

SHANTI SPA

MAURICE

Spa & Pool

FOODS

FRESH AND HEALTHY COCKTAILS

Awake	385
<i>Fresh orange juice, carrot juice, fresh mint & ginger</i>	
Fraîcheur	385
<i>Fresh pineapple juice, watermelon juice & basil</i>	
Tropical tango	410
<i>Watermelon, apple, mango, passion fruit, celery & cucumber</i>	

WELLNESS SMOOTHIES

Papaya & ginger smoothie	450
<i>Papaya, ginger, fresh lemon juice, mint & yogurt</i>	
Parsley green – glow smoothie	450
<i>Spinach, fresh flat leaf Parsley, rocket, banana, pear, papaya & coconut water</i>	
Blueberry and spinach smoothie	450
<i>Coconut milk, frozen blueberries, banana & spinach</i>	
Carrot, pear and ginger smoothie	450
<i>Carrots, pear, lemon & fresh ginger</i>	
Pumpkin pie smoothie	500
<i>Pumpkin, carnation, milk, yoghurt, vanilla ice cream & honey</i>	
Sweet spinach smoothie	450
<i>Spinach, pear, fresh grapes, avocado, fresh lime juice & yogurt</i>	
Winter sunshine smoothie	450
<i>Orange, beetroot, ginger, mango & yogurt</i>	

THE FAMOUS SHANTI ICED TEAS

Green iced tea	260
<i>Chilled green tea, pineapple juice & lemongrass</i>	
Lemon & passion fruit iced tea	260
<i>Black tea with fresh lime & passion fruit</i>	
Spicy iced tea	260
<i>Black tea infused with cardamom & cinnamon</i>	
Mineral water	180
<i>Sparkling / Still water (750ml)</i>	
Soft drinks	180
<i>Coca-Cola Fanta Sprite Diet Coke (330ml)</i>	
Fresh juices (250ml)	360
<i>Orange pineapple watermelon grapefruit apple melon</i>	
Beer selection	
<i>Blue Marlin, Mauritius</i>	380
<i>Phoenix, Mauritius</i>	380
<i>Flying Dodo, Mauritius (1000ml)</i>	900

SHANTI 'SIGNATURE COCKTAILS

Shanti Moments	630
<i>Triple Sec, melon liquor, lemon juice, cranberry Juice</i>	

"Sweet Harvest" The Shanti Sugar Cane Season Mojito-Caipirinha"	520
<i>Local rum, sugar cane syrup, lime juice, mint leaves, sugar cane stick</i>	

(Available July-December only)

The Shanti mojito	575
<i>Rum, passion fruit, curry leaves, Basil, fresh lime Sprite</i>	

VIRGIN MOJITO'S

Virgin granny smith mojito	260
<i>Green grapes, fresh apple, lime, mint & sugar topped up with soda water</i>	
Virgin basil & pineapple mojito	260
<i>Fresh basil, fresh pineapple, fresh lime, pineapple juice & soda</i>	
Virgin grenadine cooler mojito	260
<i>Passion fruit, mint leaves, pineapple juice & lime</i>	

CLASSIC COCKTAILS

Rosé wine spritzer	575
<i>Dry rosé wine & soda water</i>	
White wine spritzer	575
<i>Dry white wine & soda water</i>	
Aperol spritz	630
<i>Aperol, sparkling wine, soda & orange ring</i>	
Hugo	630
<i>Prosecco, mint leaves, lemon juice, elderflower syrup</i>	

CHAMPAGNE & WINE BY THE GLASS

Champagne	
<i>Champagne Phillizot Brut Chardonnay, France</i>	1,220
White wines	
<i>Boschendal Le Bouquet Sauvignon Blanc, 2021, SA, W. Cape</i>	525
<i>Groot Constantia Chardonnay 2020 SA, Cape Town</i>	870
Rosé wines	
<i>M. de Minuty Grenache, Cinsault 2021 France, Provence</i>	780
<i>Boschendal Blanc de Noir Merlot, Cabernet, Shiraz 2022 SA, Franschoek</i>	550
Red wines	
<i>Boschendal Lanoy Cabernet Sauvignon 2019 SA, Franschoek</i>	700
<i>The Chocolate Block, Syrah, Grenache Noir, Cinsault 2021 SA, Western Cape</i>	870

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti All-Inclusive (AI) are entitled to a food credit of MUR 3,000 per meal, per person. Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable. Menu availability depending on weekly opening times as per Shanti Times. All prices are in Mauritian Rupees (MUR) and include 15% VAT

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DRINKS

STARTERS

White fish & coconut ceviche A	900
Tuna poke bowl	775
Salmon poke bowl	975
Buddha bowl V	625
Greek salad V A	750
Octopus salad S	950
Tropical salad with prawns N	1,250

SNACKS

Vegetable pakora, yoghurt sauce V	500
Prawn pakora, yoghurt sauce	800
Chicken tandoori momos	850
Vietnamese spring rolls, peanut butter sauce N	705
Matar and cheese roll	500

SUSHI

SASHIMI (4 slices per order)

Salmon	1,300
Tuna	850
Seabass	1,100
Octopus	1,050

NIGIRI (2 pieces per order)

Salmon	350
Tuna	250
Seabass	350
Kani tempura	250
Aburi salmon	350
Unagi	450
Avocado V	250
Cucumber V	250

MAKI (6 pieces per order)

Salmon teriyaki <i>Crab meat, cucumber, sweet shitake with torched salmon, tobiko, Japanese mayonnaise and teriyaki sauce</i>	1,650
Crispy Philadelphia <i>Salmon skin tempura, crab stick, cucumber, cream cheese, passion fruit dressing</i>	750
Salmon and tuna tartare S <i>Fresh salmon, spring onion, pickled radish, cucumber, tuna tartare, tobiko, spicy tempura flakes</i>	1,050
Lobster cocktail S <i>Crab stick, sweet shiitake, cucumber, tobiko, spring onion, pulled lobster with cocktail sauce</i>	1,850
Classic California <i>Crab meat, sweet shiitake, cucumber, avocado, tobiko, bonito flakes, Japanese mayonnaise</i>	1,550

Ebi tempura S <i>Shrimp tempura, cream cheese, cucumber, sesame seeds, spicy mayonnaise, ginger teriyaki, spring onion, flakes</i>	950
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Green Shanti <i>Cucumber, lettuce, roasted capsicum, pickled cabbage, basil crust, mango salsa V</i>	750
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Kappa maki <i>Cucumber roll V</i>	650
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Avo maki <i>Avocado roll V</i>	700
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St Félix selection (Platter of 12 pieces) <i>Classic California, ebi tempura, green Shanti</i>	1,550
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Riambel selection (Platter of 18 pieces) <i>Classic California, ebi tempura, green Shanti, salmon nigiri, tuna nigiri, seabass nigiri</i>	2,400
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Bel Ombre selection (Platter of 18 pieces) <i>Ebi tempura, green Shanti, salmon nigiri, tuna nigiri, crispy philadelphia, kappa maki, salmon sashimi, tuna sashimi, seabass sashimi V</i>	3,150
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SANDWICHES

Chicken club sandwich <i>Chicken breast, turkey ham, fried egg, lettuce, tomato and mustard sauce, French fries on the side</i>	850
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Shanti signature wrap V <i>Palm heart, avocado, tomato, sprouts, spring onions, coriander, cumin seeds, watercress and yogurt spread wrapped in a quinoa roti with mixed salad</i>	950
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Tandoori chicken kathi roll <i>Tandoori chicken, spiced cabbage, peppers, onion and cheese wrapped in a fresh chickpeas flour chilla served with French fries and spicy Creole sauce</i>	800
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Italian grilled chicken panini <i>Grilled chicken with tomato, Mozzarella cheese & basil pesto, onion rings, mixed salad served with French fries on the side</i>	950
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Tomato and Mozzarella panini V <i>Tomato, Mozzarella cheese, basil pesto spread, onion rings, mixed salad, served with French fries on the side</i>	750
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DESSERTS

Selection of classic ice-creams & sorbets (per scoop)	120
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Sorbets: Mango | Pineapple | Lime | Passion Fruit **V**

Baked mango yogurt <i>Thai style, with lime sorbet and mango coulis</i>	425
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Bavaois coco <i>Passion fruit sorbet and chocolate sauce</i>	600
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Tamarind mousse <i>Sweet potato pudding, tamarind compote, pineapple chili sorbet</i>	475
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Panacotta palmiste <i>Pineapple carpaccio, badiane and strawberry macarons</i>	650
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Lemongrass crème brûlée <i>Classic French custard infused with lemongrass</i>	600
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V WELLNESS CUISINE | **V** VEGETARIAN | **S** SPICY | **P** PORK | **A** ALCOHOL | **N** NUTS

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