



TALBOOTH
HOUSE & SPA



Treatment Menu



Talbooth House & Spa enjoys an idyllic location in the Essex countryside, looking out across Constable's Country and the Dedham Vale.

Our wellness centre is located in the privacy and comfort of the house on the 1st floor. After complimentary tea or coffee you can chat with your therapist and discuss your treatment requirements from our specially designed treatment menu.

We offer a full range of treatments for clients who have been touched by cancer. Our therapists are knowledgeable and understand how to carry these out safely and comfortably for each individual.

Wellness for Cancer Treatment Menu.

These treatments have been designed for clients that have been touched by cancer.

Massages.

Back, Neck and Shoulder Massage **25min. £50.00**

A deeply relaxing massage on the back, neck and shoulders.

Using a combination of different massage techniques to focus on areas of concern.

Full Body Massage **55min. £80.00**

Soothe away stress with blissful relaxing experience.

Using a combination of different massage techniques to focus on areas of concern and using oils that will nourish the skin.

Hand and Arm Massage **25min. £35.00**

A blissfully relaxing massage to unwind any tension in those hardworking hands.

Foot and Leg Massage **25min. £35.00**

A pampering massage to help those tired and achy legs.

Massage techniques may vary for each client.

Elemis Facials.

Pro-Glow Smooth	25min. £44.00
	55min. £88.00

This powerful anti-ageing facial smooths the look of fine lines and wrinkles, fills out expression lines and plumps skin with optimal hydration to reveal a youthful appearance.

Pro-Glow Renewal Facial	25min. £44.00
	55min. £88.00

ELEMIS' signature triple cleanse facial provides hyper-focused resurfacing and moisture[1]boosting results to unlock a healthy, lit-from[1]within glow. In just one treatment, skin looks visibly refreshed, renewed and radiant.

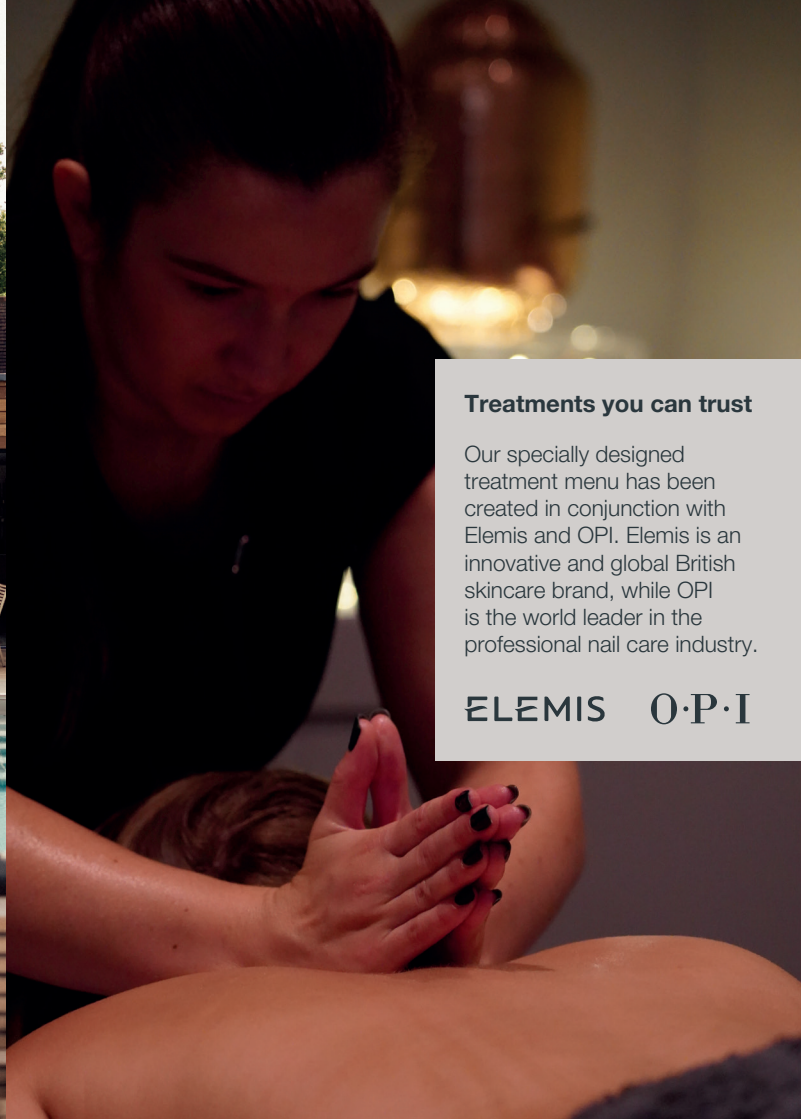
Nails.

Manicure	50min. £45.00
Cleanse, file, mask application, massage, and varnish application.	

Pedicure	50min. £45.00
Cleanse, file, mask application OR hard skin removal, massage, and varnish application.	

Please note that gel application is not available with our wellness treatments.

Please note each treatment may have to be adapted to each individual client's needs.



Treatments you can trust

Our specially designed treatment menu has been created in conjunction with Elemis and OPI. Elemis is an innovative and global British skincare brand, while OPI is the world leader in the professional nail care industry.

ELEMIS **O·P·I**



Opening Times.

9.00am - 6.00pm Monday to Saturday

9.00am - 5.00pm Sunday

Afterhours by prior appointment

Talbooth House & Spa, Stratford Road,
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