



Scan this QR code to view our menu in your preferred language

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti Unlimited are entitled to a food credit of MUR 2,500 per meal per person.  
Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable.  
Menu availability depending on weekly opening times as per Shanti Times.  
All prices are in Mauritian Rupees (MUR) and include 15% VAT

## SALADS AND APPETIZERS

MUR

### Vietnamese spring rolls crispy vegetable, peanut butter sauce <sup>N</sup>

Vegetable spring rolls dumpling, soy garlic sauces

705

### Red radish, avocado and wakame salad

Red radish, avocado, olives, dried papaya, onion, scallion and chia dressing

800

### Baby spinach and mushroom salad

Baby spinach, mushroom, squash, pumpkin seed, pomegranate and with apple cider dressing

705

### Greek salad <sup>A</sup>

Feta cheese, English cucumber, olives, tomatoes, red onions, green bell pepper, oregano, red wine vinegar and extra virgin olive oil

705

### The shanti nourishing salad

Grilled tomatoes, steam broccoli, quinoa, sunflower seeds and goji berries

750

### Caprese salad <sup>N</sup>

Poached tomatoes, fresh Mozzarella cheese, lettuce, olive oil, fresh basil from our garden and balsamic vinegar

1,035

## SOUPS

### Turmeric cauliflower soup and coriander oil

Cauliflower, onion, garlic, coriander, turmeric and coconut oil

550

### Shanti tomato rasam “soup”

Tomato, coconut oil, coriander, mustard seeds, garlic and tamarind paste

650

### Broccoli and almond soup

Garnished with sautéed chopped celery, cumin, onion & almond flakes

650

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti Unlimited are entitled to a food credit of MUR 2,500 per meal per person.

Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable.

Menu availability depending on weekly opening times as per Shanti Times.

All prices are in Mauritian Rupees (MUR) and include 15% VAT

## BURGERS

MUR

### Shanti Signature V-Burger (Beyond Meat - 100% Vegetarian) (180g) 🌱

1,070

With cucumber, tomatoes, gherkins, cheese, caramelized onions, ketchup, mustard and served with spicy potato wedges on the side

## PANINI

### Tomato and Mozzarella panini 🥚

705

Tomato, Mozzarella cheese, basil pesto spread, onion rings, mixed salad, served with French fries on the side

## PIZZA SELECTIONS

### Margarita

610

Tomato sauce with buffalo Mozzarella cheese with fresh basil

### Tandoori paneer

750

Tandoori paneer, onion, bell pepper, tomato sauce and Mozzarella cheese

## PASTA

*(Please allow 20 mins cooking time)*

### Pasta selections: Tagliatelle | Penne | Spaghetti

*(Please select any one of your favourite pasta)*

### Aglio olio 🌱 🥚 🍷

705

Fresh garlic, red chilli, white wine and parsley

### Arabiata 🌱

730

Tomato, chilli and oregano

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti Unlimited are entitled to a food credit of MUR 2,500 per meal per person.

Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable.

Menu availability depending on weekly opening times as per Shanti Times.

All prices are in Mauritian Rupees (MUR) and include 15% VAT

## MAIN COURSES

MUR

### Spicy okra (Indian speciality) 🌶️

Fried lady finger with onion, tomato, chilli, spices and coriander

800

### Vegetable korma (Indian speciality) 🌿

Mixed vegetables, onion, ginger and garlic in a creamy coconut sauce

800

### Tikka paneer mushroom (Indian speciality) 🌶️

Paneer with mushroom marinated in yogurt and spices, cooked in tandoori oven

850

### Stuffed bell pepper

With Provençale vegetables, green asparagus and truffléed tomato sauce

1,080

### Please select any one side dish to accompany the above main course:

Naan: plain, cheese or garlic

Tomato salsa or green salad or grilled vegetables

Creole rice or basmati rice

### Vegetable biryani (Indian speciality) 🌿

Saffron rice with mixed vegetables, spices fried onion mint

800

### Indo-Chinese style vegetarian stir fried noodles

Hakka noodles, seasonal vegetables, garlic sauce & kaffir lime

530

### Mushroom risotto <sup>A</sup>

Mushroom, cherry tomato, onion, garlic, white wine and herbs

800

## DESSERTS

### Ginger jelly with papaya salad

Soft silky jelly with fresh sweet papaya from our garden

400

### Fresh fruit tartar with exotic broth

Small cubes of fresh tropical fruits served with exotic broth

400

### Strawberry sugar free mousse

Strawberry, agar agar, and stevia instead of sugar

450

### Melon soup with ginger lychee sorbet

Fresh ripe melon blend with sparkling water and homemade lychee sorbet

450

Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti Unlimited are entitled to a food credit of MUR 2,500 per meal per person.

Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable.

Menu availability depending on weekly opening times as per Shanti Times.

All prices are in Mauritian Rupees (MUR) and include 15% VAT

Version 1.2 | 12.08.2022