

Discover Shanti Maurice & Mauritius

We live our lives through our senses. Whether you enjoy relaxing on our soft sandy beach with a refreshing cocktail in hand as the scent of sweet sugarcane fills the air, or prefer indulging in the most fresh food in our restaurants,

Shanti Maurice has everything covered.

This is very Shanti Maurice

CULINARY EXPERIENCES

STARS Lucullan crossover: Stars has a magic and romantic momentum. All you need for an inspiring dinner. Add the freshest ingredients and extravagant aromas, the very best of Indian Ocean cuisine.

Rum Shed The Rum Sheds are a meeting place for the locals. The Rum Shed of the Shanti Maurice, one of the 111 must-see places in Mauritius, serves Mauritian Chili-bites (Gâteau Piment), Samosas and unforgettable rum cocktails that will defy replication. Ernest Hemingway was not the only one who knew that mixed drinks containing fine distilled sugar cane incite exquisite conversation. A marvelous spot to socialize. In zeitgeisty hipster-speak: a seriously cool hang-out.

RED GINGER BAR POOL LOUNGE This here is the social core of the Shanti Maurice: This exorbitant Cocktail Bar comes across as relaxed and friendly and it is hardly possible not to show up here several times a day. The menu draws a line from the excellent Burger to snacks such as Thai Chicken Wings and fine papaya & lime or lychee & ginger sorbets to chill things out. Delightful as an aperitif before dinner: Shanti Mojito. Meeow!

LA KAZE MAMA' GARDEN RESTAURANT

In the La Kaze Mama everything revolves around traditional Mauritian plain fare: something like granny's cooking and BBQ in the herb garden. The restaurant maxes out on aromatic local ingredients, many of them grown in their own herb and vegetable garden.

ASIAN SUSHI LOUNGE Chef Alex's Signature Sushi remains unforgettable. Without a doubt amongst the best in the world - inspired by Asia and seasoned by planet earth. At lunch and at dinner time, head out to the Stars Courtyard to discover the exquisite selection of Sushi and Asian delights, filled with hand-picked ingredients and rich flavours.

AUTHENTIC INDIAN SPECIALITIES MENU

Breathtaking authentic Indian cuisine prepared by two top Chefs from North and South India - colourful culinary fireworks inspired by Mauritius Flavours.

PRIVATE FISH SNACK Spectacular setting in front of the breaking waves: a private luxury BBQ with freshly caught fish and lobster ... unmissable!

This is very Shanti Maurice

EXPERIENCES FOR BODY AND SOUL

SHANTI SPA: PURE ENERGIE PACKAGE

FOR BODY AND SOUL As the renowned New York 'Traveller' put it: 'The Shanti Spa is by far the largest and most serious of the islands.' First, if they don't know, who would? And second, we Alpha-Guide folks managed to enjoy it quite a bit ourselves: their treatments include Thai-massage via Reiki-healing, Ayurveda face treatments all the way to Watsu-sittings as well as a range of more intensive Spa treatments with a focus on yoga, meditation or sleep. The Swasthyan programme starts with a diagnosis by Dr. Mishra. An initial check-up consultation (build/posture, skin type etc) - with a

knowledgeable eye, the specialist asks a series of questions about your lifestyle. This serves to define the intrinsic Dosha-balance, which will determine the appropriate treatment.

We would say: tailor-made Spa-avant-garde and a real 365-day yoga (re)treat

FLORAL BOUQUETS AND IMPRESSIONS from the Shanti-Gardens Kind of Magic: the luminescence of the indigenous plants such as frangipani, bougainvilleas and hibiscus in a generous park full of exotic trees. In the vegetable garden cress and coriander, beetroot, basil, broccoli and spearmint. A pre-dinner walk/ wander through such lavish fragrances gives you an appetite for life. And of course for the soaring culinary flights that await you. In the realm of the senses!!

SHANTI-MOMENTS with Picknick in Romantic Intimacy for grand moments there are powerful places within this 14,5 ha magical world. A picnic in the meadows or in the herb garden, a private dinner with an open fire at the beach.

That's what holidays are made of!

A WARM WELCOME FROM THE COCKPIT

Feel the real Mauritius, authentic, playful, honest and pure, surrounded by nature, in a laid-back luxury setting.

A resort for all generations, ranging from honeymoon to spa retreat to family vacation. 'This is the sort of holiday we used to have before we had children, now possible with children.'

In this spirit, enjoy our Shanti Maurice. Haje Thurau, General Manager

Enjoy the DNA of Mauritius

Etymology

Dina Harobi, meaning 'abandoned island', Dina Robin

About 8 million years ago the archipelago of the Mascarene Islands, including Mauritius, Rodrigues and La Réunion, emerged due to the fairly violent activities of Mister Indian Ocean.

Whether Mauritius was already known to the Phoenicians and Malayans remains unclear. Some tales have it that the latter discovered the Island on their travels from Madagascar to Indonesia. There is, however, no proof. The island figures on several old Arab sea maps and was known to the Arabs already in the 10th century. Arab seafarers called it Dina Harobi, meaning 'abandoned island'.

History

Portuguese era (1505-1598)

Whether Vasco da Gama, who discovered the sea route from Europe to India, was also the first European to set eyes on the Mascarenes, remains equally uncertain. Officially discovered by (the) Portuguese explorer Pedro Mascarenhas, the island was used by the Portuguese as a base for their interests in Goa and Mallaca.

Dutch era (1598-1710)

The Dutch decided to call the island 'Prins Maurits van Nassaueiland', in honour of Prince Moritz of Orange (Dutch Maurits = Latin Mauritius) from the house of Nassau, the Governor of Holland. Ergo: Holland gave Mauritius its name.

French era (1715-1810)

In 1715, the French conquered the island and changed its name to 'Île de France'. Mahé de Labourdonnais was its Governor from 1734 to 1746 and founded Port Louis in 1735, which became the site of the Governor's residence.

British Era (1810-1968)

In 1810, the British, under the command of Commodore Josias Rowley, occupied the island after their Mauritius campaign against France and of course once again called it Mauritius. Who wouldn't have? Rodrigues likewise remained British into the future. La Réunion, also conquered, was, however, handed back to France after the war.

VIPs

Mark Twain

'Mauritius was created first, and then Paradise; but Paradise was just a copy of Mauritius', said Mark Twain, when he visited the island in the year 1896. It might be noted, however, that this quotation was torn from its context: Mark Twain was sulking because the islanders failed to give him enough attention. He rather meant the comment sarcastically. Yet he is right even without the undertone.

Charles Baudelaire

He wanted to purify himself of his Parisian bohemian dandy life. That didn't always work out. No, it really didn't.

The Mauritians

Multicultural and superstition

The flag of the Republic would stand for the people and religions of the island: red for the Hindus, blue for the Christians, yellow for the Chinese and green for the Muslims. Nonsense. It was a travel journalist who invented this story and the text did the rounds on the internet. In reality, the colours represent the blood spilled in the fight for independence, the ocean, the sun and the lush vegetation.

Origins

About two thirds (68%) of the inhabitants are Indomauritians, that is, they originate from the Indian subcontinent. A large part of the rest of the population are so-called Creoles (27%, former slaves from Africa and Madagascar mixed with other groups, mostly Europeans). A good 3% of the Mauritians, the Sinomauritians, have Chinese origins. The white minority is even smaller: about 2% of the population is Francomauritian. There are no aboriginal people. Four different religions living a model of cooperation. Almost tension-free!

Culinary basic knowledge

Each culture has left its culinary footprint the dish 'Curry no 2' for instance designates a popular creole delicacy made with monkey meat. An alternative would be hearts of palm or 'love apples', as they call tomatoes here. In any case, French cuisine is in (see Fine Dining).

Two world stars

Dodo & the blue Mauritius

This clumsy flightless bird with a large hooked beak, short legs, stumpy wings and no natural enemies, was called 'fat ass' by the Dutch, which was corrupted to give us the name Dodo. Now it only exists as a heraldic animal.

Corpulent and incapable of flight as he was, the dodo found no escape when the Dutch started to settle on Mauritius. Due to the lack of enemies, the dodo had become a 20 kilo dumpy ground breeder. Nonetheless, the Dutch needed almost 100 years until they had eaten the last of its kind. That was around 1690.

Yes, it is a pity. However, as an omnipresent souvenir the dodo lives on. Deservedly so. It has nothing else todo.

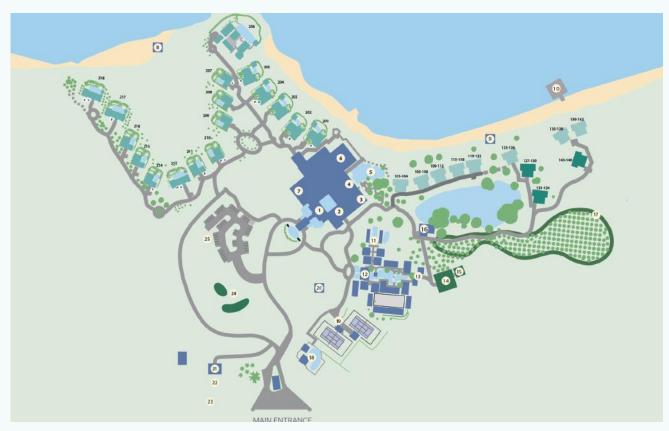
In 1847, the postal service put a set of 500 stamps, called blue Mauritius, on the market. By 1913 it was valued at 25,000 Mark, today about one Million Euro. That could change, however, if the printing plate, assumed lost since 1930, reappeared.

For the philatelists' sake: let's hope it won't! Anyway, enjoy the Shanti Maurice and the Alpha-Guide

Respect. Yours, Nikolaus Schrefl, Founder

The Alpha-Guide can be found only in top selected Hotels in Vienna, Salzburg, Kitzbühel, Hamburg, Munich, Sylt, Mauritius, Ibiza office@alpha-community.com

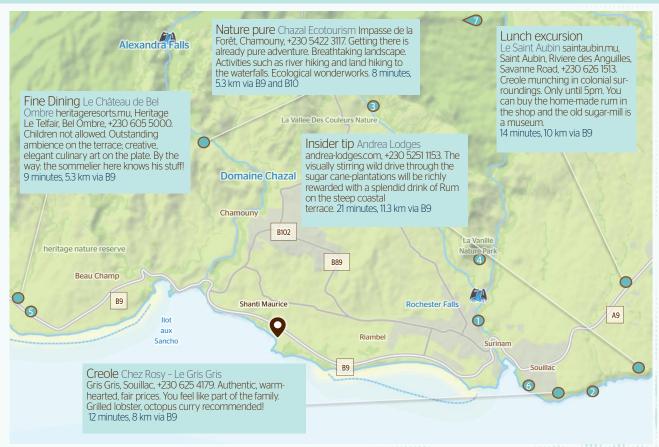
The Resort navigation of Shanti Maurice



- Das Resort © Lobby & Reception © Boutique © Library © Red Ginger Bar & Pool Lounge © Main Pool with Jacuzzi © Stars Restaurant © Conference Room © Fish Shack Open Air Restaurant
- Water Sports Centre (1) Jetty & Wedding Pavilion (1) Spa Pool & Watsu Pool (2) Spa Reception (3) Yoga Pavillion (3) Herbs & Vegetables Garden (3) La Kaze Mama Restaurant @ Gym @ Jogging Track @ Kids Club @ Tennis Courts
- @ Chess Board @ Rum Shed Bar & Grill Restaurant @ Open-air Cinema
- 3 Archery 2 Putting green 5 Car Park Villas
- Junior Suites Oceanfront / Beachfront
- Junior Suites Oceanview
- P Pool child safety net option pre-installed
- N Privacy net option pre-installed

Room Categories	Levels	Room Number	Amount of rooms
Junior Suite Oceanview	Ground Floor & First Floor	127*, 128*, 129, 130, 131*, 132*, 133*, 134*, 143*, 144* 145*, 146*	12
Junior Suite Oceanfront	First Floor	103, 104, 107, 108, 111*, 112*, 117, 118,	16
Junior Suite Beachfront	Ground Floor	101*, 102*, 105, 106, 109, 110, 115, 116, 119*,120*, 123, 124, 135*, 136*, 139, 140	16
Oceanview Pool Villa	Ground Floor	207, 208, 209, 210, 211, 214, 215, 216	8
Beachfront Suite Pool Villa	Ground Floor	201, 202, 203, 204, 205	5
Oceanview Double Suite Pool Villa	Ground Floor	212, 217	2
Shanti Villa	Ground Floor	206	1

Good things in the neighborhood



Nature • Rochester Falls Very popular for his angular side cliffs, Mr Rochester is the broadest waterfall on Mauritius.

② Roche qui Pleure The incredible power of the ocean has given a very impressive shape to these cliffs, and, standing on this rock, you feel like you're being energetically charged. (Something like plugging into God's socket. This is, by the way, the southernmost tip of the island.)

① La Vallee Des Couleurs Nature Park Colourful landscape park with soil in 23 colours, hiking paths, wildlife and a zipline.

La Vanille Nature Park lavanille-naturepark.com, senneville, Riviere des Anguilles 60602. The restaurant offers crocodile-meat in various forms ... well, up to you...

Attitudes Drinking habits In a traditional household beer and rum are on the table. Wine rather for the upper class.

Culture Musée du Coquillage theworldofseashells.com, Heritage resort, Château de Bel Ombre, 1er étage. Almost 700 kinds of mussels (many of them spectacular) and a truly friendly and knowledgeable gentleman, the director of the museum.

Robert Edward Hart Memorial Museum Autard Street, Souillac, +230 625 610. Some of the works of the Mauritian poet and painter Robert Edward Hart are on display here (closed on Tuesdays and holidays).

Golf @ Avalon Golf estate avalon.mu, Bois Cheri Road, +230 430 5800. Outstanding golf court, perfectly well groomed and with very warm-hearted service! Technically very demanding and extravagant holes. A 'must-play'. Certainly one of the most beautiful and classiest places on the island

Attitudes Creole 95% of the Mauritians speak Creole. 10 Mio worldwide. People here view Creole as a simple form of French.

Explore the wild beauty of the south



Hike Le Morne Morne Brabant -550m-high mountain surrounded by a remarkably beautiful turquoise lagoon with offshore reef. Impressive location and view. About 12 km in 3.5 hours. Easy hike up to the South West Viewpoint. Then the going gets tough and it's no longer suitable for beginners. But: the view from the South West Viewpoint is also fantastic. Departure point

② Historically charged mountain UNESCO world heritage site due to its history of slavery. On 1 February 1835, the day of the official abolition of slavery, the army was sent to the mountain to tell the slaves that they were now free. They, however, thought they were being taken back into slavery and in utter despair, choose to hurl themselves to death. 1 February is celebrated by the Creole community as a holiday to commemorate the end of slavery.

Good To know Respect 70% of Muslims & Hindus do not comprehend it when a man runs around in shorts or a woman hops into the water topless.

Nature 3 Chamarel-Waterfall is named after the French officer Charles Antoine de Chazal de Chamarel, who lived in this area. Here, the Cap River hurls itself over a cliff edge almost 100 metres into the depths. Cool, that itself about 100 metres.

just about sums it up.

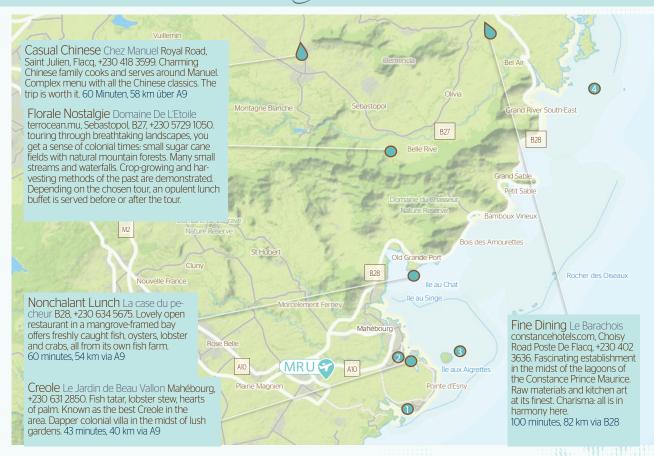
Seven-coloured earth is a natural phenomenon close to the village of Chamarel.

Black River Gorges National Park Large park with rain forest, 2 information centres, picnic areas and a 60 km-network of hiking paths.

Art 6 Curious Corner of Chamarel curiouscornerofchamarel.com Baie du Cap Road, Chamarel, 230 483 4200. let's call it a curious excursion on a rainy day, kids and all. Optical illusions make for very bizarre photos. Adults can check out their 'inner child' here.

Attitudes Mysterious, even in broad daylight, nature won't let her veil be raised: What your spirit can't bring to sight, won't by screws and levers be displayed. Goethe, presumably at the falls

The east, wild and blissfull untouched



Action • Action Snorkeling in the Blue Bay The shallow, almost entirely closed Blue Bay is THE underwater highlight of the island. The La Morne peninsula is hard on its heels though when it comes to underwater enjoyment.

Culture National History Museum mauritiusmuseums.mu
Royal Rd, +230 631 9329. A look around the ancient mansion (free entry) is
worthwhile even just to see the intact skeleton of the extinct Dodo. Apart
from that, it showcases lots of marine war paraphernalia, salt-eaten canons
and a palanquin in which high society ladies would have themselves
carried to the dance

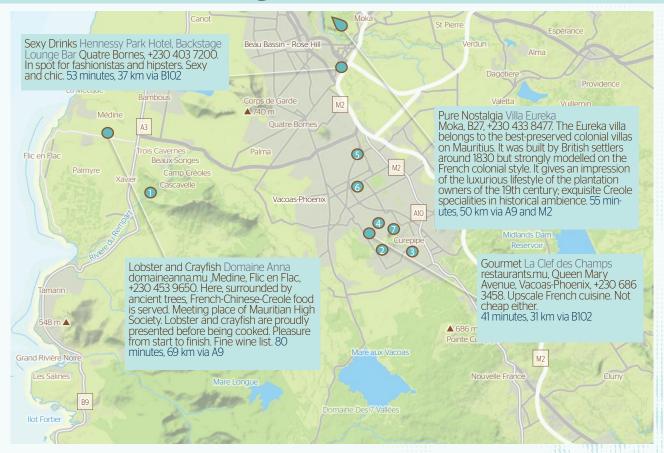
Attitudes Charles Baudelaire wanted to withdraw from the influence of the feudal Parisian dandy lifestyle to Port Louis. Epic fail.

Nature 1 lie aux Aigrettes This extraordinary island has a surface area of 26 ha. The island is a Mauritian Wildlife Foundation nature reserve to protect the native flora of Mauritius and the Mascarenes. Protection and breeding of species that used to thrive on Mauritius and are almost extinct now: the Mauritius dove but also the aldabra giant tortoise. A genuinely fascinating terrain with dedicated staff. Booking hotline: +230 631 2396, reservation@mauritian-wildlife.org. From Mahebourg.

① Ile aux Cerfs Leisure Island Trou d'Eau Douce.; idyllic beaches and nature but quite crowded. Really worthwhile: a tour on a catamaran. Tip: hire a motorboat with a driver in the harbour of Trou d'Eau Douce. Price is negotiable. Starting at Euro 50, you are set to go.

Good to know Partying is fun. Sure, it's a rum island and people like to drink. But please note: DON'T DRINK AND DRIVE!

The highlands, beat of the heart



Zoo ① Casela World of Adventures caselapark.com, Royal Road, Cascavelle, +230 401 6500. This enormous terrain full of exotic beasts established itself more or less by way of a tiny bird park, giraffes, rhinoceroces and the like. One of the highlights here is going for a walk with the lions. After feeding time, of course. Otherwise you'd be taken for food by the king of animals. Hehe. Anyway, you can spend the whole day here and still not have seen the half of it.

Nature 20 Trou aux Cerfs Trou-Aux-Cerf-Road, Curepipe, +230 401 6500. It looks a bit like in a James Bond film: a 100-metre deep volcanic crater with a lake in its centre. There is a fabulous view from the rim. You can see all the way to the European Union: with good visbility, you can see the neighboring island La Réunion.

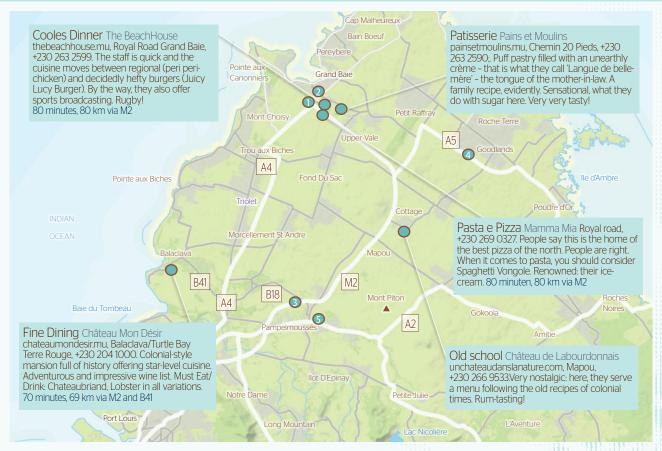
Attitudes For breakfast Mauritians have coffee and a croissant and for lunch a bowl of curry. Only dinner is lavish, with Creole food.

Shopping Fashion T-shirts and sweaters at the Stritwear-Boutique in Floréal, high-end ready-to-wear goods at Floreal Square Shopping Center in Floreal, fashion swimwear by many brands in the Cecan Factory Shop oceanmauritius.com in Phoenix, Nalletamby Road 56, You will find cashmere and luxury knitwear in the Shibani Centre in Floréal or in the many branches. The Tara group boutiques sell top-quality sweaters and other woollen products at affordable prices.

Jewelry and watches at Adamas adamasIdt.com, Mangalkhan in the quarter Floréal in Curepipe, +230 686 5346. in this former diamant cutting atelier, you can find duty-free all that glitters and glamours. Golden jewelry and watches can also be obtained here duty-free.

Good to know Rain protection In the higlands you will encounter rainfall quite often. If planning a small hike, please think British.

The north, sophisticated vibes



Boat-Trips to the Iles du Nord Oroisieres Australes croisieres australes.com, Sunset Boulevard, Route Royale, B13 Grand Baie +230 2026660. Every single one of these islands, Coine de Mire, Ilot Gabriel, Ile Plate, seems to be a prototype of God's divine plan of creation. Between Euro 30 and 100 per day and person. Drinks on board and picnic on land included.

Sea-Angling horizon Big Game Fishing mauritiusbiggamefishing.com, B13, Grand Baie, +230 5421 7991. Whether giant yellow flapper tuna, blue marlin or whatever else - with Euro 500 per day and boat plus fisherman, you are on the hunt.

Museum © L'Aventure du Sucre aventuredusucre.com, B18 Pamplemousses MU 21001, +230 243 7900. Worldwide leading and extraordinary illustration of sugar production. Unique!

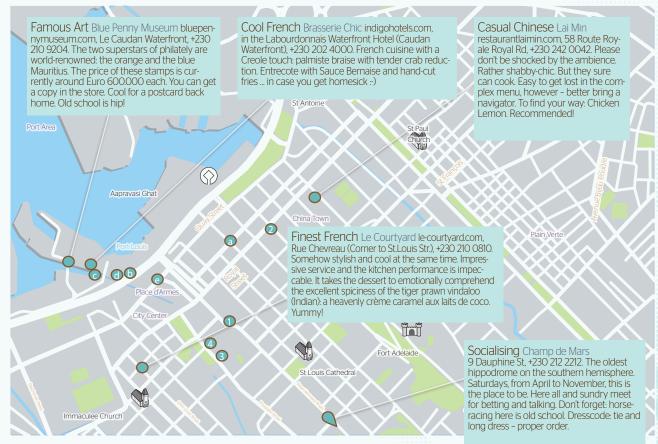
Attitudes Turn it on its head On Sundays and holidays many locals wear a classical, rather European-style hat.

Ship Models Historic Marine historic-marinecom, Historic Marine, Z. I. Saint Antoine, Goodlands, +230 263 9404. Mauritius is world-renowned for its finest and most beautiful ship models of all sorts. There is a good number of manufacturers here, however, specialists are unanimous: the models produced by Historic Marine' are of the highest quality. A small pirogue costs Euro 50, for a 50cm long 'Santa Maria' you'll have to fork out / part with Euro 900, and when it comes to the larger version of the 'Amerigo Vespucci', we're talking Euro 4600.

Botanics S ir Seewoosagur Ramgoolam Botanical Garden ssrbg.govmu.org, Pamplemousses, +230 243 9401. The oldest botanic garden in the southern hemisphere takes up a surface area of about 37 ha. Highlights: Giant water lilies, Talipot palm trees.

Business Sugar industry With 40,000 workers it's the biggest export hit of the country (62 per cent approx.).

The flair of Port-Louis



Hot Spot @ Central Market Corderie St. / Queen St. (Mon-Sat 6 am-6 pm). These 'sacred' iron halls are listed buildings. To understand Port Louis, you have to have been here at least once. Here, Indian, Chinese, African and European farmers serve God's plan of his creation: an exciting variety of fruit and vegetables. Same for spices, arts and crafts, leather bags and fun T-shirts, thousands of teas, as a matter of course, for all sorts of ailments. Crush and crowd, huzz and buzz anywhere ... not for the faint-hearted:-)

Caudan waterfront / Shopping ® Shiv Jewels Large range of dutyfree jewelry © Craft Market Souvenirs, for example ship models ® Hugo Boss Store Clearly cheaper than in Europe © Ouicksilver Shop Trendy brand store for hipsters.

Attitudes Security Mauritius has an extremely low crime rate. Nonetheless, you are not immune to pick-pockets in Port Louis.

History • Government House Intendance St., +230 212 5325. The oldest remaining building of the island survived loads of history and catastrophies and is still standing! Best to bow and take it as an example. Unfortunately, it's not possible to visit the inner spaces of this treasure chest. • Jummah Mosque Royal Road, A1, Queen St (Mon-Thu 10-12 am), +230 242 1129. Unites Indian, Creole and Islamic architecture and is thus a symbol of the peaceful multicultural community on the island. It is worth noting that it's located in the midst of the Chinese district.

Art ① Photography Museum musee-photo.voyaz.com, Rue de Vieux Conseil et W.Churchill, +230 211 1705. Shows unique insights into Mauritius' past. The photographs are taken by the photographer Tristan Breville (Entrance 150Rs). ② Natural & History Museum

Good to know Tip When the service is good, 5-10 per cent is suitable but not expected. A question of the moment.

Enjoy the topspots of Mauritius



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