



SUYOGAM – YOGA PACKAGE

Know your inner self through a unique SUYOGAM program. This yoga-centric program, comprising a combination of specially chosen Asanas, Yogic cleansing procedures and signature treatments, will sharpen your concentration, improve your health and assist you in attaining peace-of-mind. The word 'Yoga' means a union; Suyogam therefore means a perfect union! This package, or rather a regimen, is designed with select practices of Yogic science, to create a perfect harmonizing system for the body, mind and spirit.

PUBLIC RATES IN INTERNATIONAL CURRENCIES
01st NOVEMBER 2025 UNTIL 31st OCTOBER 2026

NAME OF TREATMENT	MINUTES	4 NIGHTS	7 NIGHTS	14 NIGHTS	21 NIGHTS
Wellness consultation	30	1	1	2	3
Talk to the Guru	15	2	3	6	13
Jala Neti	30		1	2	3
Breathing Practice	30		1	2	3
Aqua Yoga	45	1	1	2	3
Sunrise Yoga	45	1	2	4	6
Beach Yoga	45	1	2	4	6
Aerial Yoga	45	1	2	4	6
Yoga Nidra	30	2	4	8	12
Pranayama	30	2	3	6	9
Abhyanga – Ayurveda massage	60	1	1	2	3
Choornaswedena – Ayurveda bundle massage	60		1	2	3
Indian Foot and Leg massage	60	1	1	2	3
Total minutes per package		480mins	840mins	1,680mins	2,580mins
Price per person quoted in Public Rates in € (EURO)		€ 776	€ 1,348	€ 2,470	€ 4,257
Price per person quoted in Public Rates in £ (GBP British pound sterling)		£ 663	£ 1,151	£ 2,109	£ 3,635
Price per person quoted in Public Rates in \$ (USD US DOLLAR)		\$ 831	\$ 1,444	\$ 2,645	\$ 4,559
Price per person quoted in Public Rates in MUR (Mauritian Rupee)		MUR 38,800	MUR 67,400	MUR 123,500	MUR 212,850

Please contact our Spa team for a personalized consultation or further information.

Terms and Conditions:

- This package is valid from 01st November 2025 until 31st October 2026
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes
- Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government