

SHANTI SPA

MAURICE

SERENITY MORNING AT SHANTI SPA

Half Day | 08:00 to 11:30 hrs

The key to a magnificent day, is an exceptional start at Shanti Spa. Experience a holistic spa experience to revive your mind, body & soul. Immerse in our "Serenity Morning Program", curated to energize and invigorate you from the daily stress.



Inclusions

- Hatha Yoga
- Jalneti (Sinus Cleaning)
- Breakfast
- Ayurveda Massage
- Towels and Yoga mat for use during the sessions
- Special discount on accommodation of 15% if accommodation require

SERENITY MORNING PROGRAM

Time	Activity	Duration	Venue
08:00	Group Hatha Yoga	60 mins	Yoga Pavilion
09:30	Jalneti (Sinus cleaning)	30 mins	Yoga Pavilion
10:15	Private Restorative Breakfast	60 mins	Tea Pavilion
11:30	Abhyanga Ayurveda massage	60 mins	Ayurveda treatment room
	Total minutes/hours per package	210 mins/3.30hrs	
Price per person quoted in Public Rates in € (EURO)		€ 150	
Price per person quoted in Public Rates in £ (GBP British pound sterling)		£ 129	
Price per person quoted in Public Rates in \$ (USD US DOLLAR)		\$ 167	
Price per person quoted in Public Rates in Rs (MUR Mauritian Rupee)		Rs 5,700	

Terms & Conditions:

- This package is Valid for new bookings as from 01st Nov 2025 until 31st Oct 2026
- Bookings recommended 24-48 hours in advance, valid on a first come and first serve basis
- Valid all year upon request and availability only within a limited allotment
- Package available 7 days per week from 08:00 am to 11:30 am
- Optional two courses lunch is available as from MUR 1,350 per person
- The prices are quoted in EURO | GBP | USD | MUR currency and are inclusive of local taxes
- Rates displayed are based on conversion following exchange rate from the base rate in EUR : 1 EUR vs GBP 0.86 | 1 EUR vs USD 1.11 | 1 EUR vs MUR 38
- Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridor to ensure rate parity in the market and distribution channels
- Rates listed are inclusive of 15% VAT, any alterations on VAT prices are subject to change accordingly

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