

SIGNET SPA

THE RETREAT

It's your time unwind your mind, whilst you
rejuvenate your body and nourish your spirit
at our *other-worldly-spa*.

SIGNATURE TREATMENTS

Boosted Signet Facial - 60 min 105
A boosted facial from our Signet Spa experts,
designed to relax and pamper.

Be Restored - 60 min 105
A bespoke back massage paired with a facial, designed
to melt away stress, relieve tension, and rejuvenate and
hydrate your skin for complete relaxation.

De-Stress Body Ritual - 60 min 110
Be kind to yourself with a massage targeting on stress
points and restoring your zen.

Mother-To-Be Massage - 60 min 110
A massage specifically for mother-to-be. Treat
yourself or another mother to a 'me' moment.

SALT THERAPY

Salt Floatation - 60 min 30
Immerse yourself in deep relaxation in our
state-of-the-art floatation pod.

And escape for a moment,
at The Retreat.

GAIA TREATMENTS

GAIA Salt & Oil Scrub - 45 min 95
Liberate your skin with our nourishing salt and oil
scrub treatment.

GAIA Indian Head - 45 min 95
Indulge in a traditional Indian head massage from
our team, using GAIA products.

GAIA Jade Facial - 60 min 105
A bespoke facial infused with GAIA products and
techniques.

Mother GAIA - 60 min 110
A beautifully gentle, relaxing treatment perfect
during and after pregnancy.

GAIA Bespoke Massage - 60 min 110
Experience a bespoke-to-you massage accentuated
with GAIA products.

GAIA Restorative Massage - 60 min 120
Experience a therapeutic back cleanse followed by
exfoliation scrub, before a GAIA mud mask to finish.

GAIA Hot Stone Massage - 60 min 115
Emerse yourself in a hot stone massage intertwined
with GAIA products and techniques.

**GAIA Affinity Cancer
Experience - 60 min** 115
A safe, relaxing experience developed for those
undergoing medical treatment, including cancer,
in need of a little nurturing or spiritual healing.



Looking to book your
treatment?
Scan QR or visit our website
www.retreatelcotpark.com

A few *need-to-knows* before your appointment:

Please note booking in advance is recommended.

Please arrive 15 minutes before your treatment time to complete a health questionnaire. Please be aware that turning up later than recommended could result in treatment time being shorter, or a cancelled treatment.

Please inform us of any medical conditions, surgical procedures you have had or allergies at the time of booking.

We operate a 48-hour cancellation policy for all treatments. If you cancel within this time you will be charged the full amount for your treatment.

Please note our spa facilities and treatments are for over 18s only.

For our full T&C's please see our website.

OPENING HOURS

Monday to Friday 7am - 8pm
Saturday to Sunday 8am - 7pm



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