING
TUE	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	THE HUNCHBACK OF NOTRE DAME 2 INFINITE STORM
WED	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	THE LION KING 2
THU	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	THUMBELINA DEEP FEAR
FRI	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	HOME ON THE RANGE NOWHERE
SAT	18:45 – 20:30 (KIDS MOVIE IN KIDS CLUB)	THE WILD
SUN	18:45 – 20:30 (KIDS MOVIE) 20:30 – 22:00 (MAIN SCREENING)	PIGLET'S BIG MOVIE LIFT

In case of bad weather conditions,
kids' movies will move to Kids Club and main screening will be cancelled.

