

SHANTI SPA

MAURICE

SPA POOL SIDE MENU

FRESH AND HEALTHY COCKTAILS

Awake <i>Fresh orange juice, carrot juice, fresh mint & ginger</i>	385
Fraîcheur <i>Fresh pineapple juice, watermelon juice & basil</i>	385
Tropical Tango <i>Watermelon, apple, mango, passion fruit, celery & cucumber</i>	410

WELLNESS SMOOTHIES

Papaya & Ginger Smoothie <i>Papaya, ginger, fresh lemon juice, mint & yoghurt</i>	450
Parsley Green – Glow Smoothie <i>Spinach, fresh flat leaf Parsley, rocket, banana, pear, papaya & coconut water</i>	450
Blueberry and Spinach Smoothie <i>Coconut milk, frozen blueberries, banana & spinach</i>	450
Carrot, Pear and Ginger Smoothie <i>Carrots, pear, lemon & fresh ginger</i>	450
Pumpkin Pie Smoothie <i>Pumpkin, carnation, milk, yoghurt, vanilla ice cream & honey</i>	500
Sweet Spinach Smoothie <i>Spinach, pear, fresh grapes, avocado, fresh lime juice & yoghurt</i>	450
Winter Sunshine Smoothie <i>Orange, beetroot, ginger, mango & yoghurt</i>	450

THE FAMOUS SHANTI ICED TEAS

Green Iced Tea <i>Chilled green tea, pineapple juice & lemongrass</i>	260
Lemon & Passion Fruit Iced Tea <i>Black tea with fresh lime & passion Fruit</i>	260
Spicy Iced Tea <i>Black tea infused with cardamom & cinnamon</i>	260
Mineral Water <i>Sparkling / Still water (750ml)</i>	180
Soft Drinks <i>Coca-Cola Fanta Sprite Diet Coke (330ml)</i>	180
Fresh Juices (250ml) <i>Orange pineapple watermelon grapefruit apple melon</i>	360
Beer Selection <i>Blue Marlin, Mauritius</i>	330
<i>Phoenix, Mauritius</i>	330
<i>Flying Dodo, Mauritius (1000ml)</i>	780

SHANTI 'SIGNATURE COCKTAILS

Shanti Moments <i>Triple Sec, melon liquor, lemon juice, cranberry Juice</i>	550
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“Sweet Harvest” The Shanti Sugar Cane Season Mojito-Caipirinha” <i>Local rum, sugar cane syrup, lime juice, mint leaves, sugar cane stick</i>	450
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(Available July-December only)

The Shanti Mojito <i>Rum, passion fruit, curry leaves, Basil, fresh lime Sprite</i>	500
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VIRGIN MOJITO'S

Virgin Granny Smith Mojito <i>Green grapes, fresh apple, lime, mint & sugar topped up with soda water</i>	260
Virgin Basil & Pineapple Mojito <i>Fresh basil, fresh pineapple, fresh lime, pineapple juice & soda</i>	260
Virgin Grenadine Cooler Mojito <i>Passion fruit, mint leaves, pineapple juice & lime</i>	260

CLASSIC COCKTAILS

Rosé Wine Spritzer <i>Dry rosé wine & soda water</i>	500
White Wine Spritzer <i>Dry white wine & soda water</i>	500
Aperol Spritz <i>Aperol, sparkling wine, soda & orange ring</i>	550
Hugo <i>Prosecco, mint leaves, lemon juice, elderflower syrup</i>	550

CHAMPAGNE & WINE BY THE GLASS

Champagne <i>Champagne Philizot & Fils, France</i>	720
White Wine <i>La Petite Perrière Sauvignon Blanc 2019 France, Loire</i>	780
<i>Groot Constantia Chardonnay 2019 SA, Cape Town</i>	750
Rosé Wine <i>M de Minuty Grenache, Cinsault, 2021 France, Provence</i>	700
<i>Château De Berne, Grenache 2021 France, Provence</i>	700
Red Wine <i>Castiglioni Chianti Sangiovese 2018 Italy, Tuscany</i>	650
<i>Marcadis Lalande de Pomerol Cabernet 2019 Bordeaux</i>	750



Scan this QR code to view our menu in your preferred language

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti Unlimited are entitled to a food credit of MUR 2,500 per meal, per person.

Any consumptions beyond, will be charged accordingly. Credit is nonrefundable and non-transferable.

SHANTISPA

MAURICE

SPA & POOL MENU

STARTERS: COLD STARTERS | SALADS | SOUP

STARTERS

White fish & coconut ceviche 🌱 🌶️ 845

Fine slices of white fish, coconut milk, honey, lime, yuzu juice, dried chili flakes, fresh cilantro, red onion rings, black pepper, chives and olive oil (EVO)

Fresh Tuna tartar 610

Diced Tuna, onion, chives, tomato, avocado, "Pommery" mustard, mayonnaise, tabasco, olive oil, watercress, passion fruit coulis and garlic croutons

Vietnamese spring rolls 🌱 705

Crispy vegetable, peanut butter sauce

CLASSIC SALADS

Niçoise salad 705

Pan-fried Tuna, potato, green beans, capers, hard boiled eggs, olives, tomato lettuce

Greek salad 🌱 🌶️ 705

Feta cheese, English cucumber, olives, tomatoes, red onions, green bell pepper, oregano, red wine vinegar and extra virgin olive oil

Caprese salad 🌱 🌶️ 1,035

Poached tomatoes, fresh Mozzarella cheese, lettuce, olive oil, fresh basil from our garden and balsamic vinegar

SHANTI SALADS SELECTIONS

Mauritian smoked Blue Marlin salad 895

Blue Marlin fish, poached egg, capers, onions and garden greens

Tropical salad with prawns 🌱 1,035

Prawns, palm heart, assorted lettuce, tomatoes, seasonal fruits, almonds and sweet & sour dressing

SOUP

'Créole' gazpacho 530

Chilled tomato soup with shrimps, fresh coriander and olive oil drizzles

FINE SUSHI & ASIAN DELICACIES

(Available only upon request)

Tuna wasabi 990

Thin sliced Tuna with ginger pickle, wakame salad & wasabi sauce

Seabass yuzu 1,080

Thin sliced Seabass, baby radish & orange segment with yuzu dressing

Steamed silky tofu 1,080

Steamed tofu with hot and sour lemongrass and steamed quinoa

WRAP

Shanti Signature wrap 🌱 705

Palm heart, avocado, tomato, sprouts, spring onions, coriander, cumin seeds, watercress and yogurt spread wrapped in a quinoa roti with mixed salad

DESSERTS

Selection of classic ice-creams & sorbets (per scoop) 120

Ice Cream : vanilla | chocolate | strawberry | coconut | green pistachio 🌱

Sorbets 🌱 : mango | pineapple | mint | lime | passion fruit

Mauritian seasonal fruit platter 610



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Menu availability depending on weekly opening times as per Shanti Times.

All prices are in Mauritian Rupees (MUR) and include 15% VAT

🌱 - Wellness cuisine

🌱 - Vegetarian

🌿 - Ayurveda

🌊 - Aquacasia

🌶️ - Spicy

🐷 - Pork

🍷 - Alcohol

🌰 - Nuts