Catalina

RESTAURANT

Afternoon Tea



Time for Tea

The ritual of Afternoon Tea is an art that Lough Erne has refined over the turn of time.

In a place of singular and spectacular beauty, we invite you to take a moment from life's repetition and revel in the joy of sweet and savoury temptation as you awaken the storyteller within you.

Allergens: (1) Celery, (2) Gluten, (3) Crustaceans, (4) Eggs, (5) Fish, (6) Lupin, (7) Milk, (8) Molluscs, (9) Mustard, (10) Nuts, (11) Peanuts, (12) Sesame Seeds, (13) Soya, (14) Sulphur Dioxide

# **Assorted Sandwiches**

Smoked Salmon - Caviar & Lemon (2, 4, 5, 7)

Classic Chicken Coronation (2, 4, 13)

Traditional Cucumber & Cream Cheese on Granary (2, 4, 7, 12)

Baked Gammon with Honey Truffle & Grain Mustard - Stout Wheaten (2, 4, 9, 12, 13)

Homemade Scones with Irish Clotted Cream & Irish Preserves (2, 4, 7)

## Pastries & Sweet Fancies

Strawberry Turkish Delight Tartlet (2,4,7,13)
Hazelnut Choux Bun (2, 4, 7, 10, 13)
Love Chocolate Gateau (2, 4, 7, 10, 13)
Lemon & Raspberry Macaroon (4, 7, 10, 13)

# Loose Leaf Tea

Choose from our selection of Ronnefeldt Tea overleaf.

Ronnefeldt Tea

#### Rhubarb Cream (Granny's Garden)

A creamy sweet Rhubarb infusion to satisfy the palette.

Brewing time: 8 to 10 minutes

#### Peach & Ginseng Oolong

A flavoured Oolong with Ginger, Peach, Marigold petals and Ginseng.

#### Brewing time: 3 to 4 minutes

### Sweet Nana

Nana (Arabic: na'na' - also known as Moroccan Mint) is a large-leafed, aromatic Mint plant with a high percentage of essential oils. Sweet, spicy and very refreshing.

#### Brewing time: 5 to 8 minutes

#### Morning Dew

A fascinating composition with large leaf Sencha, delicately fruity aromas and petals to make it an unforgettable experience.

Brewing time: 2 to 3 minutes

#### Earl Grey

A refreshing Tea, blended with oil from a rind of the Bergamot Orange. It is highly aromatic and the perfect accompaniment with Afternoon Tea.

Brewing time: 3 to 4 minutes

### Irish Breakfast

Specially selected for its powerful, spicy Assam which produces a tea with a delicious and intense flavour. A very popular classic.

Brewing time: 3 to 4 minutes

#### Irish Whiskey Cream

The extravagant flavour of Irish Whiskey with a hint of Cocoa blended with an intensely malty Assam Tea.

Brewing time: 4 minutes

#### Ginger Orange Chai

A frsh touch of Ginger, seasoned with Orange, blended with an Indian spice mixture to offer a full and aromatic Tea.

Brewing time: 3 to 4 minutes

### Rooibos Strawberry & Cream

A delicious infusion of soft tasting Rooibos with fruity Strawberries and a dash of Cream.

Brewing time: 5 to 8 minutes

### **English Breakfast**

A gentle Ceylon Tea with the unmistakable sparkling and lively fragrance of the island of Sri Lanka.

Brewing time: 3 to 4 minutes



Sparkling Afternoon Tea

Elevate your Traditional Afternoon Tea to a glamorous level with the inclusion of a glass of Champagne or Prosecco.

> Taittinger Champagne 49.50 V8+ Prosecco 37.50

G& Tea

To accompany your traditional Afternoon Tea choose from one of the three gin based cocktails below:

Lough Erne Gin: Boatyard Gin enhanced with local botanicals and served with Elderflower Tonic.

**Boatyard Bramble**: Boatyard Gin mixed with Chambord and served with a hint of fresh Lemon.

Tom Collins: Boatyard Gin served with a hint of fresh Lemon, Sugar Syrup and Soda Water.

Gentleman's Afternoon Tea

Fried Chicken Fritter (1, 2, 4, 5, 13) Duck Spring Rolls (2, 4, 7, 13) Salted Chilli Chicken Strips (1, 2, 4, 7, 9) Hot & Sour Asian Slaw (1, 9, 13) Ballymaloe Relish (9) Chilli Dressing (12, 13)

Smoked Salmon - Caviar & Lemon (2, 4, 5, 7) Classic Chicken Coronation (2, 4, 13) Traditional Cucumber & Cream Cheese on Granary (2, 4, 7, 12) Baked Gammon with Honey Truffle & Grain Mustard -Stout Wheaten (2, 4, 9, 12, 13)

> Strawberry Turkish Delight Tartlet (2, 4, 7, 13) Hazelnut Choux Bun (2, 4, 7, 10, 13) Love Chocolate Gateau (2, 4, 7, 10, 13) Lemon & Raspberry Macaroon (4, 7, 10, 13)

> > 36.00

Junior Afternoon Tea

Junior Afternoon Tea menu available upon request.

Vegan/Vegetarian Afternoon Tea

## Assorted Savoury Treats

Mozzarella & Cucumber Tortilla Wrap (2, 9, 12, 13) Glazed Vegetable - Soya & Sesame Roll (1, 2, 9, 12, 13) Tempura of Tofu - Spiced Tomato Relish (2, 9, 12, 13) Vegetable Meze (1, 2, 10, 11, 12, 13) Homemade Scones with Irish Preserves & Vegan Butter (10, 13)

## Pastries & Sweet Fancies

Homemade Carrot Cake (2, 10, 11, 12, 14) Apple & Nut Crumble (2, 10, 14) Seasonal Fruit Cheesecake (2, 10, 12, 14) Refreshing Pineapple & Coconut Smoothie (10, 14)

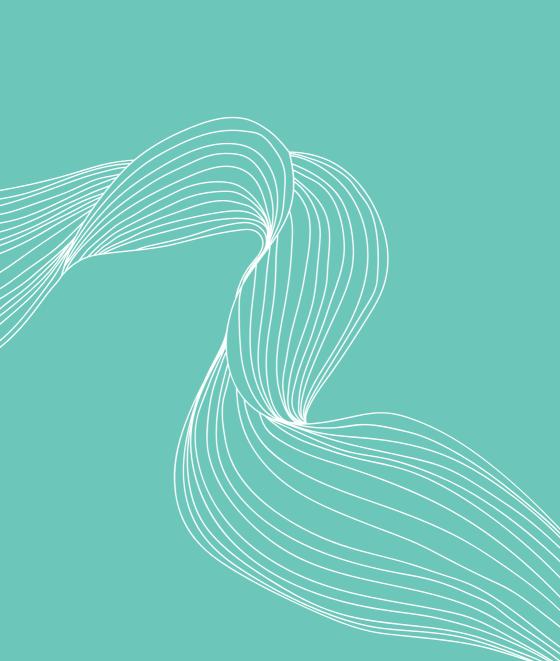
Coeliac Afternoon Tea

# Assorted Finger Sandwiches on Gluten-Free Bread

Coronation Chicken Sandwich (4, 13) Traditional Cucumber & Cream Cheese (7) Honey Baked Gammon (7, 12, 14) Irish Smoked Salmon & Cream Cheese (4, 5, 7) Homemade Gluten-Free Scones with, Clotted Cream & Irish Preserves (2, 4, 7)

## Pastries & Sweet Fancies

White Chocolate Fudge (4, 7) Chocolate Truffle (4, 7) White Chocolate Soup (4, 7) Pink & White Fluffy Meringue (4, 7)



A World Apart

www.lougherneresort.com