



(9 February 2022) Winter does not have to be for hibernation and fantasising about the places to visit during the warmer months. Perhaps a winter break dedicated to wellness and enjoying the British Isles is just what is needed to beat the “blues”.

PoB Hotels is a collection of carefully curated rooms, the finest restaurants and spas, and the most authentic regional experiences across the British Isles. Here are 10 inspiring PoB Hotels winter breaks aiming to inspire guests to unwind, relax and put wellness on the agenda.

#### **BEST FOR: A cosy Coorie stay: Glenapp Castle**

Glenapp Castle, a 21-bedroom Castle hotel in Scotland is offering its take on relaxation this winter with its ‘Coorie in’ package. Traditionally meaning ‘to snuggle’ or ‘cuddle’, the package offers the ultimate cosy getaway with two nights in a magnificent bedroom suite, Glenapp’s famous table served Scottish breakfast daily, a specially selected whisky nightcap each evening, a Coorie book, a beautiful Connock Coorie candle and more. Winter in Scotland is simply stunning, often with clear blue skies, cool calm waters and amazing sunsets – where better to Coorie in with friends and loved ones than Glenapp Castle.

*HOW: To find out more about Glenapp Castle’s ‘Coorie in’ package, please visit the PoB Hotels’ website [here](#). The ‘Coorie-in’ package starts from £147 per person per night for the two-night package.*

#### **BEST FOR: A magical spa suite: Gilpin Hotel & Lake House**

Gilpin House’s Magical Spa Suite package includes a three-night stay in one of their fantastic Spa Suites, which feature themed décor and a lush display of live plants to create each suite’s own atrium. Each suite has floor to ceiling windows and patio doors opening out onto a stunning 2 metre square stone-built hot tub, all alongside a huge pond. This package includes dinner on each night, featuring a tasting menu at Gilpin House’s Michelin-Star restaurant, as well as breakfast, tickets to Windermere Lake Cruises and finally, the opportunity to enjoy the ‘Spa Suite Trail’, a bespoke sensory experience including a 50-minute spa treatment and goodie bag to take home.

*HOW: To find out more about Gilpin Hotel & Lake House, please visit the PoB Hotels’ website [here](#). The ‘Magical Spa Suite’ package starts from £2,874, based on two people sharing.*

#### **BEST FOR: Winter warmer at sea: Fingal**

Nestled in a tranquil dock, escape the everyday in a cabin aboard Fingal and enjoy their ‘Winter Warmer’ package. Contours and curves create a space full of softness, fabrics for the senses. Davy lamps cast a warm glow, a nod to Fingal’s seafaring past. Ascend to The Lighthouse Restaurant & Bar to watch the skies fade to dusk like an ever-changing canvas, a warming cocktail in hand. Enveloped in luxury, revel in a restful sleep. Restored, awake to enjoy a full Scottish breakfast. All guests will receive a reminder of their stay, a gift of Johnstons of Elgin cashmere socks.

***HOW:** To find out more about Fingal, please visit the PoB Hotels' website here. The 'Winter Warmer' package includes breakfast, a cocktail on arrival and a pair of Johnstons of Elgin cashmere socks. Rates start from £365 per room, valid until 30th March 2023.*

**BEST FOR: A five-star spa break in Bath: The Royal Crescent Hotel & Spa**

This winter, indulge in five-star luxury with The Royal Crescent Hotel's 'In Your Element' spa break, which includes a relaxing two-night spa retreat, with full use of The Spa & Bath House and a one-hour Elemental Herbology treatment per person. The Bath House offers the ultimate experience of tranquillity, peace and escapism. New for The Bath House, a herb & blossom steam room, a Himalayan salt-infused sauna and a vitality whirlpool join The Royal Crescent's unbeatable spa facilities.

***HOW:** To find out more about The Royal Crescent Hotel & Spa, please visit the PoB Hotels' website here. The 'In Your Element Spa Break' includes a two-night stay, breakfast, spa access, a one-hour spa treatment, afternoon tea and a seasonal cocktail per person. Rates start from £940, based on two people sharing.*

**BEST FOR: Winter bubbles: Calcot & Spa**

This January, banish the winter blues with bubbles of all kinds, including unlimited spa time and delicious Taittinger Champagne afternoon tea with Calcot & Spa's 'Winter Bubbles' package. Available for all midweek stays, this package also includes complimentary use of Calcot's bikes, with over 220 acres of rewilded meadowland to explore in the surrounding area.

***HOW:** To find out more about Calcot & Spa, please visit the PoB Hotels' website here. The 'Winter Bubbles' package includes spa access, afternoon tea and breakfast. This package is only available during midweek stays from Sunday - Thursday throughout January 2023. Prices start from £319 per room, based on two people sharing.*

**BEST FOR: A Cornish spa-cation: The Headland Hotel & Spa**

Guests can let their body and mind rewind with a Spa-cation at The Headland Hotel and Spa, with two nights of indulgent dining and five-star pampering. The 'Spa-cation' package includes a revitalising spa treatment, lunch, dinner and complimentary use of the spa leisure facilities, as well as their access to the brand-new Aqua Club overlooking the Atlantic Ocean.

***HOW:** To find out more about The Headland Hotel & Spa, please visit the PoB Hotels' website here. The 'Spa-cation' package includes a two-night B&B stay, with a 55-minute treatment, two-course lunch & dinner, complimentary spa access and use of the Aqua Club. Prices are dependent on room type & availability.*

**BEST FOR: An overnight spa escape: The Athenaeum Hotel & Residences**

Experience a truly relaxing and indulgent overnight spa stay where mind, body and soul will enjoy total revitalisation. Guests can enjoy a soothing treatment or two before tucking into a delicious afternoon tea with Prosecco. After all this pampering, slip away to the comfort of a luxurious bedroom where a blissful night's sleep awaits with one of The Athenaeum's comfy Royal-Warranted Hypnos beds, which have been designed specifically to help improve personal health and quality of sleep.

***HOW:** To find out more about The Athenaeum Hotel & Residences, please visit the PoB Hotels' website here. The 'Overnight Spa Escape' includes breakfast, two 30-minute spa treatments, afternoon tea (& a bottle of Prosecco). Prices start from £690 per night, based on two people sharing, available until the 30th April 2023.*

**BEST FOR: Reconnecting on a retreat: Lucknam Park Hotel & Spa**

Escape to the countryside for a one-night retreat encompassing fantastic wellness experiences including equine connect, yoga classes and luxury award-winning spa treatments. Lucknam Park Hotel's 'Reconnect Retreat Getaway' includes a unique Equine connection experience for two - where guests can enjoy a hack through the beautiful Cotswolds countryside- as well as spa treatments, delicious dining options, a yoga session and full use of the award-winning spa facilities.

*HOW: To find out more about Lucknam Park Hotel & Spa, please visit the PoB Hotels' website here. The 'Reconnect Retreat Getaway' package includes a one-night B&B stay, with a 60-minute treatment, two-course lunch & dinner, complimentary spa access, Equine connect experience and a yoga session. Prices are dependent on room type & availability. Prices start from £1,392, based on two people sharing a Country Room.*

**BEST FOR: A peaceful paradise: The Nare Hotel**

Rest and rejuvenate for four nights in the sanctuary of The Nare with the '40 Winks Break' package. The Nare is a peaceful paradise of serenity and tranquillity. Take a long coastal walk in the undisturbed, fresh Cornish air or a dip in the calm sea and return feeling rejuvenated to a snug armchair and a hot cup of tea as the sun goes down. Sleep serenely in the sanctuary of The Nare and listen to gentle waves lapping the shore - hot water bottles are provided as standard for a cosy night. Wake up feeling rejuvenated as the sun rises over Nare head and enjoy breakfast served on a private terrace, then enjoy an immersive treatment in The Carne Bay Spa or an invigorating dip in the hot hydro-therapy spa-pool.

*HOW: To find out more about The Nare Hotel, please visit the PoB Hotels' website here. The '40 Winks Break' package includes a four-night stay, inclusive of dinner, breakfast, afternoon tea. Prices start from £1,688 based on two people sharing the Country View Room. Guests can also take a Nare-branded cotton bathrobe home.*

**BEST FOR: A cosy stay in Yorkshire: Yorebridge House**

Embrace the outdoors with a walk in the countryside, curl up with a good book by the fireplace or soak away in a private hot tub at Yorebridge House. Winter is a magical season in the Yorkshire Dales National Park with stunning snow-capped hills, spectacular waterfalls, beautiful birds and animal life at every corner. Yorebridge House's Winter package includes overnight accommodation as well as a delicious five-course a la carte dinner in a cosy, candlelit restaurant, with a hearty Yorkshire breakfast to finish the stay.

*HOW: To find out more about Yorebridge House, please visit the PoB Hotels' website here. The Winter package includes a one-night DBB stay, valid from Sunday-Thursday until 31st March 2023. Prices start from £290 based on two people sharing a House Room, prices start from £390 for hot tub rooms.*

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Notes to the Editors:

**OPEN THE DOOR TO INSPIRATION**

From castles brimming with northern charm to seafront lodges sitting along the southern coast, you'll find our collection of the finest independent hotels dotted all over the British Isles. We have carefully curated the most luxurious rooms, the finest restaurants and the most decadent spas. Think of PoB Hotels as the key and each one of our hotels as a door to new experiences. Each completely unique. Each hand-picked by us. Each the Pride of Britain.

INSPIRING IDEAS FOR A WINTER BREAK DEDICATED TO WELLNESS  
BY PoB HOTELS



PoB Hotels is committed to responsible travel and the importance of sustainable practices across our collection of the finest hotels in the British Isles. PoB Hotels has partnered with EarthCheck, the world's leading scientific benchmarking, certification and advisory group for travel and tourism – to develop environmental good practice and certification for hotel members, and company-wide regenerative practices. This is an important step in our ongoing commitment to sustainability and a way to promote the importance of sustainable practices across our hotels. The independent hotels are on their individual journey to create positive impact within their respective communities featuring issues of social, economic and sustainable scope.

*Note from Kalindi Juneja, Chief Executive:* It all began in 1982, when a group of passionate hoteliers joined forces to create an iconic British hotel collection. Led by then-Industry Titan, Gerald Milsom these hoteliers were driven by all things hospitality, quality, and creating happy moments for guests. The beauty of the collection then and now remains the celebration of individuality and championing the independent spirit of our hotels. For over 40 years we have followed our inventive spirit and enthusiasm for authentic British adventures. Today, our collection includes distinct hotels across the UK and Channel Islands.

Our hand-picked hotels offer varied destinations for you to choose from. PoB Hotels vouchers make the perfect gift as they can be redeemed for an unforgettable stay, a delightful meal, or an inspiring experience at any of our hotels. You can peruse “The Handle”, our online magazine for inspiration on travel and much more.