



GLUTEN FREE MENU



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Guests on meal plan Half Board (HB) | Full Board (FB) | Shanti Unlimited are entitled to a food credit of MUR 2,500 per meal per person.
Any consumptions beyond, will be charged accordingly. Credit is non-refundable and non-transferable.
Menu availability depending on weekly opening times as per Shanti Times.
All prices are in Mauritian Rupees (MUR) and include 15% VAT

STARTERS

MUR

Niçoise salad

705

Pan fried Tuna, potato, green beans, capers, hard boiled eggs, olive, tomato and lettuce

Octopus salad 🌶️

660

Grilled octopus in lime dressing with sliced onions, tomato, green chilli and fresh coriander

Indian mixed salad (Indian speciality) 🌿

800

Paneer, lettuce, spinach, tomato, onion, pepper and lemon dressing

Chicken tikka salad (Indian speciality)

990

Sliced tandoori roasted chicken, yogurt sauce, coriander, lettuce, cucumber and cherry tomato

Tropical salad with prawns 🌿

1,035

Prawns, palm heart, assorted lettuce, tomatoes, seasonal fruits, almonds and sweet & sour dressing

Caprese salad 🌿

1,035

Poached tomatoes, fresh Mozzarella cheese, lettuce, olive oil, fresh basil from our garden and balsamic vinegar

SOUPS

Tomato soup 🌿

425

Tomato soup with fresh basil from our garden

Créole gazpacho 🌿

470

Chilled tomato soup with shrimps, fresh coriander and olive oil dishes

Chicken Minestrone soup

520

Diced chicken, onion, garlic, vegetables, tomato, pasta, shaved Parmesan cheese and herbs

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BURGERS

MUR

Chicken burger (200g)

Minced chicken with onions, Cajun spices, gherkins, tomatoes, lettuce and served with French fries

705

Beef burger (200g)

Minced beef fillet with onions, Cajun spices, gherkins, tomatoes, lettuce and served with French fries on the side

845

SANDWICHES

Tuna sandwich

Smoked Tuna, sweet corn, onion, avocado, lettuce, tomato mayonnaise and French fries on the side

660

Chicken Club sandwich

Chicken breast, turkey bacon, avocado, fried eggs, lettuce, tomato, mustard sauce and French fries on the side

845

PIZZA

Margarita V

Tomato sauce with buffalo Mozzarella cheese and fresh basil

610

Hawaiian

Turkey ham, pineapple and Mozzarella cheese

660

Chicken Caesar and mayonnaise

Tomato, chicken, onion, eggs, Mozzarella cheese and Mayonnaise

660

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PASTA

MUR

(Please allow 20 mins cooking time)

Please select from the following choices:

Spaghetti or Penne

Please select any one sauce to accompany your pasta:

Aaglio olio   

705

Fresh garlic, red chilli, white wine and parsley

Carbonara  

850

Bacon, farm eggs, onion, white wine and cream

Prawn and lime   

895

Prawn, garlic, chilli, cherry tomato, oregano, white wine, combava lime zest

Bolognese 

895

Minced beef, carrots, tomato puree, onions, leek, celery and red wine

MAIN COURSES

Malagasy chicken curry 

990

Tender chicken thighs in coconut and lemon gravy served with steamed rice and cucumber salad

Butter chicken (Indian speciality) 

950

Chicken cooked in rich buttered creamy tomato gravy served with steamed rice

Lamb Rogan josh (Indian speciality) 

1,250

Spicy lamb curry with ginger, garlic, red chilli, onion, tomato served with saffron rice

'Catch of the day'

1,270

Pan-seared marinated fish fillet marinated in herbs and garlic served with seasonal grilled vegetables and mashed potato

Madagascar style tuna fillet 'mi-cuit'

1,080

Pink seared Tuna fillet with shrimps, spinach, quinoa rice and vanilla-green peppercorn sauce

Grilled baby chicken 

1,300

Baby chicken marinated with garlic, lemon and thyme with onion, tomato, cucumber salad and served with homemade French fries

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DESSERTS

MUR

Baked mango yoghurt

Served with mint sorbet, mango coulis, Greek yogurt

425

Lemongrass tapioca pearls with fresh fruit tartar

Lemongrass tapioca pearls, lychee and ginger sorbet with fresh tropical fruits tartar

425

Vanilla crème brûlée

Crème brûlée served with vanilla ice cream

610

Mauritian seasonal fruit platter

With chilli, salt, lime and tamarind sauce

610

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