ACTIVE FITNESS PACKAGE

The Active Fitness Package integrates the best of indoor workouts along with outdoor activities like personal fitness training, guide outdoor, yoga, aqua fitness and therapeutic spa experience to enhance muscle tone & cardiovascular fitness. The comprehensive programme works on intensive core fitness in addition to treks and full body therapeutic massages.

PUBLIC RATES IN INTERNATIONAL CURRENCIES
01st NOVEMBER 2025 UNTIL 31st OCTOBER 2026

NAME OF TREATMENT	MINUTES	5 NIGHTS	7 NIGHTS	14 NIGHTS
Fitness consultation	30	1	1	3
Circuit Training	60	1	1	3
Body Weight Workout	60	1	2	2
Cardio Body Weight Workout	60	1	1	3
Core Strengthening Workout	60	1	1	3
Abdominal Workout	60	1	1	2
Outdoor workout	60	1	2	4
Aqua Fitness Sessions	45		1	2
Sport Massage (Deep Tissue Massage)	60		3	2
Guided Jogging & Stretching	45		3	3
Hatha Yoga	30	1	1	3
Vinyasa Flow Yoga	45		1	2
Total minutes per package		420mins	960mins	1,680mins
Price per person quoted in Public Rates in € (EURO)		€ 560	€ 925	€ 2,010
Price per person quoted in Public Rates in £ (GBP | British pound sterling)		£ 490	£ 805	£ 1,750
Price per person quoted in Public Rates in $ (USD | US DOLLAR)		$ 595	$ 990	$ 2,150
Price per person quoted in Public Rates in MUR (Mauritian Rupee)		MUR 28,000	MUR 46,250	MUR 100,500

Please contact our Spa team for a personalized consultation or further information.

Terms and Conditions:
- This package is valid from 01st November 2025 until 31st October 2026
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes
  Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government