

THE
VOYAGE

SPA

AT
THURLESTONE
HOTEL



Inspired by the heyday of ocean-going travel, its warm and fragrant atmosphere, fine spa, fitness facilities and exquisite range of beauty treatments will gently restore body, mind and soul.

A HAVEN OF TRANQUILLITY



THURLESTONE HOTEL AND SPA



The Voyage Spa

VOYAGE SPA SIGNATURE TREATMENTS

The beauty rooms are an oasis of calm. Here you will find a carefully considered treatment list from the world-renowned Decleor in tranquil, luxurious surroundings.



The Voyage Spa Soul Soother

60 minutes | £75

Relax and unwind with our Swedish back, neck and shoulder massage. Ease and work away any tension while falling into a blissful sense of well-being. The treatment is completed with an aromatherapy facial.

Warming Wonders in the Voyage Spa

70 minutes | £85

Experience a warming treatment focusing on the back, face and scalp. Start your journey with a warming hot stones massage to the back, using heat to melt away tension and stress, followed by a relaxing aromatherapy facial.

Voyage Spa Ocean Escape

90 minutes | £115

This top to toe ritual is an indulgent body treatment which revitalises skin, relaxes tired and aching muscles and calms the mind. Atlantic sea salts and herbs are used to polish the skin, followed by a luxurious seaweed mask and back of the body massage. Nourishing body milk is then effleurage into the front of the body. The ritual is completed with a firming facial incorporating natural deep cleansing mask and scalp massage.

Voyage Spa Aroma Ritual

2 hours | £140

Full body aroma and de-stress massage followed by your choice of any 1 hour Decleor facial.

Purifying Back Energiser

60 minutes | £75

A taste of our Signature Ocean Escape treatment. A full cleanse for the back starting with an exfoliation and back massage followed with a relaxing massage to the back of the legs while a mask application to the back purifies. This treatment leaves the skin feeling fresh, detoxed and energised.



MASSAGE

Relax and De-Stress

40 minutes | £55

60 minutes | £85

90 minutes | £110

Our expert therapists will create your very own personally-tailored sculpting massage targeted to your individual needs.

Aromatherapy essential oils help to relax and unwind, energise or harmonise your well-being. Whether its pure relaxation, body firming or refining your silhouette, this highly effective massage will ensure your needs will be met.

Traditional Swedish Massage

40 minutes | £50

60 minutes | £75

90 minutes | £100

A deeper massage using more stimulating techniques to aid muscle relaxation and to release areas of tension. Pressure can be adapted to suit your needs.



Deep Tissue Muscle Energiser Massage

40 minutes | £55

60 minutes | £85

Banish tight muscles and alleviate stress levels deep down. Powerful, deep and strongly rhythmic movements make this customised massage pure therapy for body and soul. Created for you to release the discomfort of aching muscles (whether through fatigue or stress), 100% natural, Decleor Essential Oil Balms actively work with your body to release localised areas of excessive tension. Leaves your mind feeling less cluttered and muscles intensely relaxed.

Hot Stones Massage

40 minutes | £55

70 minutes | £85

Smooth volcanic, healing hot stones are used to melt away tension and give a complete sense of relaxation. Leaving the mind, body and soul completely balanced.



COMPLEMENTARY THERAPIES

Reflexology

40 minutes | £55

60 minutes | £75

Treating the reflex points of the feet to clear energy channels within the body for total relaxation. Reflexology relieves health and stress conditions.

Shoulder, Neck and Head Massage

40 minutes | £55

A stimulating massage treating neck, shoulder, face and scalp. Circulation is increased and tension in these areas is relieved. Similar to an Indian Head Massage.

DECLÉOR

An expert in aromatherapy, Decléor allows you to be in harmony with yourself and your environment, revealing the natural expression of your beauty and giving you radiant skin.

Discovery Facial

40 minutes | £45

Discover what makes Decléor facials world famous with this divine taster. After a cleanse your therapist will use a combination of massage and essential oils to smooth and revitalize tired skin leaving it fresh and radiant.



FACIALS

Choose either a 60 minute or 90 minute facial and our therapists will then discuss with you the best facial to suit your skin type. Please inform your therapist if you are wearing contact lenses.

Each Treatment

60 minutes | £75

90 minutes | £95

Ultimate Vitamin Glow

This internationally renowned, multi-award winning facial is power-packed with vitamins and anti-oxidants. Stress simply melts away thanks to five deeply relaxing massage techniques and the ideal rebalancing aromatic elixir for your complexion. Our decongesting mask softly cocoons skin, providing the perfect environment for it to flourish. Skin is left deep cleansed, perfectly replenished and glowing with vitality.

Quench and Protect

For Deep Hydration for any Skin Type

Super-hydrating and able to quench even the thirstiest of skins, avoid dull and dehydrated skin with this deeply moisturising treatment. It includes a gentle yet effective exfoliation to leave skin smooth, velvety soft and perfectly prepped for our nourishing Neroli Bigarade Aromaessence serum.

Cocoon and Repair Facial

For Dry Skins

This ultra nourishing facial deeply soothes and repairs, by locking in moisture. Chestnut, cranberry and avocado feed the skin essential nutrients.

Calm and Sooth

Sensitive and Reactive Skins
Soothing and Anti-redness.

Clean and Rebalance

Problematic, Combination Skin

This mattifying facial targets spots, blemishes and open pores. A balancing and oxygenating power mask brings clarity and refines uneven skin tone.

Plump and Lift

Anti-Ageing

A Lavender Fine Essential Oil Treatment. A unique facial combining the flow, rhythm, and repetition of powerful Kobido massage technique with Iris and Lavendula essentials oils for smoothed, firmed and luminous skin. We take inspiration from Vinyasa Flow Yoga to give a visibly lifted appearance to the cheekbones and eyelids and improve the shape and definition to the face.

Sculpt and Rejuvenate

Intense Anti-Ageing

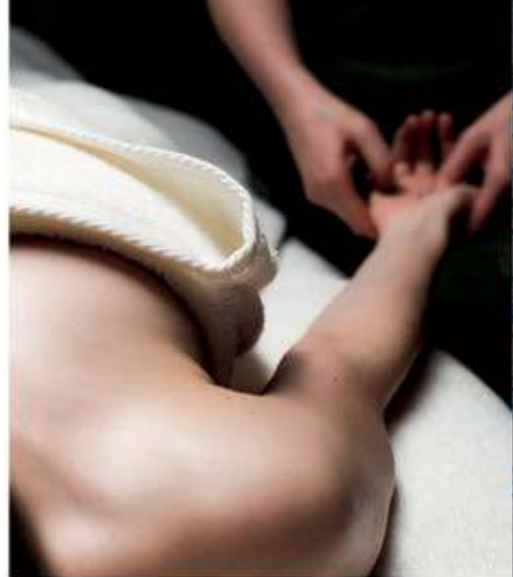
A White Magnolia Essential Oil Treatment. This facial has been created to deliver a natural lift to the face, helping reshape the contours of the face with a re-cushioning effect. After a deep cleanse and three facial massages, your therapist will help lift your skin with a massage using our outstanding Energy Youth Concentrate Mask. This will plump and smooth the appearance of lines and wrinkles, whilst softening and increasing the tone, leaving skin glowing with rosy youthfulness.



VOYA SKINCARE FROM THE SEA

Sustainable hand harvested organic seaweed therapies. Ideal for sensitive, inflamed skin, rheumatic conditions and those who love the sea.

VOYA | organic luxury
from the sea



VOYA SCRUBS

Each Treatment
60 minutes | £70

Luscious Salt Glow

Luscious Salt Glow is infused with Dead Sea Salts and organic seaweed oil, a combination which hydrates the skin, stimulates blood and lymph flow while firming skin tone and increasing lustre. It can remove dull skin and refine skin texture.

Organic Lavender and Seaweed Sugar Glow

A wonderful fragrant mix of lavender oil, seaweed and sugar this treatment has a double action of gently removing dead skin cells with sugar and healing the seaweed extracts and lavender essential oil.

Organic Peppermint and Seaweed Sugar Glow

This refreshing and all-over exfoliation treatment awakens the skin and body. It features a beautiful mix of organic peppermint leaf, seaweed and sugar, all of which perform the double action of gently removing dead skin cells while introducing you to the uplifting effects of our peppermint essential oil.

Organic Hydrating Body Scrub

Our dual action lathering body buff exfoliates with finally ground walnut shells and nourishes your skin with a blend of almond oil, seaweed and ginger extracts. Our gentle yet effective formula removes rough and lifeless looking skin cells, to reveal much more refined softer, silky smooth skin.

Organic Stimulating Seaweed Body Buff

Letting us scrub your body head to toe with certified organic bladderwrack body buff is the ultimate treat for tired and dull skin. The anti-oxidants from our mineral rich bladderwrack seaweed combine with Voya's signature seaweed massage oils to offer a powerful organic way to better skin.



VOYA WRAPS

Organic Seaweed Leaf Wrap

90 minutes | £110

Beginning with a bladderwrack body buff, this treatment detoxifies firms and softens the skin. The whole body is then covered in Laminaria Seaweed leaves for instant results. Completed with an application massage of "Softly Does it" to nourish and soften.

Organic Ocean Essence Total Body Wrap

65 minutes | £80

Combining the detoxifying power of Fucus Serratus the cellulite reducing abilities of this treatment stimulate the blood and lymph flow. It detoxifies and hydrates the skin and encourages the renewal of skin cells. It is an excellent skin rejuvenator, combating cellulite and fatigue and producing a moisturizing effect.



Organic Tangle Me Up Body Wrap

60 Minutes | £70

This wrap hydrates and relaxes tired and lethargic muscles, and relieves stress and fatigue. It also tones and firms the skin and helps against the signs of aging and cellulite. Its anti-oxidant compounds help to protect against cell damage from the environment and pollution. This treatment includes full body brushing to increase circulation and to aid penetration of the potent seaweed gel.

Organic Warm Spiced Mud Wrap

60 minutes | £70

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the wrap. The extract is rich in potent anti-oxidants and minerals. The treatment is also a serious detoxifier, metabolism stimulator and a natural anti-ageing boost. Infused with aromatic spices of ginger and orange to revive the senses.



VOYA MASSAGE TREATMENTS

Organic Muslin Bag

75 minutes | £85

A real sensory treat, warm steamed bags of orange, clove, ginger and Fucus Serratus seaweed are gently massaged into the body releasing the precious seaweed oils. We use a combination of the finest organic ingredients and seaweed to massage your body, to gently exfoliate and nourish your skin.

Voyager Massage Journey

A complete top to toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that echoes the movement of the sea combining both gentle and stimulating movements. This is an ultimate luxury treatment to relieve aches and pains, tailored to individual needs.

Choose from:

Uplift – Energise

Relax – Mindful Moments

Detox – Angelicus Serratus

90 minutes | £95

60 minutes | £75

Mindful Dreams

90 minutes | £95

A relaxation treatment that offers luxury and comfort in an incomparable sleep encouraging experience. Be ready to have all stresses and strains melt away in this ultimate sensory treat to help you achieve the perfect night's sleep.

Note: This treatment is for sleep enhancing and with a very gentle pressure.

HAND AND FOOT RITUALS

Organic Foot Ritual

45 minutes | £50

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a Sea Salt Scrub exfoliation from the knees down. This is followed by a deeply relaxing massage of the lower legs after which your legs are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation and revive tired feet and legs. To complete this treatment, nourishing "Softly Does it" is applied.

Organic Hand Ritual

45 minutes | £50

To nourish, recondition and refine your hands, you will first enjoy a "Time to Shine" exfoliation from the hand to elbow. This is followed by a deeply relaxing massage of the hands and arms, after which your hands are wrapped in warmed Atlantic Seaweed leaves to hydrate, increase circulation and condition dry hands. To complete this treatment, nourishing "Handy to Have" hand cream is applied.

Add a file and polish for £15





MUM TO BE TREATMENTS

Only basic manicures and pedicures are advised during the first trimester (1–12 weeks) of pregnancy and a variety of safe treatments for the second and third trimester (13–36 weeks).

Maternity Reflexology

60 minutes | £75

Maternity reflexology can aid a wide range of problems before, during and after pregnancy. Reflexology works on the reflex points of the feet to clear energy channels within the body and provide total relaxation.

Pregnancy Massage

40 minutes | £60

60 minutes | £85

Prenatal massage is therapeutic bodywork that focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy. It enhances the function of muscles and joints, improves circulation and general body tone, and relieves mental and physical fatigue.





MANICURES AND PEDICURES

All Jessica treatments include a polish to take home.



Manicures and Pedicures



Express Manicure or Pedicure

25 minutes | £28

Nails are shaped, treated with basecoat and chosen polish applied.



Jessica Prescriptive Manicure

45 minutes | £40

Manicure with cuticle care and a massage. Nails are shaped, treated with basecoat and chosen polish applied.



Jessica Deluxe Manicure

60 minutes | £55

Deluxe exfoliating, anti-ageing hand treatment. Nails are shaped, treated with basecoat and chosen polish applied.



Jessica ZenSpa Pedicure

60 minutes | £55

Hard skin is removed, followed by exfoliation, cuticle care and massage. Nails are shaped, treated with basecoat and chosen polish applied.



Jessica Deluxe ZenSpa Pedicure

75 minutes | £65

The deluxe pedicure combines the ZenSpa pedicure with the use of thermal heated booties for deeper penetration of oils and creams. Excellent for increasing circulation and relieving tired, aching feet. Nails are shaped, treated with basecoat and chosen polish applied.



CND Shellac Gel

Note: if Shellac removal is needed please inform us at the time of booking so that we may allow the correct time for your Shellac manicure or pedicure.

Shellac Manicure

60 minutes | £50

Includes a file and shape of the nails, cuticle work, treatment preparation and Shellac gel application followed by hand massage to finish.

Shellac Pedicure

75 minutes | £65

Our Classic Shellac Pedicure is for hard working feet, for polish that needs to last! It includes a file and shape of the nails, cuticle work, treatment preparation and Shellac gel application, followed by foot massage to finish.

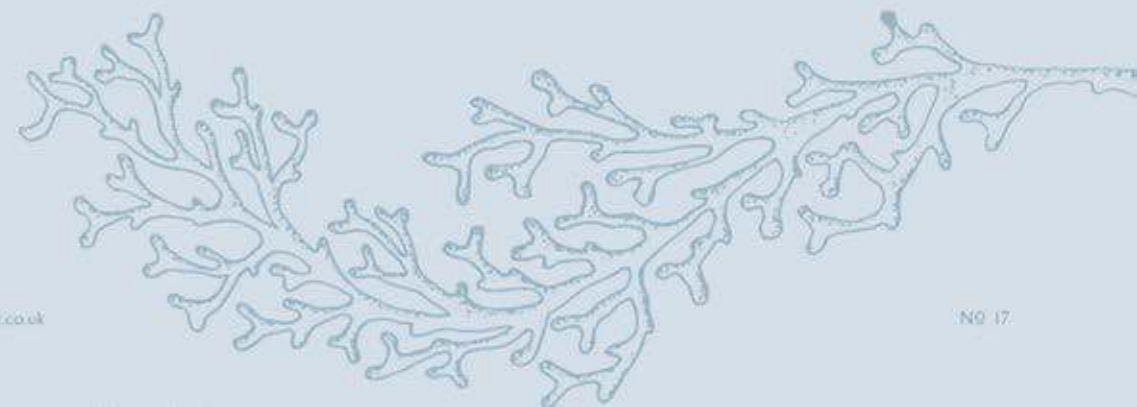
Shellac Removal from Hands or Feet

25 minutes | £15

Keep your nails healthy with a safe Shellac removal.

Shellac Removal with a Shellac Manicure or Pedicure

£5



WAXING TREATMENTS

LYCON WAX

Half Leg Wax	25 minutes	£25
Full Leg Wax	50 minutes	£40
Bikini	25 minutes	£25
Lip	15 minutes	£15
Chin	25 minutes	£15
Half Leg and Bikini	50 minutes	£35
Full Leg and Bikini	65 minutes	£55
Under Arm	25 minutes	£15
Lip and Chin Wax	25 minutes	£25

WAX TREATMENTS FOR MEN

Back	25 minutes	£30
Back and Shoulders	40 minutes	£40
Chest	25 minutes	£30

Note: We advise waxing should not be performed in conjunction with any other treatment to the same area of the body at the same time unless it is a brow tint and shape. Please also inform your therapist if you are undergoing any treatments that could affect the area being waxed such as Accutane, other acne treatment medications and Retin A.

EYE TREATMENTS

Please note that a patch test is required at least 24 hours prior to any tinting treatment.

Eyelash and Eyebrow Tint

25 minutes | £35

Eyelash Tint

25 minutes | £25

Eyebrow Tint

25 minutes | £15

Eyebrow Shape

25 minutes | £15

SPA DAYS

Spa Days are available please visit our website for a full list of packages.

www.thurlestone.co.uk

SPA ETIQUETTE

Arrival at the Spa

On arrival you will be shown the spa facilities and procedures. For treatments, please arrive on time to your appointment to complete a health questionnaire and to ensure full treatment time.

Treatment Times and Booking Policy

We advise advance booking for all treatments. Pre-payment is required for Spa Days and treatments at the time of booking. Treatment times are detailed in the treatment menu and include consultation and changing time.

Health Conditions

When booking, we kindly ask that you inform of us any health condition or if you are pregnant so that we can advise accordingly.

Spa Attire

For Spa Days, a robe, flip flops and towel are provided. These may be worn in the spa and treatment suite and also in the lounge and Terrace Bar.

Cancellation Policy and Late Arrivals

Spa Days: Full payment is required upon booking your spa day. Should you need to cancel your spa day with less than 48 hours' notice, no refunds will be given. For group bookings of 3 or more, we can hold your spa reservation for up to 24 hours. Full payment will be required after 24 hours to secure your booking. The same cancellation and refund policy stated above applies.

Spa Treatments: Full payment is required at the time of booking. Please note if cancelling an appointment within 24 hours, full payment is required. If running late a courtesy call will help us endeavour to achieve a full treatment time but this may not always be possible.





THURLESTONE HOTEL

SOUTH DEVON COAST

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