



THE RETREAT

ELCOT PARK



Treat yourself...

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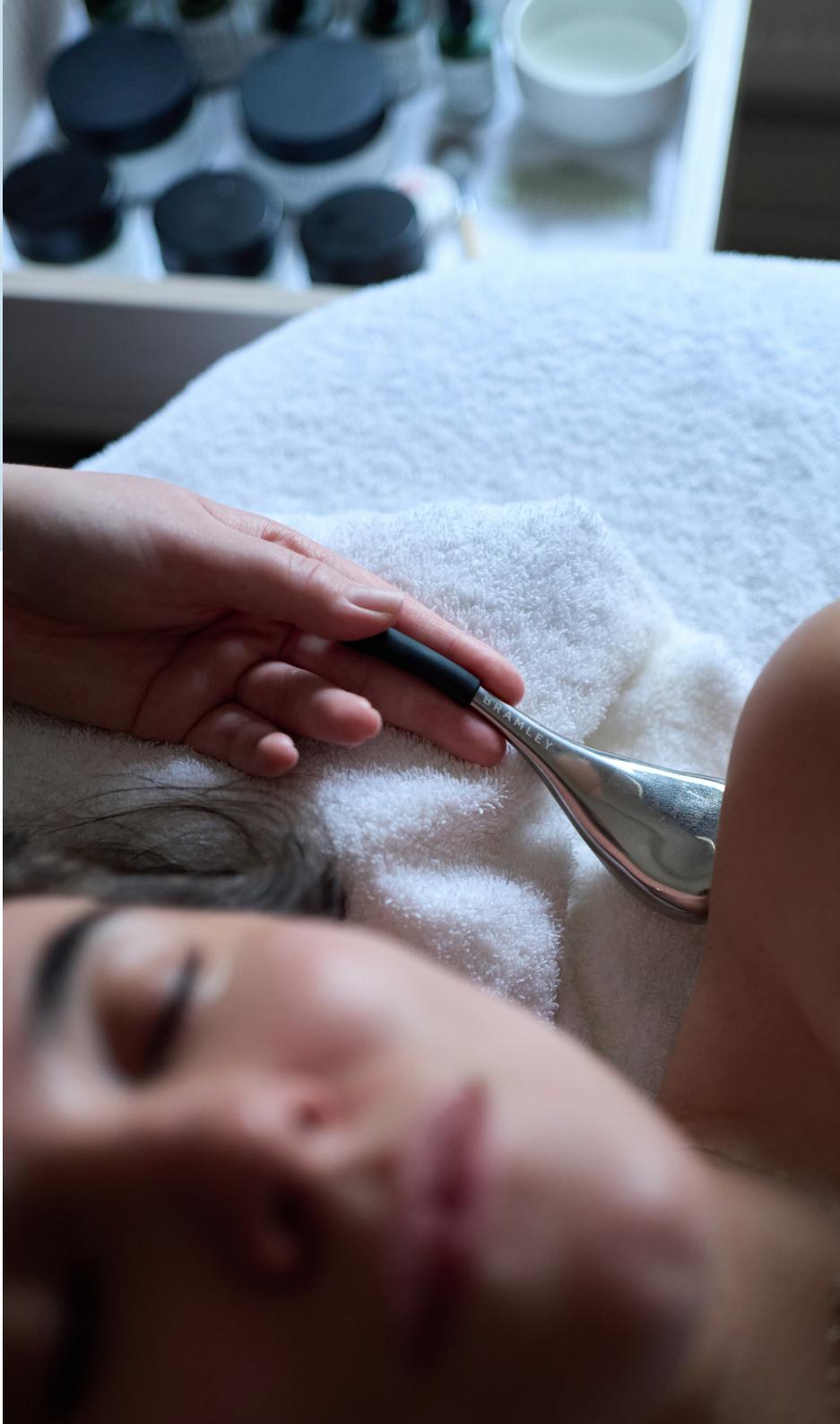
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Our Spa

WHERE CALM MEETS COUNTRYSIDE CHARM.

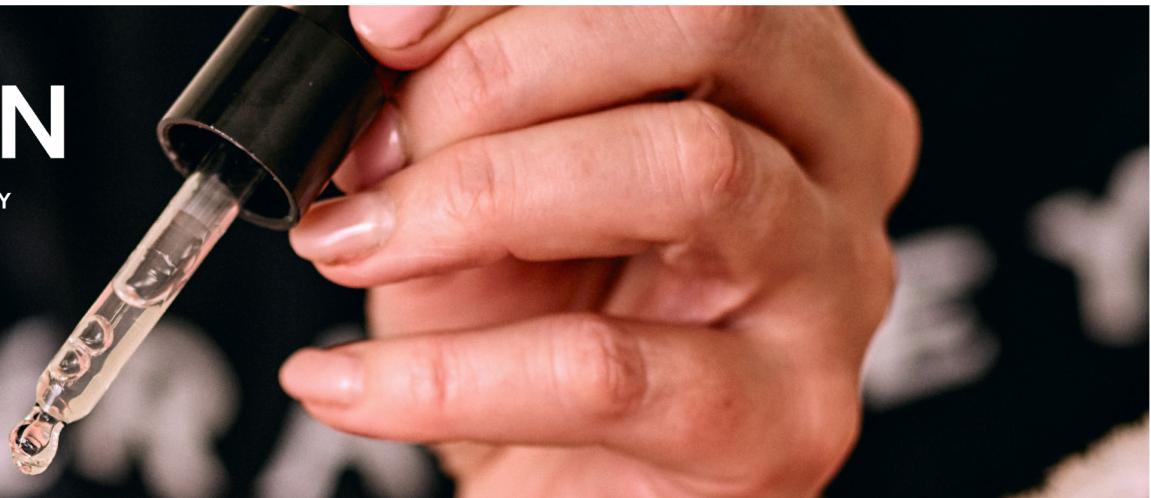
The Signet Spa at The Retreat is a haven of calm and connection - a place to pause, breathe, and rediscover balance. Inspired by our natural surroundings, we combine British heritage and the art of slow living to create a spa experience that's restorative, refined, and beautifully simple.

Whether you're here for an indulgent weekend escape, a mindful moment of calm, or a full reset, our treatments are designed to nurture, soothe, and leave you glowing from the inside out.



SKIN

by BRAMLEY



Our Partner: Bramley

NATURALLY BRITISH.
BEAUTIFULLY KIND.

We're proud to partner with Skin by Bramley, the much-loved British botanical brand inspired by the beauty and balance of the countryside.

Crafted with care in Somerset, Bramley's products use only the finest essential oils and naturally derived ingredients – kind to your skin and kind to the planet.

Each treatment harnesses the **power of nature's oils and botanicals** to restore harmony, awaken the senses, and leave you feeling refreshed, radiant, and completely renewed.

Membership

AT THE RETREAT, MEMBERSHIP ISN'T JUST A ONE-TIME TREAT – IT'S A WAY OF LIFE.

Our Facilities include:

- + Heated Outdoor Infinity Pool
- + Indoor Hydrotherapy Pool
- + Himalayan Salt Sauna
- + Aroma Steam Room
- + Cold Tubs
- + Hot Tubs*
- + Matrix Gym
- + Padel Court*
- + Spa Treatment Rooms*
- + Consultation Room
- + Relaxation Room
- + Salt Floatation Tank*

*additional charges apply



PERKS TO BEING A MEMBER

- + 1 x 60 minute Salt Floatation tank session on your birthday to celebrate
- + 10% off all Spa Treatments
- + 20% discount on all food and House Booze in Yu & 1772 Brasserie for up to 6 people
- + 20% discount on our Events
- + Reduced guest fee to bring a friend with you (over 18 only)
- + Padel benefits – 30% off court fees & 30 day advance bookings

A FEW NEED-TO-KNOWS FOR WHEN YOU JOIN US:

Joining Fee

£200 per person

Payments

Monthly & Annual payment plans available for single or double membership

Opening Hours

Monday-Friday 7am-8pm

Saturday-Sunday 8am-7pm

Outdoor Pool Children's Hours (hotel residents only)

Monday to Friday: 9am-10am and 3pm-5pm

Saturday-Sunday: 10am-12pm and 3pm-5pm

*Childrens swimming times may be subject to change

**Outdoor pool will close 30 minutes before spa closing time and during the winter months is daylight hours

To become a member please email:

members.retreat@signet.ltd



Signet Treatments

The Signature Collection

THE RECHARGER

60 mins

Recharge your energy and melt away stress with this rejuvenating body and facial experience. After a brief consultation, your therapist begins with a soothing welcome touch massage to ease tension and promote relaxation using your chosen aromatherapy oil.

The treatment continues with an express facial tailored to your skin type – including cleansing, exfoliation, a face massage, and a hydrating mask accompanied by a neck and head massage. Finished with serum and moisturiser, this treatment leaves your skin glowing and your body deeply relaxed.

MELT AWAY

60 mins

Sink into pure serenity with our take on the timeless hot stone massage. Heated basalt stones glide across the skin, radiating warmth deep into the muscles to release tightness and tension.

The gentle rhythm of the stones combined with Bramley's soothing oils promotes deep relaxation, grounding the body and clearing the mind – the ultimate antidote to a busy week.

HEAD START

45 mins

Let your thoughts drift away with this deeply calming scalp, neck, and shoulder treatment. Designed to dissolve everyday stress and bring clarity to the mind, this massage focuses on pressure points that release built-up tension. Bramley's uplifting rosemary and lemon essential oils refresh and restore – perfect for anyone seeking a mindful moment of stillness.

THE GLOW UP

45 mins

Smooth, brighten, and awaken your skin with this invigorating full-body exfoliation. Using Bramley's gentle sugar and salt scrub, your therapist buffs away dullness to reveal a luminous, silky finish. Followed by a nourishing layer of hydrating body oil, your skin will feel supple, radiant, and ready for anything – like sunshine bottled.

SERENITY RITUAL

60 mins

A safe, relaxing experience developed for those undergoing medical treatment, including cancer, in need of a little nurturing. This experience is suitable for those being treated for medical conditions, or those who suffer from a condition that would normally prevent them from having a spa treatment. The Serenity Ritual is completely bespoke, tailored to individual needs, considering circumstances, and ensuring a personalised journey. This experience will include a personalised wellness routine, allowing guests to be naturally comforted.



Bramley Treatments

BRAMLEY BESPOKE FACIAL

60 mins

A bespoke facial designed to bring your natural glow back to life. Using Bramley's nourishing botanical products, your therapist tailors each step to your skin's needs – from gentle cleansing to hydrating massage and mask therapy.

The treatment rebalances and revives dull, tired skin, leaving your complexion soft, dewy, and radiant – the very definition of English countryside glow.

APPLE AHA RENEWAL

60 mins

A results-driven facial powered by nature's fruit acids. Natural apple-derived AHAs gently exfoliate and resurface, smoothing texture and revealing brighter, healthier skin beneath.

Combined with Bramley's antioxidant-rich serums, this treatment boosts radiance and restores vitality for an instant "just-back-from-holiday" complexion.

ROSE QUARTZ RADIANCE

60 mins

A facial ritual that nurtures, restores, and uplifts. Soothing rose quartz crystals are used in slow, cooling strokes to calm inflammation and awaken inner balance. Bramley's probiotic-infused products strengthen the skin's barrier, while the gentle massage leaves you feeling centred, glowing, and renewed from within.

BRAMLEY SELENITE CRYSTAL MASSAGE

60 mins

Choose from: Back, neck shoulder and scalp
OR Full body massage

Harness the healing power of selenite crystal energy. This unique massage combines light, restorative touch with the cleansing vibration of selenite crystals to release negativity and restore inner calm. Infused with Bramley's grounding oils, this treatment leaves you lighter, clearer, and glowing with positive energy.

BRAMLEY MOTHER-TO-BE

60 mins

A gentle, nurturing treatment created especially for expectant mothers. Your therapist uses slow, soothing movements to ease muscle tension, improve circulation, and promote deep relaxation.

Bramley's pregnancy-safe oils nourish the skin, while calming aromatherapy brings peace and comfort for both mother and baby.

BRAMLEY BESPOKE MASSAGE

60 mins

Choose from: Back, neck shoulder and scalp
OR Full body massage

Allow yourself a moment of serenity with this deeply relaxing massage tailored entirely to your needs, leaving you feeling grounded and calm. Your therapist will select a body oil according to your concerns, be that muscle pain, stress relief, emotional balance or simply pure relaxation. Allow your senses to be soothed, your muscles warmed, and your body relaxed.

PROBIOTIC BACK TREATMENT

60 mins

Give your back the care it deserves. This targeted “facial for the back” combines gentle exfoliation, a detoxifying mask, and therapeutic massage to cleanse, smooth, and refresh the skin.

Perfect for anyone prone to congestion or seeking a full back renewal – the ultimate skin confidence boost.





Our Signature Spa Days

Unwind your mind, nourish your spirit, pamper your body

Slip into tranquility at Signet Spa. Whether you're craving an afternoon sanctuary or a full-day escape, our spa days are designed to envelop you in calm, restore your energy, and leave you feeling utterly renewed. Arrive, relax, and let us take care of everything.

THE ULTIMATE RETREAT DAY

(Approx. 8 hours)

Begin your experience with a gentle welcome ritual, followed by a choice of a bespoke massage or facial. Melt tension in the Himalayan Salt Sauna and drift in the hydrotherapy pool. Conclude with a tailored facial and a light spa lunch.

Includes:

- + Glass of Cremant on arrival
- + 60-minute treatment of your choice
- + 60-minute salt flotation
- + 30 minute hot tub session
- + Use of all facilities (5 hours)
- + Spa lunch and refreshments (£35pp credit)
- + Relaxation time in our calm lounge

MORNING BLISS

(9am – 12noon)

Start your day slowly and indulge in pure bliss with a treatment of your choice, before joining us for lunch in the 1772 Brasserie. Relax, recharge, and treat yourself to a morning of luxury.

Includes:

- + Use of spa facilities (sauna, steam room, cold tubs, hydro pool, outdoor pool and gym)
- + Hot drink of arrival
- + 60-minute treatment of your choice
- + Lunch in the 1772 brasserie (£35pp credit)

AFTERNOON INDULGENCE

(12noon – 3pm)

Unwind and enjoy a calm afternoon with a treatment of your choice, a welcome hot drink, and Afternoon Tea. A perfect way to escape, relax, and savour a little afternoon luxury.

Includes:

- + Use of spa facilities (sauna, steam room, cold tubs, hydro pool, outdoor pool and gym)
- + Hot drink of arrival
- + 60-minute treatment of your choice
- + Afternoon Tea

Our Signet Spa Experience

Take a moment to unwind — sip herbal tea in our relaxation lounge, float between sauna and steam, or curl up with a book in our relaxation space.

Signet Spa offers a thoughtfully curated balance of state-of-the-art facilities and soothing natural surroundings.

Enjoy:

- + Himalayan salt sauna & aroma steam room
- + Hydrotherapy pool
- + Salt floatation tank for deep sensory release
- + Outdoor infinity pool & wood-fired hot tubs for seasonal immersion
- + Cold plunge tubs for contrast therapy
- + Outdoor yoga studio to start the day mindfully



Opening times:

MONDAY - FRIDAY 7AM - 8PM
SATURDAY - SUNDAY 8AM - 7PM

How to book:

ONLINE AT: www.retreatelcotpark.co.uk

CALL US: 01635 800520

EMAIL US: Spa.retreat@signet.ltd

The Retreat at Elcot Park, Newbury,
West Berkshire, RG20 8NJ





SIGNET

COLLECTION



www.retreatelcotpark.co.uk