



The
PAMPER ROOM
THE MITRE | HAMPTON COURT

MASSAGE

De-stress | *Beat back the working week with a therapeutic massage to relax, soothe and alleviate muscle pain and fatigue.*

60 minutes | £90

90 minutes | £115

Stimulating | *An invigorating and energising treatment to eliminate toxins and encourage lymph drainage. This is a real joy to behold.*

60 minutes | £90

90 minutes | £115

Deep therapeutic or sports massage | *Relief from general pain and tension or to treat injuries and strains that have built up over time.*

(Not suitable for pregnant guests)

60 minutes | £100

90 minutes | £125

Mother-to-Be Massage | *Nourishing, tension release. Hormonal balance. Suitable for pregnancies after 14 weeks.*

60 minutes | £90

90 minutes | £115

FACIAL THERAPY

Kaeso Calming Face Therapy | *Calming, anti-inflammatory, renewing. For hormone imbalance, city living & jetlag.*

60 minutes | £90

Dr Levy Luxury Anti-ageing Face Therapy | *An all-inclusive treatment combining the best medical grade efficacy with luxuries multi-sensorial experience.*

60 minutes | £160

