

SHANTI SPA

MAURICE



SHANTI SLEEP AND RECOVERY PACKAGE

Shanti Sleep and Recovery Package is designed to induce a deep state of relaxation by combining Yoga and pranayama (breath regulation). This Package is a selection of relaxing and energy balancing treatments to enhance your journey towards a better and more restful night's sleep.

PUBLIC RATES IN INTERNATIONAL CURRENCIES 01st NOVEMBER 2025 UNTIL 31st OCTOBER 2026

| NAME OF TREATMENT | MINUTES | 5 NIGHTS | 7 NIGHTS |
|---|---------|------------|------------|
| Wellness consultation | 30 | 1 | 1 |
| Personalized yoga | 60 | 1 | 2 |
| Pranayama – Breathing practice | 45 | 1 | 1 |
| Yoga Nidra meditation | 60 | 1 | 2 |
| Reiki energy healing | 60 | 1 | 1 |
| Chakra Balancing Massage | 75 | 1 | 1 |
| Magnesium sleep therapy | 90 | 1 | 1 |
| Shirodhara Ayurveda treatment | 60 | 1 | 1 |
| Foot Reflexology | 60 | 1 | 1 |
| Total minutes per package | | 540mins | 660mins |
| Price per person quoted in Public Rates in € (EURO) | | € 1,125 | € 1,275 |
| Price per person quoted in Public Rates in £ (GBP British pound sterling) | | £ 980 | £ 1,110 |
| Price per person quoted in Public Rates in \$ (USD US DOLLAR) | | \$ 1,200 | \$ 1,360 |
| Price per person quoted in Public Rates in MUR (Mauritian Rupee) | | MUR 56,250 | MUR 63,750 |

Please contact our Spa team for a personalized consultation or further information.

Terms and Conditions:

- This package is valid from 01st November 2025 until 31st October 2026
- Prices quoted above includes Spa treatments only
- Applicable for a minimum of 5 nights stay and other stay options are equally open
- Rates are valid upon request and availability within limited allotment only
- The prices are quoted in EURO | GBP | USD currency and are inclusive of local taxes
Rates are subject to change if the exchange rate variance reaches outside of the regular floating corridors to ensure rate parity in the markets and distribution channels
- Taxes can be reviewed without prior notice in case of any change imposed by Mauritian Government