

# SHANTI MAURICE

RESORT & SPA



## YOUR 365 DAYS YOGA RETREAT

Shanti Spa at Shanti Maurice Resort & Spa, is a wellness destination Spa and a pure oasis of relaxation where yoga retreat is possible 365 days a year.

### Inclusions:

- Three daily Yoga classes are available complimentary (including a 45 minutes Hatha Yoga & Vinyasha Yoga)
- Daily Meditation available complimentary (Terms & Conditions apply)
- Up to 3 international Yoga and Meditation teachers available per day for private lessons if required
- Three dedicated yoga pavilions and meditation rooms as well as a selection of outdoor venues are available (in the garden, on the beach, etc)
- Monthly varying international visiting therapist and international yoga gurus: subject to Resort's planning and calendar

### Terms & Conditions:

Group sessions as per the daily/weekly spa guest program.

Additional nominal charge may apply for private lessons, dedicated wellness retreats and/ or visiting therapists and gurus.

