

LEA
Marston
HOTEL



Spa Treatment Menu

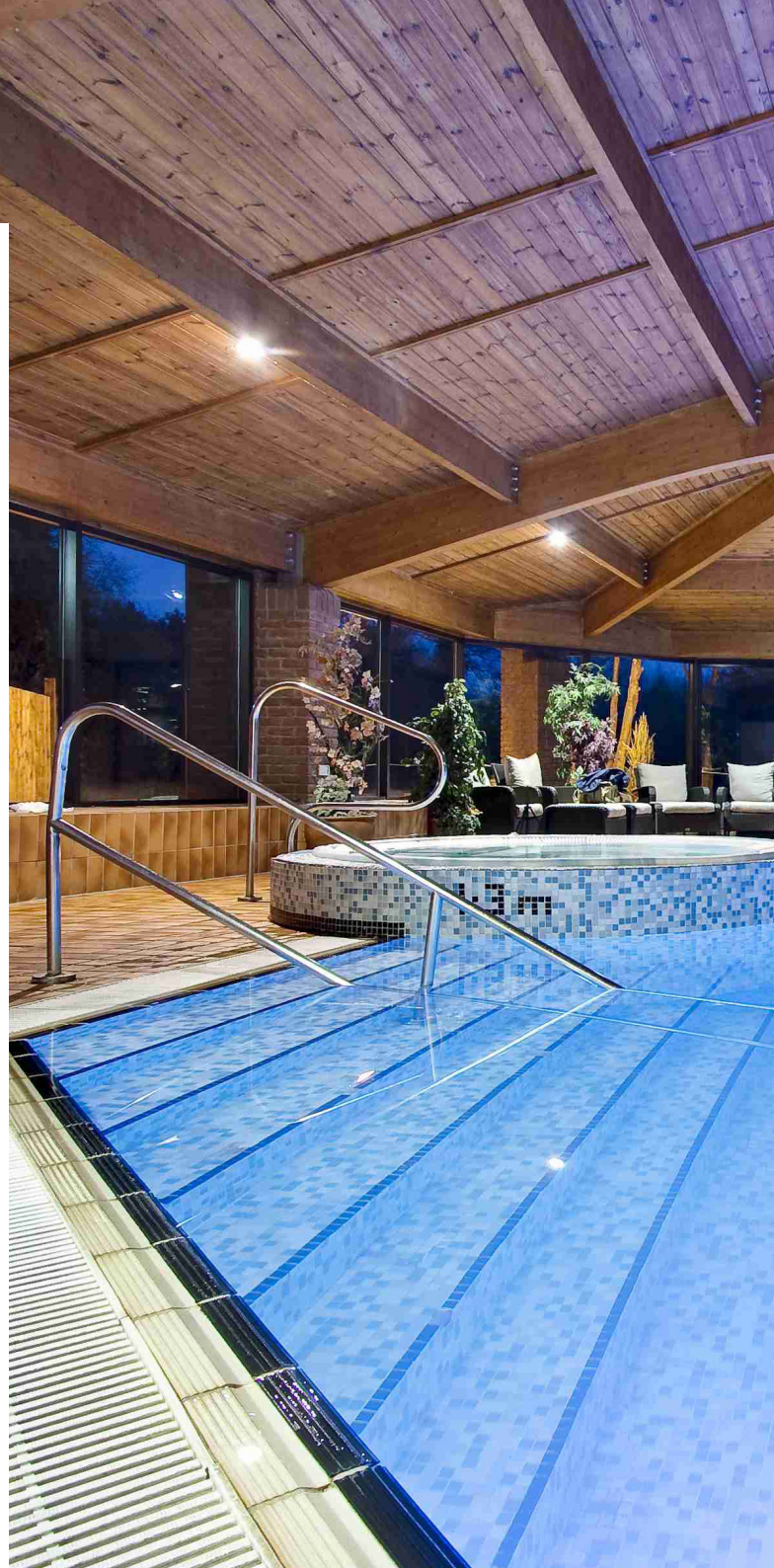
Welcome to Lea Marston Spa

Imagine a place where you can escape the pressures of everyday life...

The Lea Marston Hotel Spa, creates an environment where you can focus on time spent on you!

Whether you're relaxing on a spa break, joining us for the day or enjoying a treatment by itself, we promise to make your visit an unforgettable experience.

Our spa's fantastic facilities, invigorating treatments and divine products offer the perfect retreat to relax, unwind and be pampered in style.



Spa Treatment Menu

Natural Spa Factory Facials

Blissful Radiance Facial
£60.00 (55 mins)

Packed with natural ingredients, the Blissful radiance reduces the appearance of age spots, lightens blemishes, balances sebum production, plumps fine lines and wrinkles and evens out skin tone. Perfect for all skin types and ages

Bamboo Intense Cleanse Facial
£60.00 (55 mins)

Indulge in a gentle but effective deep cleansing facial remove dead skin cells and stimulate new ones, fade fine lines and help maintain a clear complexion

The Essential Drench Facial
£40.00 (25 mins)

This soothing and luxurious facial is packed with anti-oxidants to protect the skin, leaving it feeling plumped, replenished and glowing.

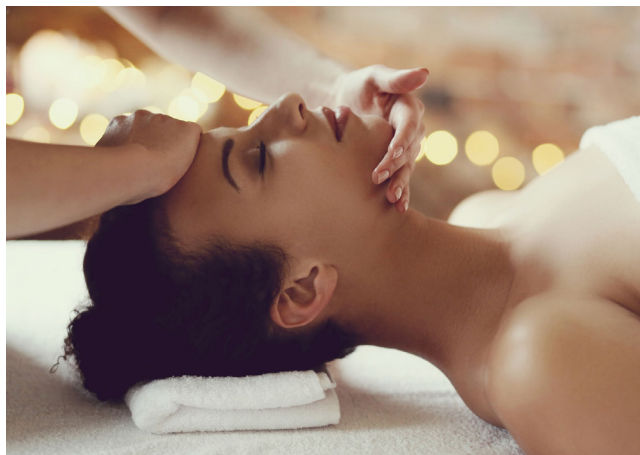
Spa Day Packages

Let us pamper you all day with spa day packages from only £49.00 per person

Make a night of it! Retreat with us and let us spoil you with delicious food, relaxing treatments and a comfy bed. Prices from only £99.00

See leamarstonhotel.co.uk for full details

Facial Treatments



ELEMIS Anti-Aging Facials

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets experience with clinically proven results

ELEMIS Pro-Collagen Age Defy £78.00 (55 mins)

Experience the age-defying benefits of Padina Pavonica whilst a targeted massage encourages optimum cellular function

ELEMIS Pro-Definition Lift & Contour £78.00 (55 mins)

Restore the architecture of your face with potent plant actives. For a profoundly sculpted, youthful effect

ELEMIS Dynamic Resurfacing Precision Peel £78.00 (55 mins)

This pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin

ELEMIS Peptide £70.00 (55 mins)

Target tired skin with this radiance-restoring peptide facial. Powerful botanical formulations, exclusive to ELEMIS, are combined with specialist massage techniques to replenish skin with a well-rested glow

ELEMIS BIOTEC FACIAL £80.00 (55 mins)

BIOTEC is a 5 in 1 advanced bio-electronic technology that works in perfect synergy with the skin's natural bio-electric field

The Elemis BIOTEC machine works to switch the skin on, leaving the skin thriving, visibly healthy and energised. Your therapist will look, listen and tune into your individual skin needs and concerns with the best combination of BIOTEC technologies



ELEMIS Skin Solutions

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions

ELEMIS Taster
£42.00 (25 mins)

This introductory facial provides a quick and instant pick me up for any occasion

ELEMIS Superfood Pro-Radiance
£70.00 (55 mins)

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energixing, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

ELEMIS Sensitive Skin Soother
£70.00 (55 mins)

Reduce the appearance of redness and protect against daily stresses. Skin is left comfortable and calm

ELEMIS Anti-Blemish Mattify & Calm
£70.00 (55 mins)

Combat oil & shine during a deeply detoxifying treatment for clear, bright skin

ELEMIS High Performance Skin Energiser
£70.00 (55 mins)

This hard working facial for ageing and dehydrated skin, leaves your skin clean and clear

Body Treatments



Pregnancy Treatments

Prenatal Massage has many benefits, not only is it a highly relaxing treatment, but it also helps to alleviate side effects such as backaches, swelling and muscular tension

**ELEMIS Peaceful Pregnancy Massage
£80.00 (55 mins)**

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby

ELEMIS Peaceful Pregnancy Face & Body Experience £125.00 (85 mins)

A combination of nourishing face and body treatments that tends to the unique requirements of mothers-to-be. This intuitive and nurturing massage and facial hydrates the skin and Mothers-to-be are lulled and restored to optimum wellness



Massages

Swedish Full Body Massage 55 mins £62.00

This full body massage relaxes the deeper layers of muscle and joints to promote relaxation lowering stress levels

Swedish Back, Neck and Shoulder Massage 25 mins £42.00

This invigorating massage improves circulation and eases muscle pain, leaving you completely de-stressed

ELEMIS Deep Tissue Massage 55 mins £64.00

Your therapist will select an aromatic oil according to your concerns, whether it be muscle pain, relaxation or balance

ELEMIS Back, Neck and Shoulder Massage 25 mins £44.00

This deeply therapeutic massage will focus on the aches and pains in your back, eliminating tension in the shoulders to alleviate stress

ELEMIS Poultrice Powered Muscle Release 55 mins £78.00

Each area of tension is specifically targeted to ease tensions. Completed with a restorative facial massage

ELEMIS Garden of England Rose Restore 55 mins £70.00

The unique trio of rose, camellia and poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal

ELEMIS Hot Mineral Body Boost 55 mins £70.00

This unique treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins

Hot Stone Full Body Massage (£78.00) 55 mins

This Indulge in this deeply warming body massage, using heated stones to work deep into the muscles

Holistic

Indian Head Massage £45.00 (40 mins)

A relaxing massage on the head, face, neck and shoulders to re-balance your body's energies

ELEMIS Face & Body Treatments

ELEMIS Face & Body Couture Touch Treatment
£75.00 (55 mins) / £92.00 (90 mins) / £120.00 (£120.00)

Choose your own combination of ELEMIS hands-on TOUCH facial with your personalised freestyle deep tissue massage or let your ELEMIS therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs

The Body and Face Blitz £65.00 (55 mins)

Enjoy a Natural Spa Factory facial and a lime and lemongrass body scrub which is perfect for removing dead skin cells and smoothing the skin, lifting the spirits with a refreshing aroma.



Scrubs and Wraps

ELEMIS Salt Scrub and Express Facial £70.00 (55 mins)

This introductory facial will give a instant pick-me-up for dull skin while the deeply cleansing salt scrub encourages cell regeneration for the softest, most nourished skin

ELEMIS Frangipani Wrap £60.00 (55 mins)

The lusciously fragrant, intensely moisturising body wrap with the velvety texture of the Monoi Oil offers super-hydration, quenching thirsty skin

ELEMIS Thousand Flower Detox Wrap £70.00 (55 mins)

This nutrient-rich detox wrap is deeply nourishing to encourage super skin health and powerful detoxification. To leave you feeling completely reinvigorated

Spa Treatment Menu



Hands & Feet

OPI Gel Manicure
£28.00 (40 mins)

OPI Spa Manicure
£38.00 (55 mins)

OPI Spa Pedicure
£40.00 (55 mins)

Spa Pedicure by OPI
£38.00 (55 mins)

**Gel Removal and
Re-application**
£36.00 (55 mins)

Gel Upgrade
£10.00

Gel Removal service
£15.00 (25 mins)



Waxing

Full Leg (inc. Bikini)
£36.00 (45 mins)

Full Leg
£32.00 (45 mins)

Half Leg
£18.00 (25 mins)

Underarm
£15.00 (15 mins)

Lip or Chin
£10.00 (15 mins)

Lip and Chin
£14.00 (15 mins)

Mens Back or Chest
£20.00 (25 mins)

Bikini Line
£15.00 (15 mins)



Eye Treatments

Eyebrow Shape
£12.00 (15 mins)

Eyebrow Shape and Tint
£18.00 (25 mins)

Eyelash and Brow Tint
£16.00 (25 mins)

**Eyelash Tint and Eyebrow
Shape and Tint**
£26.00 (25 mins)

**To book your
treatments
today, call
01675 471270**

Men's Treatment Menu

Men's skin behaves differently to women's. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin

ELEMIS High Performance Skin Energiser
55 mins £60.00

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax

Men's Body Favourites

ELEMIS Hot Mineral Body Boost Massage

ELEMIS Poultice Powered Muscle Release Massage

ELEMIS Deep Tissue Massage

Give the Gift of Me-Time

Spa Gift Vouchers

Treat someone special to a spa gift voucher and they can enjoy a relaxing spa day, escape on a spa break or indulge in one of our spa treatments.

Gift vouchers can be purchased online at leamarstonhotel.co.uk

Our vouchers can be redeemed as full or part payment.



MUD RASUL

For two £65.00 / For three £88.00 / For four £95.00
(Approx. 50-60 mins)

This ancient Arabic cleansing ritual is where you apply medicinal Chakra muds to the body whilst relaxing in steam. This is a magical way to detoxify, moisture and exfoliate the skin. This experience is completed with a drenching, refreshing shower

(chamber is suitable for a maximum of 4 people and minimum of 2 people).
Not suitable for pregnancy

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01675 470 468
spa@leamarstonhotel.co.uk
leamarstonhotel.co.uk

Haunch Lane, Lea Marston, Sutton Coldfield, Warwickshire, B76 0BY

