



WEIGHT MANAGEMENT

Shanti Spa offers a life-changing destination weight loss program intended for guests determined to live happier and healthier lives. The program is a safe and effective way in which to lose those extra inches. For our guests, losing weight is not the goal - it's the result of learning how to enjoy a healthier lifestyle to bring home. A new way to live shaped through optimal fitness, yoga and treatments.

PUBLIC RATES IN INTERNATIONAL CURRENCIES 01st NOVEMBER 2025 UNTIL 31st OCTOBER 2026

NAME OF TREATMENT	MINUTES	7 NIGHTS	14 NIGHTS
Wellness consultation	30	1	1
Fitness Consultation	30	1	1
Fitness Training	60	3	6
Abhyanga Ayurvedic massage	60	1	2
Shanti Fusion massage	90		1
Lymphatic Drainage	60	1	2
Udwarthana Body Scrub	45	2	2
Cellulite Mud Wrap	60	1	2
Deep Tissue massage	90	1	1
Aromatherapy massage	90		1
Yoga	60	4	5
Aerial Yoga	30	1	2
Lifestyle recommendation	30	1	1
Total minutes per package		900mins	1,620mins
Price per person quoted in Public Rates in € (EURO)		€ 1,947	€ 3,663
Price per person quoted in Public Rates in £ (GBP British pound sterling)		£ 1,663	£ 3,128
Price per person quoted in Public Rates in \$ (USD US DOLLAR)		\$ 2,085	\$ 3,923
Price per person quoted in Public Rates in MUR (Mauritian Rupee)		MUR 97,350	MUR 183,150

Please contact our Spa team for a personalized consultation or further information.

Terms and Conditions:

- This package is valid from 01st November 2025 until 31st October 2026
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes
- Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government