

LEA
Marston
HOTEL



Spa Treatment Menu

Welcome to Lea Marston Spa

Imagine a place where you can escape the pressures of everyday life...

The Lea Marston Hotel Spa, creates an environment where you can focus on time spent on you!

Whether you're relaxing on a spa break, joining us for the day or enjoying a treatment by itself, we promise to make your visit an unforgettable experience.

Our spa's fantastic facilities, invigorating treatments and divine products offer the perfect retreat to relax, unwind and be pampered in style.



Spa Treatment Menu

Natural Spa Factory Facials

Blissful Radiance Facial

£65.00 (50 mins)

Packed with natural ingredients, the Blissful radiance reduces the appearance of age spots, lightens blemishes, balances sebum production, plumps fine lines and wrinkles and evens out skin tone. Perfect for all skin types and ages.

Bamboo Intense Cleanse Facial

£65.00 (50 mins)

Indulge in a gentle but effective deep cleansing facial remove dead skin cells and stimulate new ones, fade fine lines and help maintain a clear complexion.

The Essential Drench Facial

£45.00 (25 mins)

This soothing and luxurious facial is packed with anti-oxidants to protect the skin, leaving it feeling plumped, replenished and glowing.

Spa Day Packages

Let us pamper you all day with spa day packages from only
£65.00 per person

Make a night of it! Retreat with us and let us spoil you with
delicious food, relaxing treatments and a comfy bed.

Prices from only £99.00

See leamarstonhotel.co.uk for full details

Facial Treatments



ELEMIS Facials

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets experience with clinically proven results.

Pro-Glow Renewal Facial

£80.00 (50 mins)

FOR GORGEOUS GLOWING SKIN ELEMIS' signature deep cleansing skin wellness facial, showcasing Prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In one treatment, skin looks visibly refreshed and rebalanced.

Pro-Glow Smooth

£80.00 (50 mins)

THE HIIT WORKOUT FOR YOUR SKIN Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Pro-Glow Resurface

£80.00 (50 mins)

RESURFACING FOR STUNNINGLY SMOOTH SKIN

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation.

Pro-Glow Brilliance

£80.00 (50 mins)

YOUR RECIPE FOR RADIANCE

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

Pro-Glow Genius Facial

£100.00 (75 mins)

YOUR LINE-FIGHTING SUPERHERO FACIAL

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by our ULTRA-SMART technology, with a spotlight on deepset wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking.

ELEMIS Taster

£50.00 (25 mins)

This introductory facial provides a quick and instant pick me up for any occasion.

ELEMIS BITOEC Facials

The Elemis BIOTEK machine works to switch the skin on, leaving the skin thriving, visibly healthy and energised. Your therapist will look, listen and tune into your individual skin needs and concerns with the best combination of BIOTEK technologies.

Pro-Glow Renewal Facial+

£90.00 (50 mins)

FOR A HEALTHY, GORGEOUS GLOW - ELEMIS' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow.

After just one treatment, skin looks visibly refreshed and rebalanced..

Supercharged with ELEMIS' BIOTEK 1.0: Ultrasonic Resurfacing.

Pro-Glow Smooth Facial+

£90.00 (50 mins)

THE ULTIMATE HIIT WORKOUT FOR YOUR SKIN - Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin.

Skin will appear more vibrant, with improved feeling of firmness and elasticity.

Supercharged with ELEMIS' BIOTEK 1.0: Ultrasonic, Microcurrent & O2 Infusion.

Pro-Glow Resurface Facial+

£90.00 (50 mins)

REVEAL STUNNINGLY SMOOTH SKIN - Super-charged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

Supercharged with ELEMIS BIOTEK 1.0: Ultrasonic, LED Light Therapy & Galvanic.

Pro-Glow Brilliance Facial+

£90.00 (50 mins)

YOUR RECIPE FOR RADIANCE - Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a super-charged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

Supercharged with ELEMIS BIOTEK 1.0: Ultrasonic, O2 Infusion & Galvanic.

Pro-Glow Genius Facial+

£105.00 (105 mins)

THE ULTIMATE AGE-DEFYING EXPERIENCE - Harnessing the powerful benefits of all 6 ELEMIS BIOTEK 1.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

Supercharged with ELEMIS BIOTEK 1.0 Ultrasonic, Microcurrent, Galvanic, Light Therapy & Oxygen infusion.

Body Treatments



Pregnancy Treatments

Prenatal Massage has many benefits, not only is it a highly relaxing treatment, but it also helps to alleviate side effects such as backaches, swelling and muscular tension.

ELEMIS Peaceful Pregnancy Massage £85.00 (50 mins)

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

ELEMIS Peaceful Pregnancy Face & Body Experience £125.00 (85 mins)

A combination of nourishing face and body treatments that tends to the unique requirements of mothers-to-be. This intuitive and nurturing massage and facial hydrates the skin and Mothers-to-be are lulled and restored to optimum wellness.



Massages

Swedish Full Body Massage

£65.00 (50 mins)

This full body massage relaxes the deeper layers of muscle and joints to promote relaxation lowering stress levels.

Swedish Back, Neck and Shoulder Massage

£45.00 (25 mins)

This invigorating massage improves circulation and eases muscle pain, leaving you completely de-stressed.

ELEMIS Deep Tissue Massage

£70.00 (50 mins)

Your therapist will select an aromatic oil according to your concerns, whether it be muscle pain, relaxation or balance.

ELEMIS Back, Neck and Shoulder Massage

£50.00 (25 mins)

This deeply therapeutic massage will focus on the aches and pains in your back, eliminating tension in the shoulders to alleviate stress.

Holistic

Indian Head Massage

£50.00 (40 mins)

A relaxing massage on the head, face, neck and shoulders to re-balance your body's energies.

Deeper Than Deep Hot Stone Massage

£85.00 (60 mins)

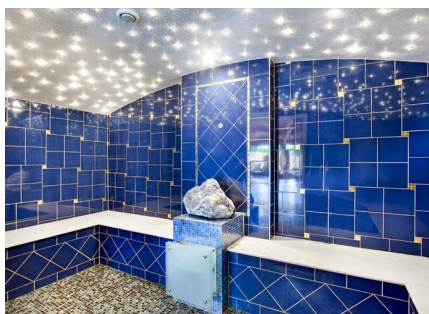
Balinese stones bathed in Frangipani Monoi Body Oil are worked deep into the muscles, targeting areas of tension. The result is sparkling vitality with the bonus of intensely hydrated skin.

Face & Body Treatments

ELEMIS Face & Body Couture Touch Treatment

£80.00 (50 mins) / £95.00 (75 mins) / £120.00 (100 mins)

Choose your own combination of ELEMIS hands-on TOUCH facial with your personalised freestyle deep tissue massage or let your ELEMIS therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs.



Scrubs & Wraps

The Body and Face Blitz

£65.00 (50 mins)

Enjoy a Natural Spa Factory facial and a lime and lemongrass body scrub which is perfect for removing dead skin cells and smoothing the skin, lifting the spirits with a refreshing aroma.

ELEMIS Salt Scrub and Express Facial

£70.00 (50 mins)

This introductory facial will give a instant pick-me-up for dull skin while the deeply cleansing salt scrub encourages cell regeneration for the softest, most nourished skin.

Intensely Cleansing Salt Scrub

£45.00 (25 mins)

Fragranced salt gently sloughs away dead skin cells, encouraging the regeneration of new cells. This luxurious treatment reveals a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ELEMIS Frangipani Wrap

£60.00 (50 mins)

The lusciously fragrant, intensely moisturising body wrap with the velvety texture of the Monoi Oil offers super-hydration, quenching thirsty skin.

Spa Treatment Menu



Hands & Feet

OPI Gel Manicure
£30.00 (40 mins)

OPI Spa Manicure
£40.00 (50 mins)

OPI Spa Pedicure
£45.00 (50 mins)

**Gel Removal and
Re-application**
£36.00 (50 mins)

Gel Upgrade
£10.00

Gel Removal service
£15.00 (25 mins)



Waxing

Available Monday - Thursday
9.00am - 12.00pm

Full Leg (inc. Bikini)
£36.00 (45 mins)

Full Leg
£32.00 (45 mins)

Half Leg
£18.00 (25 mins)

Underarm
£15.00 (15 mins)

Lip or Chin
£10.00 (15 mins)

Lip and Chin
£14.00 (15 mins)

Mens Back or Chest
£20.00 (25 mins)

Bikini Line
£15.00 (15 mins)



Eye Treatments

Available Monday - Thursday
9.00am - 12.00pm

Eyebrow Shape
£15.00 (15 mins)

Eyebrow Shape and Tint
£20.00 (25 mins)

Eyelash and Brow Tint
£16.00 (25 mins)

**Eyelash Tint and Eyebrow
Shape and Tint**
£30.00 (25 mins)



Scan the
QR code
to book a
Treatment

Men's Treatment Menu

Men's skin behaves differently to women's. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

ELEMIS High Performance Skin Energiser **£75.00 (50 mins)**

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

Men's Body Favourites

ELEMIS Deep Tissue Massage

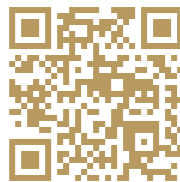
Give the Gift of Me-Time

SPA GIFT VOUCHERS

Give the Gift of Me-Time Spa Gift Vouchers Treat someone special to a spa gift voucher and they can enjoy a relaxing spa day, escape on a spa break or indulge in one of our spa treatments.

Gift vouchers can be purchased online at leamarstonhotel.co.uk

Our vouchers can be redeemed as full or part payment.



Scan the QR code
to view and book
all our Gift Vouchers



Mud Rasul

For two £70.00 / For three £90.00 / For four £112.00
(Approx. 50-60 mins)

This ancient Arabic cleansing ritual is where you apply medicinal Chakra muds to the body whilst relaxing in steam. This is a magical way to detoxify, moisture and exfoliate the skin. This experience is completed with a drenching, refreshing shower.

(chamber is suitable for a maximum of 4 people and minimum of 2 people).
Not suitable for pregnancy

Cancellation Policy

A great deal of time is spent coordinating and securing your booking to ensure you/ your party have an enjoyable visit. We understand that circumstances may arise which may affect your booking therefore we do offer the following cancellation procedure to recognise these circumstances and in fairness to both our customers and ourselves.

For all spa packages (day and residential), cancellations made more than 30 days in advance of arrival date will be charged an administration fee of £25 per person. Cancellations between 30 and 7 days 50% of total cost. Less than 7 days 100%, an administration fee of £10 per change will apply to bookings. Individual treatments cancelled with less than 48 hour's notice will incur a £10 charge. Less than 24 hours cancellation, or for non-arrivals at allotted time, will be charged in full. These amounts will be debited from the securing credit or debit card

Our Packages



The Mum To Be Spa Day

Monday - Thursday £95.00 per person

Friday - Sunday £115.00 per person

A nurturing massage created especially for Mum's to be.

Take a moment for yourself before the arrival of your little bundle of joy and treat yourself to some well-earned 'me time' with a spa day that is designed to leave you feeling completely relaxed as you enjoy this special time in your life.

Spa Day includes:

- ELEMIS Peaceful Pregnancy Massage (50 minutes)
- Full Health Club access
- A delicious two course lunch
- Refreshments throughout the day
- Complimentary use of towels and robe
- Use of the facilities and relaxation lounge



The Mud Rasul Spa Day

Monday - Thursday £65.00 per person

Friday - Sunday £85.00 per person

Experience the incredible benefits of this ancient cleansing ritual that is guaranteed to leave your skin feeling utterly fabulous.

The Rasul allows you to apply natural mineral mud product to the face and body. As you relax and breathe in the steam, the heat will work in tandem with the mud to draw toxins, impurities and excess oil from the face and body. All you'll have to do is relax and await the sprinklers that will eventually rinse the glorious mud off your body.

Spa Day includes:

- Mud Rasul Ritual Experience (55 minutes)
- A delicious two course lunch
- Refreshments throughout the day
- Complimentary use of towels and robe
- Use of the facilities and relaxation lounge



Our Packages



The Natural Spa Day

Monday - Thursday £95.00 per person

Friday - Sunday £115.00 per person

A whole day of rejuvenation and relaxation awaits... Nurture your mind, body and soul with our Natural Spa Day that is designed to revive your senses and feel truly re-energised. You will enjoy 2 x 25 minutes of hands on treatment time, followed by a delicious two course lunch in the Spa conservatory.

Choose two treatments from below:

- ELEMIS Taster Facial
 - Renew and Illuminate Facial
 - Lime & Lemongrass Body Scrub
 - Sweet Neroli Back, Neck and Shoulder Massage
 - ELEMIS Freestyle Deep Tissue Massage
 - OPI Colour and Go Manicure
 - OPI Colour and Go Pedicure
 - A delicious two course lunch
 - Refreshments throughout the day
 - Complimentary use of towels and robe
 - Use of the facilities and relaxation lounge
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The ELEMIS Spa Day

Monday - Thursday £95.00 per person

Friday - Sunday £115.00 per person

Enjoy some peace, quiet and pampering with our ELEMIS Spa Day. Spend the day relaxing in the spa and savour a delicious two-course lunch in the spa conservatory with the choice of one 50-minute ELEMIS treatment.

Spa Day includes:

- ELEMIS Pro-Glow Renewal Facial
- ELEMIS Pro-Glow Brilliance Facial
- ELEMIS Deep Tissue Full Body
- ELEMIS Frangipani Wrap
- ELEMIS Salt Scrub and Express Facial
- A delicious two course lunch
- Refreshments throughout the day
- Complimentary use of towels and robe
- Use of the facilities and relaxation lounge



Scan the QR code
to view and book
all our Spa Days



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